### Readfield Select Board Meeting Agendas June 26, 2017, Readfield Town Office

Select Board Meeting starts: 6:30 PM Meeting ends (unless extended): 8:00 PM

### Pledge of Allegiance

### Regular Meeting - 5 minutes

17-214 - Minutes: Select Board meeting minutes of June 12, 2017.

17-215 - Warrants: #54, #55, & #56.

### Appointments, Reappointments, and Resignations - 5 minutes

17-198 - Appoint Nelson Peterson to the Parks Commission

17-216 - Appoint Andy Tolman to represent Readfield on the 30 Mile River Association

17-217 - Reappoint John Blouin to the Board of Appeals

### Communications - 30 minutes

Select Board communications. - 10 minutes

Town Manager's Report - 5 minutes

Boards, Committees, Commissions & Departments - 5 minutes

• Age Friendly Community Committee minutes of May 10, 2017

Public Communication - Members of the public may address the Select Board. – 10 minutes

### New Business - 45 minutes

17-218 - Gary Keilty - Readfield Trails presentation

17-219 - Romaine Turyn - Age Friendly Community Committee presentation

17-220 - Set the date and time of the Summer Residents Meeting & Select Board Retreat

### Future Agenda Items - 5 minutes

Adjournment

# REGULAR MEETING

- MINUTES
- WARRANTS

Select Board Members Present: Bruce Bourgoine, Thomas Dunham, John Parent, Christine Sammons, and Kathryn Woodsum

Others Attending: Eric Dyer (Town Manager), Kristin Parks (Board Secretary), William Starrett (Channel 7), Jeremy Greenman, William Gagne Holmes, Roland K. Cote, Sandra Rourke, Tamara Whitmore, Greg Durgin

### **Executive Session**

To have the Select Board hold an executive session to discuss labor negotiation matters pursuant to 1 MRSA, Section 405, subsection 6(D).

• Kathryn Woodsum made a **motion** at 6:04 PM to enter into executive session to discuss labor negotiation matters pursuant to 1 MRSA, Section 405, subsection 6 (D). There would be no action taken after the close of this session. It was **seconded** by John Parent and **passed** 5-0. We can out of executive session at 6:28 PM.

### **Regular Meeting**

Mr. Bourgoine called the meeting to order at 6:30 pm followed by The Pledge of Allegiance.

- 17-194 Minutes: Select Board meeting minutes of May 30. 2017
  - ➤ Motion made by Mrs. Sammons to approve the Select Board meeting minutes of May 30, 2017 as presented, second by Mr. Parent. Vote 4-0-1, abstained by Mrs. Woodsum due to being absent.
- 17-195 Warrants #52 & #53
  - ➤ Mr. Bourgoine reviewed Warrants #52 & #53
  - ➤ Motion made by Mr. Bourgoine to approve Warrants #52 & #53 in the amount of \$61,120.29, second by Mrs. Woodsum. Vote 5-0 in favor.

### Appointments, Reappointments and Resignations

- 17-196 Appoint a Warden for the June 12<sup>th</sup> Town Meeting secret ballot referendum vote
  - Motion made by Mrs. Woodsum to appoint Marilyn Palmer for the Town Meeting to be held on Tuesday, June 13, 2017, Second by Mrs. Sammons. Vote 5-0 in favor.
- 17-197 Appoint William Gagne Holmes to the Board of Appeals
  - ➤ William Gagne Holmes was present for his appointment.
  - ➤ Motion made by Mr. Bourgoine to appoint William Gagne Holmes to the Board of Appeals for a term through 06-30-2019, Second by Mrs. Woodsum. Vote 5-0 in favor.
- 17-198 Appoint Nelson Peterson to the Parks Commission
  - Not present for appointment.
- 17-199 Appoint Jeremy Greenman to the Recreation Association Board of Trustees
  - > Jeremy Greenman was present for his appointment.
  - ➤ Motion made by Mrs. Woodsum to appoint Jeremy Greenman to the Recreation Association Board of Trustees for a term through 06-30-2020, Second by Mr. Parent. Vote 5-0 in favor.

- 17-200 Reappoint Clifford Buuck to the Board of Appeals
  - ➤ Items 17-200 through 17-207 grouped together in one Motion/Vote.
  - ➤ Motion made by Mrs. Woodsum to approve the reappointments for the following: Clifford Buuck to the Board of Appeals, Martin Hanish to the Budget Committee, Karen Peterson to the Cemetery Committee, Brenda Lake to the Library Board, Pamela Mitchell to the Library Board, Shelly Gerstein to the Maranacook Dam Committee as an alternate, Hannah Flannery to the Recreation Association, Amanda Hreben to the Recreation Association, Mark Hreben to the Recreation Committee, and Roland Cote to the Road Committee each for a term ending on 06-30-2020 and Martin Hanish to KVCOG Board with a term ending 06-30-2018. Second by Mr. Parent. Vote 5-0 in favor.
  - > Thank you to all for willing to serve.
- 17-201 Reappoint Martin Hanish to the Budget Committee
  - > See item 17-200 for combined motion.
- 17-202 Reappoint Karen Peterson to the Cemetery Committee
  - > See item 17-200 for combined motion.
- 17-203 Reappoint Martin Hanish to the KVCOG Board of Directors
  - > See item 17-200 for combined motion.
- 17-204 Reappoint Brenda Lake and Pamela Mitchell to the Library Board of Trustees
  - > See item 17-200 for combined motion.
- 17-205 Reappoint Shelly Gerstein to the Maranacook Lake Dam Committee (alternate)
  - > See item 17-200 for combined motion.
- 17-206 Reappoint Hannah Flannery, Amanda Hreben and Mark Hreben to the Recreation Committee
  - > See item 17-200 for combined motion.
- 17-207 Reappoint Roland Cote to the Road Committee
  - > See item 17-200 for combined motion.
- 17-208 Appointment of Municipal Officers
  - ➤ Motion made by Mrs. Woodsum to appoint Eric Dyer to following positions: Town Manager, Tax Collector, Road Commissioner, Treasurer, Transfer Station Manager and Welfare Administrator each ending 06-30-2018 and to appoint Lee Mank as Fire Chief with the confirmation of the Town Manager ending on 06-30-2018, Second by Mr. Parent. Vote 5-0 in favor.

### **Communications**

### • Select Board Communications

- > Mrs. Sammons spoke that the Friends of the Library is going to have a dunk tank at Heritage Days. Looking for volunteers that would like to be dunked in the tank. Contact Mrs. Sammons if you would like to volunteer.
- ➤ Mr. Dunham thinks that the Select Board should have a very serious discussion about parking at the fairgrounds. He has had several concerned residents come forward that when there's a big event there it makes a pretty dangerous situation. Mr. Dyer and Select Board had a brief discussion on ideas on how to fix the problem and immediate action is to be taken by the Town Manager.

### • Town Manager's Report

➤ Mr. Dyer went over his Town Manager's Report dated June 12, 2017.

### • Treasurer's Report

➤ Mr. Dyer went over his Treasures' Report for the month of May 2017.

### • Boards, Committees, Commissions & Departments

- Recreation Board minutes of January 25, March 22 and May 18, 2017
- ➤ Conservation Commission minutes of March 20 and April 11, 2017
- > Age Friendly Community Committee minutes of April 5, 2017
- ➤ Library Board of Trustees minutes of April 5, 2017
- ➤ Heritage Days Committee minutes of May 4, May 11 and May 24, 2017

  Thank you all for submitting your minutes.
- > Friends of the Cobbossee Watershed presentation

  Tamara Whitmore, on behalf of the Friends of the Cobbossee Watershed went over the information submitted in the packet.
- Public Communications Members of the public may address the Select Board on any topic
  - > Roland Cote addressed the Town Manager about having some speed signs put up; Lakeview Drive is an issue that he feels needs to be check in to.
  - > Greg Durgin spoke on behalf of himself regarding the trails and gave results of a small survey he completed on how he has seen the trails used.

### **Unfinished Business:**

### • 17-193 – Town Manager review process

➤ Mr. Bourgoine mentioned that the Select Board has reviewed Eric Dyer as the Town Manager and the review is complete. Very positive review, pleased with Eric's performance and happy to share this with the public.

### New Business:

### • 17-209 – Spirit of America Awards

➤ Motion made by Mrs. Sammons to nominate the couple and the individual for the Spirit of America rewards, Second by Mrs. Woodsum. Vote 5-0 in favor.

### • 17-210 – Troiano shingle hauling contract

- ➤ Mr. Dyer went over the two contracts as presented in the packet for both shingle hauling and shingle disposal (Item 17-211). Recommendation to go with Troiano for a 5 year period and CPR for a 5 year period as well.
- ➤ Motion made by Mrs. Woodsum to approve the shingle hauling contract as presented in the packet and authorize the Town Manager to sign the contract, Second by Mr. Parent. Discussion: It does cost a little more to recycle them instead of dumping them in the landfill. Vote 5-0 in favor.

### • 17-211 – CPR shingle disposal contract

➤ Motion made by Mrs. Woodsum to approve the Service Agreement Contract for CPRC group for the shingle disposal contract as presented in the packet and authorizes the Town Manager to sign the contract, Second by Mr. Parent. Vote 5-0 in favor.

### • 17-212 - Quit Claim Deed for Map 141, Lot 24, issued to Brett Roberts

- ➤ Mr. Dyer went over the information presented in the packet and how the process of a Quit Claim Deed goes.
- ➤ Motion made by Mr. Bourgoine that the Select Board goes ahead and issues the Quit Claim Deed for Map 141, Lot 24, issued to Brett Roberts and asks for the Select Board members to sign the deed paperwork. Second by Mrs. Woodsum. Vote 5-0 in favor.

### • 17-213 – Consider language for the "Circa" sign for the Asa Gile Hall

- ➤ Mr. Dyer went over the recommendations made by Dale Clark for the circa sign for Asa Gile Hall. Option 1: District #5 School House circa 1832 Asa Gile Hall circa1860. Option 2: District #5 Brick School circa 1832 Asa Gile Hall (2<sup>nd</sup> story) circa 1860.
- ➤ Motion made by Mrs. Woodsum to approve the circa sign order with the reading of "District #5 School House circa 1832 Asa Gile Hall circa 1860". Second by Mr. Bourgoine. Vote 5-0 in favor.

### **Future Agenda Items:**

- Mr. Bourgoine thanked Mr. Dunham for his service on the Select Board.
- Town Manager to keep the Select Board up to date on the Fairgrounds parking issues.

Motion made by Mrs. Sammons to adjourn the meeting at 7:25 pm, second by Mr. Parent. Vote 5-0 in favor.

Minutes submitted by Kristin Parks, Board Secretary

Reac	lfield
9:53	AM

### **Warrant Recap**

06/22/2017 Page 1

Readfield Select Board June 26, 2017

		,	Warrant 54 Item # 17-215
Vendor		Amount	Account
00500 B&H Photo-Video		762.13	COMM SERVICE / Readfield TV - EQUIP REPLAC / CAPITAL EQP
00500 B&H Photo-Video		643.89	COMM SERVICE / Readfield TV - EQUIP REPLAC / CAPITAL EQP
00639 Best Buy		1,199.96	COMM SERVICE / Readfield TV - EQUIP REPLAC / CAPITAL EQP
00831 William Starrett		114.90	COMM SERVICE / Readfield TV - EQUIP REPLAC / CAPITAL EQP
	Prepaid Total	0.00	
	Current Total	2,720.88	

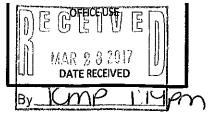
2,720.88

Warrant Total--

# APPOINTMENTS, REAPPOINTMENTS, & RESIGNATIONS

### **TOWN OF READFIELD**





The Select Board shall not discriminate against an applicant based on religion, age, sex, marital ancestry, national origin, sexual orientation or physical or mental disabilities. The Select Board consideration any applicant with physical or mental disabilities only when the physical or mental prevent the applicant from performing the duties of the appointment and reasonable accommodation cannot be made.

Readfield Select Board June 26, 2017 Item #17-198

The Select Board shall have final authority over the appointment of citizens to Boards, Committees and Commissions that are instruments of Town Government. The Select Board shall not appoint an applicant to a position for which the applicant will likely have a frequent or recurring conflict of interest

applicant the many have a request of recurring conflict of interest.
Which Board, Committee or Commission
are you applying for? Parks 1 Recreation ad the Term: 6-30-2018
Do you have previous experience on this board or committee? Yes No
Name: Nalson Peterson Phone (H):
Street address: 13.5 No. Wayne Rd. Phone (C):
Mailing address: 135 No Wayne Rd.
E-Mail:
Below places tell us of any comprising a suit of the last of the l
Below please tell us of any experience and/or training that might be useful in this position.
I worked Maine Dept of Conservation - I developed interests
I worked Maine Dept of Conservation - I developed interests landscapes and planning of a variety of schemes in cluding
recreation areas learns and garden unangements and gething right a way approvals of Hopefully this committee will below please tell us the reason you are interested in applying for this position.
right I way" approvaled toppfelly this committed will
be sugerted by the select Board o community groups.
my background I believe will add to The thinking
and planning for their new group which I where
If you are currently employed, what is your position?
Well add to The greatity of life in our Town

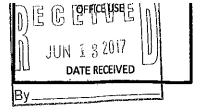
APPLICATION FOR	APPOINTMENT	FOR:	1 year
Name: Nelson Deler Son Position:	parks & Rear	Term:	
"By signing this application for this position the Applicant application is required by law to be available for public view any misuse of the application information by anyone view	wing and agrees to hold	the Town of Readf	ield harmless from
Check one!  I approve the use of my e-mail and phone numbe			
Name:	numbers on any of the	Town's public sites	or publications.
CLERK'S USE BEFO			/
		IAIFIAI	
	No		
<b>7</b> ···	If no, please explai		
Confirmation from Applicant of attendance at Selec	Board Meeting if rec	juired. XYes	No
Confirmed meeting date:	017		
SELECT BO	ARD APPOVAL		
To Nelson Petarcan of Readfield	, in the County of Ken	nebec and State o	of Maine: There
being a position on the Port's Commission	Adm Com we t	he Select Board o	f the Municipality
of Readfield do, in accordance with the provisions of	f the laws of the State	e of Maine, hereb	y appoint you to
said position within and for the Municipality of Rea			
thru 6-30-2018. Given	under our hand this	day of	20
Bruce Bourgoine Thoma	s Dunham	John Pare	 ent
Di dee bouigome			
	Kathryn Mills	Woodsum	J
Christine Sammons	<u> </u>	-	· NATA
CLERK'S USE AFTI	R THE APPOINT	MENT NO	Thor les of
Chair has been notified of appointment? Yes	No lif y	es, what date:	
Is an Oath appropriate:	No If y	yes, what date	
Revised 08/01/2016 for in office use.			

**APPLICATION FOR APPOINTMENT FOR:** 

### **TOWN OF READFIELD**

Readfield Select Board June 26, 2017 Item # 17-216

### **APPOINTMENT APPLICATION**



The Select Board shall not discriminate against an applicant based on religion, age, sex, marital status, race color, ancestry, national origin, sexual orientation or physical or mental disabilities. The Select Board may exclude from consideration any applicant with physical or mental disabilities only when the physical or mental handicap would prevent the applicant from performing the duties of the appointment and reasonable accommodation cannot be made.

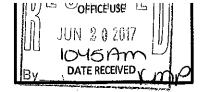
The Select Board shall have final authority over the appointment of citizens to Boards, Committees and Commissions that are instruments of Town Government. The Select Board shall not appoint an applicant to a position for which the applicant will likely have a frequent or recurring conflict of interest.

### **APPLICATION FOR APPOINTMENT FOR:**

Name: Andrews Tolmon Position: 30 MILL RIVIN WA Term: 6-36-2018							
"By signing this application for this position the Applicant understands and agrees that the information contained in this application is required by law to be available for public viewing and agrees to hold the Town of Readfield harmless from any misuse of the application information by anyone viewing it. As a member of this board, committee or commission							
Check one!							
I approve the use of my e-mail and phone numbers on the Town's public sites and publications.							
I DO NOT approve the use of my e-mail and phone numbers on any of the Town's public sites or publications.							
Name: Date: Date:							
CLERK'S USE BEFORE THE APPOINTMENT							
This is a Consecutive Re-Appointment Yes X No							
Was this position advertised? Yes No If no, please explain:							
Confirmation from Applicant of attendance at Select Board Meeting if required. Yes No							
Confirmed meeting date:, 20							
SELECT BOARD APPOVAL  To Andreas To Man of Readfield, in the County of Kennebec and State of Maine: There being a position on the County of Kennebec and State of Maine: There we the Select Board of the Municipality of Readfield do, in accordance with the provisions of the laws of the State of Maine, hereby appoint you to said position within and for the Municipality of Readfield, such appointment to be effective:							
thru 6-30-2018. Given under our hand this day of 20							
Bruce Bourgoine Thomas Dunham John Parent							
the contract of							
Christine Sammons Kathryn Mills Woodsum							
CLERK'S USE AFTER THE APPOINTMENT							
Chair has been notified of appointment? Yes No If yes, what date:							
Is an Oath appropriate:  Yes No If yes, what date							
Revised 08/01/2016 for in office use.							

Readfield Select Board June 26, 2017 Item # 17-217

### **TOWN OF READFIELD**



### **APPOINTMENT APPLICATION**

The Select Board shall not discriminate against an applicant based on religion, age, sex, marital status, race color, ancestry, national origin, sexual orientation or physical or mental disabilities. The Select Board may exclude from consideration any applicant with physical or mental disabilities only when the physical or mental handicap would prevent the applicant from performing the duties of the appointment and reasonable accommodation cannot be made.

The Select Board shall have final authority over the appointment of citizens to Boards, Committees and Commissions that are instruments of Town Government. The Select Board shall not appoint an applicant to a position for which the applicant will likely have a frequent or recurring conflict of interest.

		<u> </u>		<del> </del>	<del></del>	
	•	ttee or Commissio				
are you ap	plying for?	APPAIS	BOA	rd	Term:	<u> </u>
		experience on thi	s board or con	nmittee? 左	Yes No	
Name:	John	Blowin		Phone (H):	446-	7700
		winthrop	loo d	Phone (C):	446-	1108
Mailing ad	ldress: PT	130×37	7 100	dies	d Me	01255
E-Mail:	John	n @ Brook	Lenoo	d. Qu	N	
Bele	ow please tel	us of any experience	and/or training	that might be u	seful in this pos	ition.
Ω-6	= NPOIN	t nen T		APP	PAS	BOANO
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					-	
	Below plea	ase tell us the reason	vou are interest	ed in applying fo	or this position.	٦
						٦
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		If you are currently	employed, what	is your position	?	
Ren	1402	nika	Broo	/Lews	od Pla	20/ty
						,

### **APPLICATION FOR APPOINTMENT FOR:**

Name: John Blovia Position: APPEA) & BOARD Term: 36
"By signing this application for this position the Applicant understands and agrees that the information contained in this
application is required by law to be available for public viewing and agrees to hold the Town of Readfield harmless from any misuse of the application information by anyone viewing it. As a member of this board, committee or commission
Check one!
I approve the use of my e-mail and phone numbers on the Town's public sites and publications.
Name: Date: Date:
Name: 2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/
CLERK'S USE BEFORE THE APPOINTMENT
This is a Consecutive Re-Appointment Yes No
Was this position advertised? Yes No If no, please explain:
Confirmation from Applicant of attendance at Select Board Meeting if required. Yes No
Confirmed meeting date:
SELECT BOARD APPOVAL
To John Blain of Readfield, in the County of Kennebec and State of Maine: There
being a position on the Appeals Board we the Select Board of the Municipality
of Readfield do, in accordance with the provisions of the laws of the State of Maine, hereby appoint you to
said position within and for the Municipality of Readfield, such appointment to be effective:
thru 6-30-2020. Given under our hand this day of20
Bruce Bourgoine Thomas Dunham John Parent
Christine Sammons Kathryn Mills Woodsum
CLERK'S USE AFTER THE APPOINTMENT
Chair has been notified of appointment? Yes No If yes, what date:
Is an Oath appropriate:  Yes No If yes, what date
Revised 08/01/2016 for in office use.

# **COMMUNICATIONS**

- SELECT BOARD
- Town Manager
- BOARDS & COMMITTEES
- Public Communications

### Minutes

### Age Friendly Committee

May 10, 2017

Present: Marianne Perry, Romaine Turyn, Marjory Ellis, Ann Mitchell, and Maggie Edmondson. John Moran is away.

The meeting was was called to order at 9:15 at the home of Marianne who is recovering from knee replacement surgery.

### **Minutes**

The minutes were approved as written.

### Announcement

Romaine shared the finalized version of the Readfield Age Friendly logo.

The April 29<sup>th</sup> Welcome Neighbors Event hosted by the Readfield Methodist Church was well attended. There were tables for various committees, including one for our committee, announcing objectives and soliciting volunteers. Our new red tablecloth from AARP made for a bright and distinctive display. Cards for businesses were also available for pick-up and future use. Marianne sees a real effort to collaborate between groups and committees.

There is a new Director at the Cohen Center. The Director lives in Readfield and is interested in attending a future meeting.

Pickle Ball - Ed Vose is considering making Pickle Ball a Community Ed choice or a part of a summer program. Pickle Ball addresses one of the eight domains. Margy Knight, who introduced Readfield to Pickle Ball, is a paid coordinator from Winthrop.

On Monday, June 12<sup>th</sup>, Romaine will present the final report from our committee to Eric Dyer and Bruce Burgoyne. Frank O'Hara helped lay out the short and long-term goals in the report. The committee members were unanimously happy with the final report.

Romaine will have a follow up meeting with Ed Dodge. Marianne says the Masons are interested in doing minor repair jobs. The question remains concerning triaging calls and vetting providers. The Readfield Code Enforcement Officer may need to be involved.

Marianne initiated a discussion of creating a brochure for Age Friendly Frequently Requested Resources. Committee members felt it should start small, perhaps be rectangular front to back, and address who we are and what we are This would include using a picture of our Logo. Maggie volunteered to work with Marianne.

**Reminder:** The Age Friendly State House Legislative Day is May 16, 2017. Our next meeting is June 14<sup>th</sup>. Adjournment was 10:45.

Respectfully submitted, Ann Mitchell

# **NEW BUSINESS**



The Readfield Trails Committee recently took some time off from working on their trails around town, and put some thought into how we benefit the community, and ways that we can help Readfield in the future. From that, we put together something that we call our Strategic Plan.

Now, a Strategic Plan is not the same as deciding what we want to work on next year or putting together a budget for our committee. A strategic plan is usually something that big companies always seem to do and these companies use their plan as a roadmap to guide the company into new ways of looking at their business and, let's be frank, to make more money. Obviously, making money is not our goal, and planning how to spend money isn't either. But, looking for new ways the committee can accomplish its goals, taking a look at what the Trails Committee hopes to do for Readfield, and the benefits that Trails can bring to Readfield was the purpose of putting together this strategic plan.

The first question that our strategic plan tries to answer, is why are we even here? Well, the Trails Committee was commissioned and funded by the select board as recently as 2006 and it was tasked with converting discontinued roads and unused town owned property into trails and to provide more recreational opportunities for the people of Readfield. Of course, once you build something, you have to maintain it, and that's another facet of why the Trails Committee is here. No point in building something if you're just going to let it fall apart again. That's a waste of effort and money.

The second question that our strategic plan addresses is what does the town get from having a Trails Committee? Personally, what I think Readfield gets back is the positive image we build with the surrounding towns. Having trails in Readfield is an invitation to people in the surrounding towns to come take a walk in Readfield. Of course after their walk, well, they need something to drink, so let's get something at the Corner Market. Or maybe they're hungry and decide to go to the Emporium or the Weathervane.

And one thing that we work hard to do is to keep our trails handicap accessible and age friendly. So this means that they're attractive to the young, the walkers, the bikers, the snowshoers, and generally, people of all ages and capabilities. The Trails Committee has put a lot of work into keeping the trails up, we put in over 600 'man' hours working on our trails last year. We're on target to put in more than that this year.

With all that said, what did we decide we need to do? We decided that we need to publicize the trails more for one thing. If Trails is having an event, we need to get the word out. And of course, we need to have events! Guided walks with someone talking about the plants, animals or the history of the Fairgrounds. Or conduct simple group walks, maybe with refreshments at the end. Publicize our work days. Get the word out that our trails are there, available to all, and a great place to be.





Then, we need to work more closely with the Readfield schools, clubs, and other organizations to take advantage of the opportunities that are available by combining resources. We already work closely with the

Conservation Committee and we've seen how that benefits both of us. Or we can talk with area health organizations, such as the White Barn, to promote healthy community programs

Of course the Trails Committee is tasked by the Select Board to build trails and to take advantage of unused areas of town property. That doesn't mean that we want to just go out and throw down a 'trail' on every available bit of land. So, one of our goals is to explore different areas and decide whether the Town of Readfield would benefit from having a trail or recreation area in that location.

Finally, we have to be fiscally responsible to the town. The trails are town assets. We have to take care of those assets, maintain those assets and make sure that the trails are open, up to standard, and available to all.

All of this has been built into our strategic plan. If you get a chance, take a look at it. See what you think. Feel free to let us know if we're heading in the right direction.

### Readfield Trails Committee Strategic Plan

Date: 6/24/2016

<u>The Mission of the Readfield Trails Committee</u>: The Readfield Trails Committee will plan and coordinate the development of environmentally acceptable trails within the town of Readfield. The committee will promote safe, functional, connections between the various activity centers of the town and provide linkage, where possible, between recreational trails within the town and with adjacent towns. (Adopted 10/2/2007, Revised 04/26/2011)

<u>Purpose:</u> The Readfield Trails Committee was established by the Readfield Select Board to assist in accomplishing the goals set forth in the Readfield Open Space Plan (2006) and the Readfield Comprehensive Plan (updated 2009).

- To provide a wider range of recreational opportunities in Readfield.
- In conjunction with the Conservation Commission, where appropriate, to create new, and maintain existing, systems of trails to accommodate diverse uses.
- To expand and interconnect existing town trails.
- To take advantage of discontinued and abandoned roads, and other town owned properties to utilize as potential trail corridors.

### **Tangible Benefits of Trails for Readfield:**

- Trails create assets for the town that are inexpensive to build and inexpensive to maintain.
- Trails link neighborhoods with the town center, schools, historic sites, and recreational facilities.



- Trails provide year round recreational opportunities.
- Trails foster a positive image of Readfield, as a town, that complements important community and family values.
- Trails encourage healthy, family, activities such as hiking, biking, snowshoeing and cross country skiing

### Scope of the Strategic Plan:

- Integrate the goals of the Trails Committee with the goals of the "Readfield Open Space Plan"
- Work with the Conservation Commission, the Rec Board, schools, and other town organizations to develop integrated plans and ideas
- Develop achievable short, intermediate and long term projects and goals
- Existing trails must be maintained and extended where possible.
- New trails should be developed to accommodate different users and levels of activity.
- Partnerships with other groups, such as the Readfield Blizzard Busters Snowmobile Club and other neighboring community clubs and organizations should be encouraged. Enhanced recreation opportunities would be realized through combining resources.

### **Strategic Plan Goals for RTC:**

- 1. Build the image -
- Advertise the Trails link more clearly on the Readfield website.
- Ask a member of the Trails Committee to serve as the committee's public relations person.
- Promote the Readfield trails system in the media Facebook, Advertiser, KJ, Maine Trail guides, etc.
- Maintain a monthly calendar of events and work days; post it on the trails kiosks and at the town hall
- Promote and encourage volunteer opportunities.
- Work closely with potential and current abutters and nearby land owners when developing plans and working on projects.
- Actively work with the various schools in and around Readfield to boost their involvement and usage of the trails.
- Link up with the White Barn and other health facilities to promote healthy community programs
- 2. Build on existing trails
- Insure that some trails are handicap accessible and flag those trails accordingly.
- Have meditation, or quiet areas, including benches, picnic tables, and green space by the trails
- Label interesting plants and formations on the trails talk with Historical Society and biology teachers about what to label
- Conduct occasional history, biology, or geology walks (even if only one person shows up!)
- Talk with Maranacook science teachers and biology teachers specifically, to do walks on the trails with their students.
- 3. Build for the future
- Continue to work with the Conservation Commission and the Rec Board for ideas
- Research and apply for outside grant monies when large, town sanctioned, projects are being considered and planned.
- Work with the Kennebec Land Trust, Snowmobile Club and other organizations in order to build trail usage across
  the board.



### **Readfield Trails Committee Plans**

Date: 5/26/2016

### Now - 1st Half of 2016

- Flag the proposed Esker Trail and sections of the Maranacook Trails and begin to define routes.
- Begin the project to reduce the steep pitch of the Lower Fairgrounds Trail.
- Develop plans for the Mill Stream Park with the Conservation Committee
- Talk with town web master to get the Trails link more clearly on the Readfield town website.
- Encourage the media (Advertiser, KJ, etc) to run stories and pictures of events on our trails by designating a Trails Committee member as a media liason.
- Post monthly calendars of events and workdays on Facebook, Trailhead Kiosks, and Town Hall Lobby. Designate someone to perform this task monthly.
- Update the Readfield Trail Map to show all trails, trailheads, and parking.
- Continue to boost the involvement/use of the trails with the various Readfield schools.
- Ensure that Readfield Trails are on the agenda for school "community service days".
- Work with Ellen Blanchard, Dale Potter Clark and school biology teachers to develop the marking of points of educational interest along the trails.
- Plan for and install picnic tables and benches on the Fairgrounds trail.
- Coordinate with Recreation and Conservation committees regarding Porta Pottie rental
- Plan for the placement of an identification sign at the granite bench on the Fairgrounds Trail to show appreciation for the donor.

### Short Term - 1 Year

- Enhance some of the underused sections of the Maranacook School Trails
- With the Conservation Commission, develop the Factory Square/Mill Stream Dam area as a "destination park" and trail area.
- Purchase and install 'standard Trail' signage for existing trails Fogg Road, Library, etc.
- Develop a trailhead to access to the Esker/Landfill Trail and define the parking area adjacent to the School Bus Garage
- Build up a section of the Lower Fairgrounds Trail in order to make it more ADA friendly
- Maintain blue stone surfaced trails where necessary with new material.
- Rejuvenate the trail behind the Readfield Elementary School.
- Look into alternate funding sources for linking trails, trail maintenance and new trail construction with the Recreation Trails Program and private donors.

### Long Term - 5 Years

- Extend the off-road access between the Ballfield and the Community Pathway (Library to Union Meeting House/ Church Rd.)
- Continue working toward a partnership with Augusta Water District for trail development around Carlton Pond
- Possibly team up with the Town of Winthrop around Carlton Pond
- Provide links to Readfield Elementary School and Kents Hill School.
- Link Nickerson Hill Road via Morrill Road and its discontinued section to Factory Square.



\* For additional information please visit the "Trails" page on the Town website. The "Senior Article" is of particular interest.





## **AGING WELL IN READFIELD**

Report and Recommendations to the Readfield Select Board by Readfield's Age-Friendly Committee 2017

### Readfield Age-Friendly Committee Members

Romaine Turyn, Chair
Marjorie Ellis
Ann Mitchell
John Moran
Marianne Perry
Bruce Bourgoine (Select Board liaison)

This plan has been supported by a grant from the AARP Maine.



### INTRODUCTION

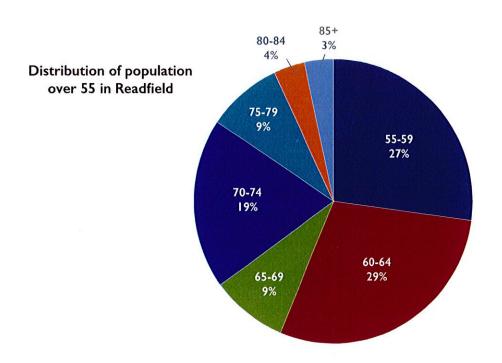
The Readfield Select Board established an Ad Hoc Age-Friendly Committee in January of 2016 and charged it with:

"...creating an inventory of possible desirable resources and services, identifying best methods to communicate the preceding to older citizens in our community, recommending future courses of action they deem desirable, and pursuing in conjunction with the town manager any grant offerings that may be available..."

The Committee organized its research and recommendations around eight key dimensions of aging that AARP recommends that communities should consider: outdoor space and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication and information, and community support and health services. AARP Maine provided a grant to the Committee, which was used to hire a consultant (Frank O'Hara) to assist with the planning process. For purposes of this report, older residents are those 55 and over, though there is particular emphasis on residents 75 and older.

The Committee met every two weeks at first and is now meeting monthly; conducted a survey of Readfield residents over the age of 50; held presentations and discussions at a Community Meeting at the Town Office, met with the Library Board and with members of the Senior Café held at the Maranacook Community Middle School.

# READFIELD'S SENIORS BY THE NUMBERS – U.S. CENSUS AMERICAN COMMUNITY SURVEY (2010-2014)



One third (34%) of Readfield's population is age 55 or older. Of this group, over half are 55 to 64, the "baby boomers" – mostly healthy today, but who will have increasing service needs as they age.

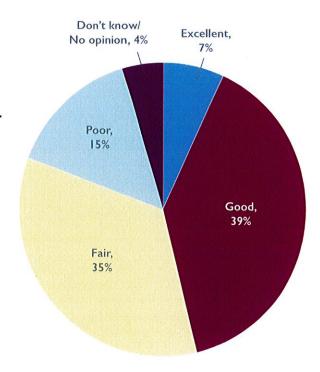
Of Readfield's 871 older resident, there are 380 residents age 65. They live in 230 housing units (1.7 persons per unit). Only 5% are living under poverty; but half have only moderate incomes, under \$50,000/year.

Two-thirds of 65+ households have lived in Readfield for at least 25 years. All own their own homes. About a quarter (24%) pay over a third of their incomes for housing-related expenses – mortgages, utilities, taxes. About a third (32%) have some kind of disability; among those 75 or over, the proportion rises to nearly half (48%).

The data above is from the United States Census American Community Survey (2010-2014). During the summer and fall of 2016, the committee surveyed Readfield's residents age 55 and over. I14 responded, 71 online, and 43 on a paper survey. The survey response rate (13.1%) is good for this type of survey. Responses are broadly representative by age, income, area of residence, and family size. In the following pages, the responses are provided, as well as the Committee's recommendations, organized according to the AARP's 8 dimensions of aging.

### READFIELD SENIORS GENERALLY LIKE LIVING HERE

Aging in place is the ability to live in one's own home and community safely, independently and comfortably, regardless of age, income or ability level. Generally, how would you rate Readfield as a place for older residents to age in place?



### MOST RESPONDENTS SEE READFIELD AS "GOOD" OR "FAIR" AS A PLACE TO AGE.

Positive attributes include: trails, senior cafe, large senior population, history walks, natural beauty, low crime rate, good sense of community, having a Maine General satellite in Winthrop, activities at the Community School, adult ed, the library, two restaurants, the Post Office, and the lake.

Negative attributes include: high property taxes (raised by 11 of 36 commenters), lack of transportation (10 mentions), lack of housing options (7 mentions), lack of banks and drug stores and groceries (5 mentions), isolation and lack of gathering spots, no bike lanes on roads, and winter!

A number of people were happy the Town was conducting this research.

- Great community but lack of transportation, no nearby pharmacies, grocery stores, hospitals are issues. Makes it difficult for the aging population to keep their homes.
- Affordable housing isn't available for older residents to downsize and to be able to still be with friends.
- The town is in a great central location relative to places in Maine that are fun to visit. However, the property taxes are too high!
- We could not be happier ok, only if our grandkids were here, also!
- Thank you for providing the excellent survey!

### SENIORS ARE INVOLVED - BUT WOULD LIKE TO DO MORE!

Over half of respondents volunteer for organizations in Readfield, and many participate in the social activities available in Readfield, such as the Senior Café, adult education courses, town boards, and church activities. An even higher number would like to be involved in the future.

Most seniors in Readfield are in regular contact with family and friends. However, about 15% -- better than 1 in 7 -- are fairly isolated; they are only in contact with friends and family once a month or less. Overall, there is a mixed response to social opportunities in Readfield. 43% think that there was "very good" or "good" availability of social activities; but 38% think that the availability is only "fair" or "poor."

	Currently involved	Would like to be involved in the future	Not interested	Don't know/need more information
Senior Cafe	17	37	34	13
Guys and Gals	6	8	53	25
Cohen Center (Spectrum Generations)	6	31	39	20
Church activities	27	5	58	7
Library book club	12	37	37	9
Community/adult ed courses	24	44	21	9
Town boards and committees	37	16	37	7
Volunteer work	47	32	17	8

#### **IMMEDIATE ACTIONS:**

- Coordinate with the high school to coordinate a free afternoon opportunity to view the high school play. Perhaps the last dress rehearsal
- Coordinate with the Library Board to create programs at the library, support the Senior Café at the Middle School
- Continue and build on an annual recognition for volunteers

### LONG-TERM ACTIONS

- Expand art courses and music lessons in community education
- Create a volunteer bank -- matching volunteers with needs
- Use school buses to take seniors to special programs in the area
- · Create a community center for seniors

- I feel that there are activities available. I just don't attend as many as I would like due to my schedule and the schedule of the event.
- Neighbors and friends are the life blood of our small community.
- I'm on the wrong side of a very defined social and economic division in Readfield.
- It would be nice to have more of an informational clearinghouse of available volunteer duties. I serve on a town board which meets regularly and have tasks associated with that, but occasionally I'd like to help out on a one-time or infrequent basis -- but have no way of knowing what is needed. ex. Readfield Elementary school or Maranacook MS/HS, etc.

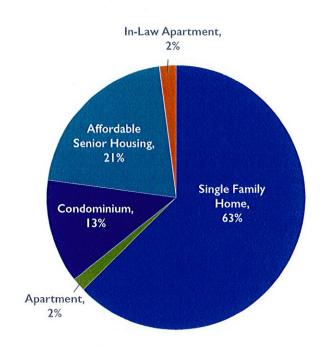
### LOOKING FOR HOUSING OPTIONS

Most Readfield seniors are satisfied with their housing. Almost 9 in 10 (of those answering) agree with the statement that "my housing is fine – no problems here." 8 in 10 want to stay in their homes "as long as possible." However, the cost of maintaining those houses is an issue. 22% report that their house is not energy-efficient, and that heating costs are a burden. 43% said that property taxes are difficult to afford.

Many respondents see themselves as living in different kinds of housing in the future. Of the current respondents, 98% (110 of 112) are living in single family homes. However, looking ahead, only 63% see themselves in single family homes. 21% see themselves affordable senior housing, 13% in condominiums, and others in private apartments.

Over half see a role for the Town in encouraging senior housing. Two-thirds support a home repair and home maintenance service for low-income seniors

### Where would you prefer to live in the future?



### **IMMEDIATE ACTIONS:**

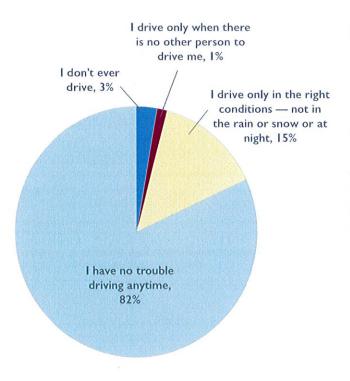
- Inform residents of existing property tax relief programs
- Work with AARP to secure a volunteer to assist with resident income tax filings at Readfield Town Hall

### **LONG-TERM ACTIONS**

- Develop a tax relief program for Readfield's oldest and lower income seniors so that they may remain in their home
- Explore the possibility of elderly housing (options: Find town-owned land? Issue an RFQ? Build onto Balsam House?)
- Work with town office to distribute a list of reputable home repair contractors who are residents of Readfield

- I love my home, but if at some point I am alone here, it would be too much for me to maintain.
- The house needs a new furnace, weatherization
- A condominium community geared toward seniors would be able to provide social and close friend activities
- We like to keep our home but are being forced to sell due to raising taxes in Readfield
- Would like to find a house that is one level

# MOST HAVE CARS, BUT MOVING ABOUT CAN BE A PROBLEM



About I in 5 over age 55 in Readfield has some driving issues – don't drive in snow or in rain, don't drive at night, rely on spouse or friends or neighbors. Most have a car – only 4 of 1,089 Readfield residents age 65 or over don't have a car, according to the Census.

When asked if they found themselves unable to go where they wanted, 3% of survey respondents say that this is a weekly occurrence, and 2% said that it occurs on a "seldom" basis. There is also concern about safety when walking or bicycling. 99% say it is very or somewhat important that the Town maintain "safe streets, intersections, and crosswalks for drivers, pedestrians, bicyclists." 94% like trails and sidewalks, though some are concerned that these are too expensive for taxpayers to develop and maintain.

Even though the survey did not indicate a great need, a majority of respondents feel that it is important for Readfield to recruit and coordinate a system of volunteer drivers for those who need it. Some say that they could drive OK now, but it might be an issue in the future.

#### • VVORK WITH AVARP to

- Work with AARP to assign a teacher for an Over 55 Driver safety program to be held in conjunction with Maranacook Community Education
- Safety of roads for walkers is a concern. Improved signage and crosswalk identification needed

### **LONG-TERM ACTIONS**

**IMMEDIATE ACTIONS:** 

- Seek ways to develop a Neighbor Driving Neighbor Program with neighboring communities (Winthrop and Wayne) modeled after the program in Mount Vernon.
- Create a Bicycle share program
- Extend the Church Street sidewalk to Fairgrounds

- If I didn't live alone, I would never drive
- I still drive after dark or in snow but am increasingly uncomfortable doing so.
- No limitations at this time, but again, as we age it will become an issue.
- Walk the roads daily and seemingly every day has its moments with motorized vehicles

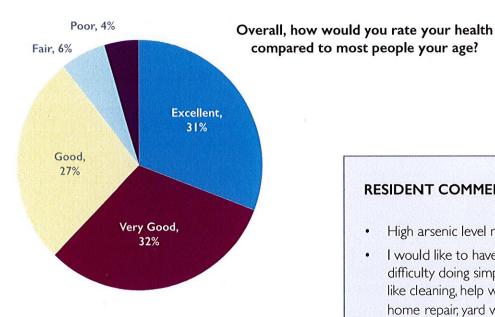
### HEALTHY, BUT SOME NEED MORE HELP IN THE HOME

Imost two-thirds of seniors (63%) rate their health as "excellent" or "good." Only 10% rate their health as "fair" or "poor."

About I in 6 seniors is a primary caregiver for someone who needs care. Some are caring for parents (7%), some for children (4%), and some for spouses (4%).

Over 97% of seniors think that they have good access to health care services, medically necessary drugs, healthful food, clean water, heat, electricity, and the telephone.

However, 5-10% say that they lack sufficient access to exercise and health and wellness classes. Though few need in-home medical services, a third of those who did (32%) said that they did not have adequate access to the service. Two respondents are concerned about contaminants in their well water.



### **IMMEDIATE ACTIONS:**

- Communicate with Adult Ed to ensure courses and programs for seniors
- Invite Spectrum Generations to hold a town forum to discuss services available. Arrange for a benefits counselor to be available to assist residents explore what benefits they may be eligible to receive
- Arrange for a State Health Insurance Counselor to come to the Readfield Town Office to assist with health insurance during open enrollment next September
- Pet care waive fee for pet rabies shots for seniors
- Coordinate with high school to identify service learning opportunities for students
- Explore getting more Farm shares vouchers for Readfield farmers and residents

### **RESIDENT COMMENTS:**

- High arsenic level not fit for public use
- I would like to have in-home services when I have difficulty doing simple daily activities in the home, like cleaning, help with medical needs, cooking, home repair, yard work

### LONG-TERM ACTIONS

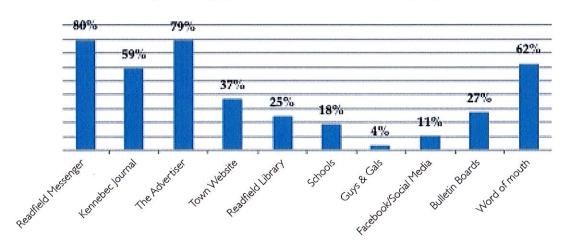
- Develop a program of seniors calling seniors
- Have a medical person available to do home visits

### MOST READFIELD SENIORS ARE "IN THE LOOP"

About 70% of Readfield seniors think that communication is "very good" or "good"; 30% rate it only "fair" or "poor." Local newspapers -- the *Readfield Messenger and Advertiser* -- are the main sources of information, followed closely by word-of-mouth. Fewer than half of respondents get information about Readfield programs from the internet – Town website or social media. Yet most seniors use the internet. 85% regularly use the internet to get information, mostly at home (82%), but also at the library (3%). Of the remaining 15%, a third (5%) doesn't know how to use the computer, and the remainder (10%) prefer to get information in other ways.

The Readfield Library is an important resource for seniors. Several questions on the survey related to new ideas for Library services, and the Library board is taking action on many of these suggestions

### Where do you usually get information about Readfield programs & events?



	Use Program	Know, do not use	Interested in learning	Not interested
Regular Print Books	60%	27%	1%	12%
Inter-Library Loans	46%	34%	2%	18%
Movies	45%	32%	5%	18%
Magazines	35%	42%	4%	19%
Audio Books (on CD)	21%	48%	6%	25%
Volunteering	16%	50%	14%	20%
Book Groups	15%	52%	7%	26%
E Books/Audiobooks	15%	54%	9%	22%
Public Computers/Wi-Fi	13%	60%	3%	23%
Technology Help	9%	46%	24%	21%
Large Print Books	7%	61%	7%	25%
Ancestry Software	2%	43%	29%	26%

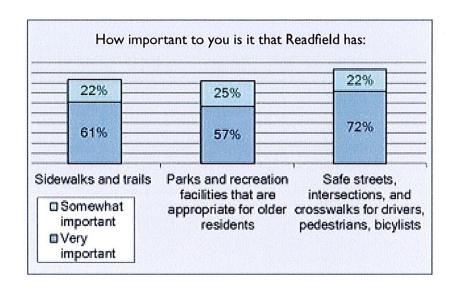
### **IMMEDIATE ACTIONS**

- Have an age-friendly technology training at the library; one on using email and Facebook, and one on using apps for telephone and iPad ("appy hour")
- Library has already initiated a book delivery program to senior who cannot get to the library.

- Links on the Readfield website just for seniors listing adult ed, activities, services, volunteer opportunities, etc.
- Could email be used? Sign up for notification of specific activities, such as, election/voting information, or special activities applicable to our age group
- I really love the Readfield Library, its Director, Nancy and the Library Board. All of these people work so hard to make the library a special and welcoming place. The library volunteers are amazing as is the head of the Library Board - Deb Peale. Nancy is always open to book requests/suggestions. Thank you for all that you do!

### READFIELD SENIORS LIKE TO STAY ACTIVE

Readfield seniors want to be outdoors walking, riding bicycles, going to parks. But traffic is increasingly a problem. And many would prefer that facilities for these purposes be provided voluntarily.



#### **IMMEDIATE ACTIONS:**

- Seek membership on the potential new Parks and Recreation Commission
- Construct a railing at the Town beach to ease in getting in and out of the water.

### **LONG-TERM ACTIONS**

- · All programs offered an age appropriate component.
- Enhance community gardens: benches, edible garden

For more information on the senior survey and current activities of the Readfield Age-Friendly Committee, see http://www.readfield.govoffice.com/index.asp?SEC=E808F9C9-DE08-4AFI-AD83-964ED818662F&Type=B\_BASIC

To volunteer and help the activities for seniors, contact Eric Dyer at Readfield Hall at 685-3420.

Report Designed by Lia Prysunka, 2017

- Seniors are best served by staying active. Thus sidewalks and trails (interconnected), fitness programs (even busing to Y) and ride programs are ALL necessary. Why can't seniors be treated same as schools??
- We do not need more parks!!! I am an avid
  walker and we already have an incredible amount
  of public lands and state parks available to us
  EVERYWHERE. What is very interesting to me is
  how many people want more but don't even use
  what we have. I think we need communication
  about the public lands already open to us, not
  more public lands
- Walk the roads daily and seemingly every day has its moments with motorized vehicles
- No tax dollars used --should be all volunteer labor. They are wonderful but the older generation have limited capabilities due to their mobility and can't afford taxes to support something they can't use. Thus, they should be voluntarily supported by those who are capable to use them and not TAX dollars.



### **TOWN OF READFIELD**

8 OLD KENTS HILL ROAD • READFIELD, MAINE 04355 Tel. (207) 685-4939 • Fax (207) 685-3420 Email: Readfield@roadrunner.com

# 6th ANNUAL Readfield Summer Residents Meeting

Friday, August 4th - 5:00PM Readfield Town Office

### Welcome

• Select Board Welcome (by Select Board Chair) - 5 minutes

### **Introductions**

• Group - 5 minutes

### **Informational Updates**

- Municipal Boards, Committees and Commissions 20 minutes
- Maranacook Lake Dam 5 minutes
- Torsey Pond Dam / Bridge 5 minutes
- Other

### **Open Discussion**

• Group - 20+ minutes

### Adjournment and Socializing

All are Welcome!

Refreshments will be served!



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### **Select Board Retreat**

Friday, August 18, 2017, 9:00AM at Asa Gile Hall

### Agenda Items.....

Coffee and light snacks will be available throughout the day. Following the formal business of the retreat the Board will have an informal lunch.

### Future Agenda Items - Proposed DRAFT

### July - Potential Meeting / Workshop Items

Select Board organizational items (election of Chair & Vice Chair, designation of liaisons, etc.)

Signing of P.A.C.E. Agreement

Volunteer appreciation / ballfield dedication event (Saturday, July 22nd, 4:00pm at the Fairgrounds)

### August - Potential Meeting / Workshop Items

Summer Residents Meeting (tentative)

Select Board Retreat (tentative)

### Potential Future Meeting / Workshop Items:

Appeals process and appeals matrix review

Conflict of Interest Ordinance review

Contingency Policy discussion

County Commissioner / County Sheriff meeting

Investment strategies

Marijuana regulation discussion

Meeting with local businesses

Parking, signage, and access at the Fairgrounds

Personal Property Taxes

Plastic recycling

Procedures for Appointment and Reappointment review

Student engineering work at the Transfer Station

Town building review

### **Ongoing Goals:**

### Group 1

Review the need for and nature of governance documents:

(Current and proposed ordinances and policies, town charter, etc.)

Review Capital Improvement/Investment Program

Clarify the authority of boards, committees and commissions

Hold an annual Community Meeting with a pot-luck supper.

### Group 2

Welcome business, and develop a plan to support the business environment in Readfield

Investigate the most efficient, long-term renewable energy investment and conservation

Name and dedicate ball field

Consider a Parks Commission

Obtain the status of, and create plans for town buildings, specifically the fire station, transfer station and library

Create activities for kids and adults

Understand and address issues of poverty

Create an action plan resulting from the age-friendly survey and report

Consider a Church Street sidewalk

# **FYI**