

Age Friendly Committee March 8, 2023 Minutes

Approved 4-12-2023

Present: Steve DeAngelis, Ed Dodge, Eric Dyer, Maggie Edmondson, Eric Johnson, Elaine Katz, Marianne Perry

Guest: Deb Carey

- Approved Minutes of Feb 8, 2023

Old Business:

- **Update on Readfield U** – Maggie reported on the fantastic attendance numbers. Many people are walk -ins in addition to signing up. Lots of new people who did not sign up the last time Readfield U was offered. Some events are full. We will continue to distribute flyers and AFC committee members will try to attend to do introductions and take pictures. Eric J. floated the idea of organizing some version of Readfield U during the summer months. There was great enthusiasm for trying a scaled back version where different committees of the town host an event.
- **Update on State-wide Age Friendly Meeting** – AF groups from all over the state come to share ideas and resources. Meeting will take place May 4 from 1 – 3, Location to be determined. People will keep it in mind to attend depending on where it is held.
- **Update on preparing the Readfield Progress Report for the State AFC program.** – Eric D. and Romaine attended the zoom workshop. We will meet with Romaine on April 19 at 9 am to continue work on this project.
- **Update on NDN** – Elaine reported back that things are moving forward nicely. Now that Readfield is part of the program we need volunteers to join the different NDN committees such as – Fundraising, Outreach, Events. Also, sometime in June we hope to have a Kick Off event.
- **Updates on Senior Café** – There were 10 participants this week who enjoyed a student presentation of a science project. Senior Café will continue to meet every Tuesday from 9 - 11 for continuity even though the numbers may vary. Everyone involved is enthusiastic about keeping it going until the school year ends. We tossed around ideas on how to keep something like this going and the suggestion was made that perhaps AFC can work with Melissa to keep this going outside the library during the summer months.
- **Update on Comprehensive Plan** – Elaine reported back that what started out as a subcommittee the Fairgrounds Working Groups has now become a regular committee. At the last meeting on March 2, there was consensus to move forward with the basic plan to create the softball field, preserve as much conservation land, and improve accessibility to the bathrooms and footpaths.
- **Update on Handy Helper brochure** – Using the most recently modified list of resources that Elaine circulated, the committee continued to make revisions.

Elaine will make these changes and circulate the new version so that if there is approval, it can be sent to Kristin for a mock -up that we can review at our April meeting.

New Business:

- **Eric D** – presented the idea of creating a kayak launch at the beach that will make it easier to get in and out of the kayaks and also limit erosion. He also updated us on changes to the Beach Pass Application. All Readfield residents have free access to the beach once they sign up for a Pass. Passes will now include grandchildren so as not to be counted separately. Non-residents will be required to fill out the application and pay the appropriate fee.
- **Election Day Table** – the committee agreed that it is always a great opportunity to present ourselves to the community on election days so we will set a schedule for volunteers to cover the table at the June 14 Election.
- **A New Member** – We were delighted to have Deb Carey join us and hope that she will become our newest AFC member.

Meeting Adjourned – 10:30 am

Next meeting: April 12. 2023

Respectfully submitted, Elaine