

Age Friendly Committee Meeting December 14, 2022

Approved

Present: Steve DeAngelis, Ed Dodge, Maggie Edmonson, Eric Johnson, Elaine Katz, Marianne Perry

Guest: Donna McGibney

Old Business:

- Minutes of November meeting were approved.
- Handy Helper brochure update was moved to the Jan meeting.
- Filing cabinet – still a work in progress
- Most of the meeting time was designated to Readfield U organization and the Senior Café.

Readfield U planning session:

- Maggie presented a historical perspective of what took place before it was shut down due to Covid in 2020.
- Lots of discussion of past presentations and ideas for new presentations.
- Maggie will update the website
- Ed will contact the church to verify space availability
- Marianne will make calls to previous presenters
- Donna will work on the brochure
- Elaine will do registration
- The deadline for getting presenters will be Jan 15, 2023 – there is a sign-up sheet on the website
- The (soft) deadline for participants will be middle of Feb.
- Publicity: area Advertiser, Cohen Center, Readfield Town website, we will ask Eric to put it on channel 7, Radio stations and flyers around town.
- A tangential discussion regarding the program A Helping Voice – identifying elder abuse – we will ask the organizer if they can do a presentation during Readfield U.

Senior Café update:

- Steve and Marianne attended a very productive discussion with the middle school principal and teachers.
- Everyone is excited to get this off the ground again hopefully starting back around the third week of January 2023

Here are some of the questions that came up:

- When – Tuesdays at 9 or 10 am. Probably in the cafeteria since it is most easily accessible.
- Approximately 6 – 25 participants
- Dan Holman – middle school teacher anticipates that students can organize a program 2X a month that would include art, music, history, projects
- AFC will work on getting a list of presenters – Marianne will make calls and potential participants – will need contact info such as phone, e-mail or text preferences

Age Friendly Committee Meeting December 14, 2022

Approved

- Maggie took home the handbook from previous Senior Café years to see what resources could be helpful
- The school will take care of refreshments It might be an idea to ask local businesses to sponsor a particular week.
- There needs to be a contact person for cancellations.
- There will be someone from the school to act as facilitator each week; AFC will need a point person as well.
- Announcements for Readfield U (Maggie) and Senior Café(Steve) will be submitted for the January Messenger

Follow-up on Food Pantry:

- Eric suggested that AFC reach out to the Readfield Food Pantry to see if there is a need for deliveries and how we can fulfill these requests.
- Elaine will meet with Greg Durgin to discuss how the AFC can be helpful.

Meeting adjourned at 10:37

Respectfully submitted, Elaine

Next meeting Wed Jan 11, 2023

Happy Holidays to all and may we all look forward to a healthy new year!