

Walk with us at MCS!

"New Year Resolution Solution" at Maranacook High School!
Start your new year of healthy living by walking with us in the
warm halls at Maranacook!

January 8th to May 30th, 2024
Mon, Tue, Wed & Thurs
3:30 - 8:30 pm

FREE

Please register online at <https://maranacook.maineadulted.org/classes/>, or email susan_simons@maranacook.com

Come in Monday-Thursday 3:30-8:30 pm and see one of our office staff to sign up. The Maranacook adult education office is located in the main office of Maranacook HS.

The best part: registered walkers are entered into a \$25 monthly gift certificate drawing by walking a minimum of 5 miles a week!

Hope to see you this winter/spring!

WALK INS are welcome!

No classes during Winter Break (Feb. 19-23) or Spring Break (April 15-19)