

Age Friendly Committee Meeting  
October 11, 2023  
Approved

Present: Maggie, Deb, Marge, Ed, Marianne, Elaine  
Regrets: Eric J.

Minutes of Sept 13, 2023 Approved

New Business:

- Staffing an Election Day Table: There was agreement that this Nov 7 election will probably have very light in-person participation. So it was decided to limit AF staffing a table from 5 – 7 pm. Elaine will ask Eric J. if he would be able to cover these hours, Marianne said she would be 2<sup>nd</sup> chair.

Old Business:

1. Status of Senior Café: Marianne reported back on her conversation with Dan Holman who still is enthusiastic about making Senior Café take place at the school.  
Marge offered to be the AFC co-host alongside a teacher from the middle school yet to be determined. There was discussion about making the Senior Café more of a regional activity to include Manchester, Wayne, Mount Vernon residents. There will be an organizational meeting on Wed Oct 25 at 10:30 at the school to develop future plans and expanding collaboration. John Perry has also offered to help with the technological organization such as maintaining a data base. As far as use of the Vestry, this is still a work in progress as there currently no heat in the building. Also the Friends of the Vestry are working to develop policies governing its use.
2. Welcome Baskets – AFC plans to assemble the first batch at our Nov 8 meeting. Following up on comments from Eric D., it was suggested that we start by creating 5 units at a time. We can store the rest of the materials in a carton to be assembled as needed.  
Elaine and Marianne will purchase some attractive gift bags into which we will put:
  - AFC resources magnets and Handy Helper brochures
  - Readfield Walking Trail Maps
  - AFC Pad and pen
  - NDN information
  - Readfield Library Brochure
  - Current Readfield Messenger
  - Info about the Meeting House and Vestry
  - Info from the Masons

- Readfield Snowmobile Application
  - A list of regional churches, synagogues, mosques, etc.
  - Additional information about community organizations and any businesses that want to be included on a regular basis.
3. Winter Window Project – Marge updated that they had requests for more than 200 windows many requests from Readfield and Wayne residents  
The Rotary has spent more than \$ 2000 purchasing the supplies. Assembly and delivery will occur the end of October – Nov 1 by volunteers.
  4. Setting up a Calling Tree: Unfortunately this did not appear in the Oct Messenger. Elaine will try again to get a notice in the next issue.
  5. Collecting more ideas for Readfield U. Many wonderful suggestions were made – Maggie has the current list of possibilities.
  6. Concluding comments: Elaine suggests that the AFC begin a conversation on how the town supports Readfield residents during extreme weather events as we have experienced last winter with the extreme cold as well as the extreme heat of this past summer. There was agreement that this should be an agenda item for our next meeting.

Meeting adjourned at 10:30.

Respectfully submitted, Elaine