

MINUTES
AGE FRIENDLY COMMITTEE
March 10, 2021

Present: Romaine Turyn, Marianne Perry, Maggie Edmondson, Ed Dodge,
Ann Mitchell
Excused: Donna McGibney

The Zoom meeting was called to order at 9:03 am.

Minutes of the January 2021 meeting were not available. They will be approved at the April meeting.

The following items were discussed:

1. Getting people vaccinated.

Spectrum Generations is available to help older residents make vaccine appointments and can provide rides if needed. They have provided a flyer announcing this service. Romaine put these flyers concerning help from the Cohen Center in the Readfield Library and Post Office. The information will also be put on the Town website and Facebook page. Ann had the flyer copied and entered into the church Newsy Notes newsletter. Marianne will put flyers in the Kent's Hill Post Office as well as the Fayette Country Store and Readfield Market. Ed will make them available through the Torsey Methodist Church. Maggie also distributed flyers at her church.

2. Focus on Real Aging in Maine (FRAME) photo contest

Patricia Oh has invited communities to submit photos that "celebrate and promote positive.....images of the diversity of aging experiences in Maine....which challenge stereotyped ways older Mainers are represented as vulnerable or frail."

Marianne will select from pictures John took depicting the tree planting, and Maggie forwarded one celebrating ReadfieldU.

3. Reviewed a list of items for possible submission for an AARP funded grant.

a. The Maranacook Schools Food Bank items submitted by Greg Durgin.

b. Marianne supported the value of a table plus umbrella outside the library for use during good weather by both locals and summer folk making use of the library WiFi network.

Ongoing projects

1. Handy Helpers and Sand Buckets. There is continued use of this program with rapid response from volunteers for requests.

2. Romaine will contact Melissa at the library about sending the vaccination assistance flyer to residents who contacted the Town for assistance during Covid. The letter asking volunteers for that program if they want to become Handy Helpers is still on hold till it is safe to go into people's homes. Some of the existing Handy Helpers are going into homes now.

3. The Smoke Alarm project in the past has been in early Fall and would be worth doing again at that time.

4. It was mentioned that the Jesse Lee Church makes food boxes available as noted in The Advertiser. This might be worth noting in the next Messenger.

The meeting adjourned at 9:50 am. The next meeting will be the regularly scheduled 2nd Wednesday of the month of April.

Sent from my iPad