

Age Friendly Committee Meeting

December 13, 2023

Present: Maggie, Deb, Elaine

Absent: Marianne, Marge, Eric J., Ed

Approved minutes of November meeting

Old Business:

- I. Readfield U planning:
See Maggie's list of presenters
If you were not at this meeting but have responses from presenters, please forward this to Maggie. She hopes to have the schedule done by Jan 10
One question that still remains – do we want to host a potluck event to cap off the end of Readfield U. This would be on Sunday March 31. We would need volunteers to coordinate this event. We should make a decision in time to get it on the calendar.
- II. Maranacook Community Café
Things are falling into place. Attendance is holding steady considering the holiday season.
Coffee donated by Eric J. is much appreciated.
Deb will reach out to Joe Austin from NDN to speak about the program as there is a need for additional Readfield drivers.
- III. Welcome Bags
We added painted rocks from the Readfield Elementary school children and Post Office mice.
We will ask Melissa if she has room to keep 2 Welcome Bags since often new residents show up at the library.

New Business:

- I. Potential addition of Town of Readfield Recreation Coordinator

Elaine indicated that this is being seriously considered by the Readfield Selectboard.

As such, the AFC would like to provide input as to how this individual may play an important role in organizing Age Friendly activities such as:

Taking over the organization of Readfield U

Adult exercise classes

Facilitating the Community Café

Organizing a once-a-month Community breakfast

Bringing music/art events

Creating a Community Theater for adults and children

Organizing Farmer's Market/Craft fairs.

As the Age Friendly Selectboard liaison, we will ask Steve to bring this to the attention of the Selectboard as they develop a job description for this position.

II. Annual Budget Request

The AFC will submit a budget request in the same amount as 2023 which was \$ 2,000.

III. Emergency Readiness Planning

To help the AFC create a resource plan for residents to prepare for different types of

emergencies, Sean Goodwin from Kennebec County Emergency Management,

has agreed to attend the AFC Jan 10,2024 meeting at 10 am.

Meeting adjourned 10:15

Respectfully submitted, Elaine