

Minutes  
Age Friendly Committee  
April 5, 2017

Present: Marianne Perry, Ann Mitchell, John Moran, Marjorie Ellis, Romaine Turyn, Ed Dodge, guest

The meeting was called to order at 9:00 by the Chair Romaine Turyn.

**Announcements**

There is an International dinner on April 22 to benefit the Union Meeting House. The dinner will be held at the Maranacook Community High School. The food will be delicious. A flyer was distributed to put up in various locations.

Romaine met with Steve Vose and Margy Knight from Winthrop to discuss having a Pickle Ball demonstration in Readfield. Pickle ball is very popular in Winthrop and is well suited for an older adult. The demonstration will be held on May 1 at the Senior Café.

On April 29<sup>th</sup> from 12:00 to 2:00 there is a Welcome Neighbor program for new residents to be held at the Torsey Memorial Church. There are over 100 new residents in the area. Romaine will attend to represent the Age Friendly Committee and others are encouraged to attend if possible.

**Minutes**

The minutes from the February 22, 2017 meeting were approved. The March meeting was spent at the Regional Meeting in Bowdoinham.

**Ed Dodge**

Ed Dodge, representing the area Masons attend to discuss the possibility of replicating the Handy man program started in Bowdoinham. The Masons think it is a good idea. Many of the 65 members are from Readfield. We discussed next steps and Romaine suggested meeting with Eric to determine if the town could assist handle screening calls.

Ed also mentioned other useful items including mentioning the Welcome Neighbors to be held at the church, a yellow book of a Resource Guide for Seniors and Adults with Disabilities, the AMAC as a resource on insurance information, and that there is a meeting on that day about Assisted Suicide that is medically related.

We agreed to stay in touch and to keep this moving.

**Resource Guide**

Members felt that this was very important to get started. It should be printed on nice paper and made available to local people. Marianne agreed to start drafting one.

**Report to Selectmen**

The draft is done and will be reformatted by a professional. That will be made available soon. Romaine will ask Bruce Bourgoine how best to present the report and recommendations to the Select Board. A draft was provided to members who were asked to get comments back to Romaine ASAP.

**Heritage Days**

Romaine has not been able to attend a meeting yet because she has a conflict on the night that they meet. That conflict will end soon. The Age Friendly Committee will have a role and will likely lead a walk on the ADA accessible trails.

The meeting adjourned at 11:20.

Respectfully Submitted,

Romaine Turyn