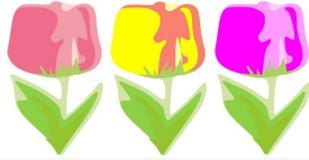




Readfield Messenger

Town of Readfield: www.readfieldmaine.org



TOWN OF READFIELD – Town Manager

8 OLD KENTS HILL ROAD, READFIELD, MAINE 04355
Office (207) 685-4939 • Cell (207) 242-5437
Email: manager@readfieldmaine.org

Date: Sunday, March 15, 2020
To: Town of Readfield Select Board, Staff, Volunteers, and Residents
From: Eric Dyer, Town Manager
Subject: Coronavirus / COVID-19 Preparedness and Response

General:

- We have a plan in place, but it will change out of necessity.
- We will look for direction from State and Federal health agencies, and other municipalities, as to when we would move to a different approach.
- We have developed a [resource page](#) on the town website and have shared this on our Facebook page. It will be regularly reviewed and updated.
- Being a public health issue the town has limited available resources but will assist with the organizational / operational support of other agencies to the fullest extent possible.
- If the need arises, we will utilize the [Emergency Operations Plan](#) and work with KCEMA and other agencies to provide information and services. **Municipal Officials and Staff are requested to review the EOP.**

Staffing, Closures, and Meetings:

- **The Readfield Public Library is closed until further notice.**
- Staff are expected to come to work unless they are sick or a family member is sick, then they will be requested to work from home. Staff will be paid as long as they are working, and will use sick time if they or a family member are sick. If sick time is exhausted we will look at options to ensure staff are paid.
- Staff are requested to limit in-person meetings and avoid close contact.
- **Residents are requested to avoid conducting business in-person at the Town Office.** Please call or email, or utilize [online services](#). If we have a need to close the Town Office to the public we will redirect residents to our [online services](#) – nearly everything we do in the office can be done online.
- Maintenance staff will continue to work, mostly on open-air projects.
- **The Transfer station will continue to operate as an essential service**, with modifications to the cash handling and personal space buffers.
 - **All vehicles must stop at the attendant booth**, will receive instructions, and only three vehicles at a time will be permitted in the unloading area. If residents have fee items they will be told the fee and the booth attendant will offer to issue a receipt by mail.
 - Fees will be deposited in a cash box attached to the attendant booth.
 - Staff will not handle waste brought in by residents unless delivery to a special waste area is required.
- We will be utilizing staff time generally to assist with the distribution of information related to the issue and meeting interim needs as a priority.
- **Small group (board, committee, commission) meetings will continue with the use of technology (email, phone, videoconference) whenever possible, and are to be postponed if not.**
 - The Town has Zoom and Skype accounts for group meetings
 - The Town will set up a teleconference account
- In-person meetings will be limited to critical needs (Select Board, Emergency Response).
- **Gile Hall is not open to private groups or individuals for rentals until further notice.**



Special Hours For Seniors

Senior Hours at the Transfer Station

Thursdays from
10:00am to
2:00pm

for residents 65
and older

No MATTER how long the winter, SPRING is sure to FOLLOW.



Coronavirus Information & Resources

Public Meetings:

Public meetings will continue to be held, but attendees are requested to participate electronically. Each meeting notice will include a link for videoconferencing and a phone number for telephone call in. If you would like to comment, you can do so by participating in the meeting, or submitting comments in advance through our new [Public Meeting and Hearing Comment Form](#). (see website) A link to this form will also be included with most meeting announcements.

Municipal Services:

Currently the following municipal services have been modified or are unavailable:

- The Readfield Town Office is closed to the public unless an appointment is made (please utilize online services)
- The Readfield Public Library is closed
- The Transfer Station has enhanced safety protocols - (plan on a few extra minutes)
- Use of Gile Hall for rentals and meetings is restricted to the Select Board and Emergency Services. No private events, no Board, Committee, or Commission meetings.

All other services remain available. In the future, if the need arises, some services may be modified to maintain public health and the health of municipal employees. Every effort will be made to minimize disruption and ensure that essential services continue.

Many of the services available at the Town Office are also available online. These include:

[E-alerts - Sign up for special and announcements and emergency communications](#)
[Andro Pay - For Online Tax Payments](#)

[Rapid Renewal - For Re-Registrations of Vehicles](#)

[Dog Licensing and Renewal](#)

[Sportsman Licensing \(MOSES\)](#)

[IF&W Online law books for Hunting, Fishing, Trapping, Snowmobiling/ATV and Boating](#)

[Tax Information \(Harris/Trio\)](#)

[ATV & Snowmobile Registrations](#)

[Boat Registrations](#)

[Open Burning Permits](#)

Information and Resources:

[Municipal coronavirus Information and Resources](#)

[Town of Readfield Emergency Operations Plan](#) - Updated November 4, 2019!

[RSU #38 Coronavirus Information](#)

[RSU #38 Meal Program](#) (for students and children)

[Kents Hill School Coronavirus Information](#)

Emergency Services:

- In case of a fire, rescue, or public safety emergencies call 9-1-1
[Emergency General Assistance](#)



Dear Neighbors;

Out for a walk, we heard shrieks coming from the field behind a neighbor's house. Taking a closer look we were happy to see at least a half dozen kids of various ages running around flying kites on this blustery day and a couple adults chasing and relaunching those that dove to the ground. In these dramatically changed times one couldn't help but notice that reasonable social distancing was being maintained.

So much in our home town has changed for us in so little time. There is no school. Many adults are now working from home or not working at all. Essential services at Town Hall are by appointment. Board and committee meetings are conducted online. The Transfer Station has new procedures to protect both residents and employees.

Business is mainly confined to those deemed essential. There are Federal restrictive guidelines now in place for the entire month ahead. Important precautionary actions are being undertaken by the State. Readfield government is focused now on essential services and safety. We are also grappling with responsible financial planning for the year ahead. Our website can keep you up to date on many of these matters and both Maine.gov and CDC.gov are key resources.

While social distancing is the new norm, let's not allow social disconnecting become one too. As soon as dramatic news came in about changes we would need to adjust to, messages from people willing to volunteer and help others poured in. Efforts are underway to organize errand assistance for those most at risk to pick up groceries, food bank orders, pharmacy items, and other needs. Many of us are now checking on neighbors and friends. We can also offer a simple hello check-in from time to time to that older neighbor we don't see much to show we care.

With all that lies ahead, I'm thankful to be in Readfield, a place with trails to walk, neighbors who think of you, and open spaces where kids can run around and fly a kite.

Take care;
Bruce Bourgoine
Select Board Chair

CURRENT BOARD/COMMITTEE VOLUNTEER OPPORTUNITIES



If you are interested in joining any of the above committees/boards please complete the appointment application at www.readfieldmaine.org

or stop by the Town Office for an application.

Age Friendly Committee: 1 member (2021)

Cobbossee Watershed District: 1 rep (2022) & 1 alt rep (2021)

Conservation Commission: 1 alt member (2022)

Heritage Days Committee: Many volunteer opportunities for 2020!

Local School Board Advisory: terms: 2020, 2021 & 2022

Planning Board: 1 member (2023) & 3 Alternates-terms 2022, 2023, & 2024

Recreation Committee: 2 vacancies (6/2020)

Road Committee: 3 vacancies (all 2022)

Solid Waste & Recycling Committee: 1 member (2022)

Trails Committee: 3 member terms 2021, 2022 & 2022; one Alternate 2020

Food Boxes



- Food Boxes will be given out Fridays from 3-4 pm at the High School.
- If you have received a box from the school, we will count you as needing one weekly. **If you have never gotten a box**, please contact your nurse to be added to the list.
- Nurses:
 - Readfield and Wayne Elementary:
jada_clark@maranacook.com
 - Manchester and Mt Vernon Elementary:
erin_foth@maranacook.com
 - Maranacook Middle School:
angela_palmer@maranacook.com
vicky_gabrion@maranacook.com
 - Maranacook High School:
anya_davidson@maranacook.com
- This service will continue as long as supplies last.
- Non-perishable food donations are welcome! Please drop them in the foyer at the High School between 9-3 weekdays. If you would like to send a check, make it payable to RSU#38 with Food Pantry in the subject line. Thank you!
- Look at the district website for updates:
 - Website: www.maranacook.org
 - Call Dr.Conway (458-1223) with questions



School Breakfast and Lunches are being handed out on Mondays and Wednesdays at Mt. Vernon Elementary between 7:00-9:00 a.m. Please just show up if you would like this service for your family.



Mount Vernon Food Bank



The Maranacook School Pantry is accepting food and / or monetary donations daily from those able to contribute. We are supplying food boxes every Friday for approximately 30-35 families. The pantry provides food all year long to residents of RSU #38 and Fayette but requests have been increasing the past three weeks. Food donations can be dropped off daily at the high school lobby between 9-3. Monetary donations can be mailed to:

RSU #38 Food Pantry
45 Millard Harrison Drive
Readfield, ME 04355

To request a family food box call a school nurse or 685-4923 and leave a message.

Thank you and stay as safe as possible through this health crisis.

Maranacook Community School students and staff thank you for your support of our food pantry that is funded through donations.

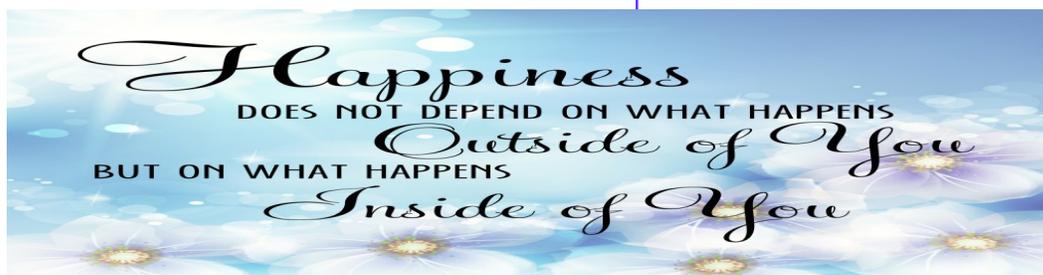
Changes at the Food Bank

The First Baptist Food Bank is helping to slow the spread of COVID-19 by enacting policies that will continue until the virus is no longer a concern.

Only one person from the household (the driver) should come to the food bank. **When you arrive at the food bank, please remain in your vehicle and leave all windows closed.** A volunteer will get your name, address and phone number. New customers will not be asked to fill out an application at this time. Pre-packed boxes and bags will be brought up to the vehicle.

If you are ill and can not get to the food bank, please use your emergency bag before asking for someone to deliver food to you. If you live in Mt. Vernon, Vienna or Fayette, please call Neighbors Driving Neighbors at 860-0677 by Wednesday to see if they can deliver on Saturday. If you live in Readfield, call Bob Peterson at 685-7292. Otherwise, call the food bank (293-2141) on Saturday between 8 and 10 a.m. and we will try to arrange a delivery.

We understand that these changes may be inconvenient and we thank you for your patience. Our hours remain Saturday from 9:30 to 11:30.





Governor Mills Extends State Income Tax Payment Deadline to July 15, 2020

March 26, 2020

Governor Janet Mills and Commissioner of the Department of Administrative and Financial Services Commissioner Kirsten Figueroa announced today that the State will extend the deadline for Maine income tax payments from April 15, 2020 to July 15, 2020. The change aligns with the Federal government's recent extension of the Federal tax filing deadline to July 15, 2020.

"It is my hope that moving back this deadline will help provide a measure of relief to Maine people who are struggling to make ends meet as a result of COVID-19," said Governor Janet Mills. "The Congressional actions in recent days make this move appropriate and practical."

"Aligning Maine's tax filing and payment deadlines with the federal government and waiving late fees and interest payments will ease the number of things that Maine businesses and taxpayers have to think about during this difficult time," said DAFS Commissioner Kirsten Figueroa.

The State extended the payment deadline of April 15, 2020, to July 15, 2020. This includes any final and estimated Maine income tax payments due by April 15, 2020. Any failure-to-pay penalties and interest will be abated for the period of April 16, 2020, through July 15, 2020.

The extended filing deadline for Maine income tax returns is automatically tied to any federal extension. Therefore, the filing deadline of April 15, 2020, for 2019 Maine income tax returns, is automatically extended to July 15, 2020. This includes Form 1040ME (Maine Individual Income Tax Return), Form 1041ME (Maine Income Tax Return for Estates and Trusts), and Form 1120ME (Maine Corporate Income Tax Return).

Sales tax and payroll payments will continue as normal. For questions about Maine income tax, contact Maine Revenue Services (MRS) at (207) 626-8475 or visit the MRS website at www.maine.gov/revenue.

Governor Mills Signs Executive Order to Fast Track Free Online Job Training at Maine's Community Colleges

March 30, 2020

Order allows for greater flexibility to train workers online for critical jobs needed to address the effects of COVID-19

Governor Janet Mills [signed an executive order](#) allowing Maine Quality Centers (MQC) to swiftly address the changing demands in Maine's job market due to widespread economic disruption caused by the 2019 novel coronavirus (COVID-19). Governor Mills' order suspends certain restrictions, on an as-needed basis, on job training funds managed by the Maine Community College System's MQC program. Suspending those restrictions, such as eligibility and employer matching funds, gives the MQC program more flexibility to rapidly provide free online training to people who have been displaced by the recent effects of COVID-19.

"Maine's Community Colleges have always played a critical role in providing training and skills to strengthen our workforce. With the State battling COVID-19, that work is more important than ever," said Governor Mills. "This Executive Order provides our Community College System with the flexibility it needs to enhance their workforce development efforts and help fill vital jobs, such as those in the health care field, as quickly as possible."

"We are grateful the governor acted decisively so that Maine Quality Centers can get to work immediately, training people online to meet the incredible, sudden demands of our changing economic landscape," Maine Community College System President David Daigler said. "So many people have lost their jobs because of COVID-19. But overnight there is a huge demand for workers in certain jobs, such as medical assisting and pharmaceutical technicians. We need to give people the training and skills they need to step into those jobs as quickly as possible."

Maine Quality Centers is working closely with workforce training professionals at all seven of Maine's community colleges across the state to develop and implement free online training programs. MQC is coordinating its efforts with the Department of Labor and other workforce agencies for the recruitment and screening of participants in the new online programs.

9 Ways To Stay Positive During The Coronavirus Pandemic

[William Arruda](#) (Author)

When the news is all doom and gloom—as it has been since the outbreak of the coronavirus—it’s hard for even the most optimistic among us to stay positive. It’s true that we need to take this virus seriously. It’s capable of causing severe illness, death, and drastic long-term changes to how we live and work. It could even cripple the economy. It’s easy to stay focused on those calamities: they seem to be the only topics covered on local and national news.

But those thoughts would be counterproductive. Obviously, there are things you need to know about the coronavirus outbreak to protect yourself and those around you, but you do not need to become a COVID-19 expert, nor do you need to hear about every unpleasant detail from dawn until bedtime. Instead, focus on the positive so that you have the energy and resolve needed to weather this storm. Here are nine things you can do:

1. **Limit your intake.** You could watch 24-hour news channels, listen to dire warnings on the radio, or visit countless websites and be bombarded with the angst of the moment. Instead, choose a single news source and decide how much limited time you’ll spend with it each day. Then stick to your plan.
2. **Look to the past.** Get hope from your past resilience. You have likely endured other unforeseen major life disrupters like 9/11, major hurricanes, or the financial meltdown of 2008. You made it through! And you are stronger because of it. Know that you will get through this. Remind yourself of your resilience on a regular basis.
3. **Watch a funny video.** Thanks to the huge popularity of YouTube, there are thousands of videos that can help you take your mind off current events, if only for three minutes at a time. Start to bookmark the funniest among them so you can return for a repeat viewing whenever things feel gloomy.
4. **Look after your neighbors.** You may be at low risk of severe consequences from the virus, but it may not be the same for your neighbors whose immune systems are compromised. The act of checking in on them (keeping six feet apart, of course) will not only make them feel good, it will make you feel good and remind you that there are others for whom this predicament is even more stressful.
5. **Support your favorite local business.** Maybe you’re heeding the social distancing advice and aren’t eager to sit in a crowded restaurant right now. And others feel the same way. Those empty seats aren’t helping that restaurant owner to pay her staff or keep the restaurant in business. Buy a gift card to help the business owner now, and prepay for a wonderful meal you can have to celebrate when this pandemic is behind us.
6. **Send gifts in the mail.** It may not be wise to drop in on your loved ones with some fresh-baked goodies, so send them a card or gift in the mail. Unexpected treats can be a huge pick-me-up-in times of stress. This is especially valuable to the elderly who are living in nursing homes. Many facilities have closed their doors to all visitors, making residents feel even more isolated and vulnerable.
7. **Take advantage of found time.** I’m a public speaker and my speaking gigs are canceling left and right. It’s stressful. I could wallow in that for days. But that wouldn’t be productive. These cancellations give me an opportunity to focus on some things I’ve had no time for and to accelerate my progress on other product offerings. It’s liberating, and that’s what I’ve decided to focus on. If your company has implemented a WFH policy, how will you use the time you previously spent on commuting?
8. **Practice random acts of kindness.** Leave an envelope with a little gift for the Amazon Fresh delivery person who drops off your supplies outside your door. Or have a coffee delivered to your doorman. Your kindness doesn’t require a monetary outlay. Write an unsolicited book review for a friend of yours who is an author. Comment on a colleague’s LinkedIn post. Send a snail-mail note of appreciation to a friend or colleague. Many in the entire country of Italy broke out in song and applause to honor their healthcare workers. Thank the custodians in your building or workplace for their efforts to keep things safe. Think of those who could benefit from your thoughtfulness and generosity. Then act.
9. **Take a daily inventory.** Close your day, every day, with a positive acknowledgement of something you accomplished, learned or are grateful for. It will help dilute some of the negativity you’ve absorbed and remind you that not everything that’s happening right now is bad or depressing.

In times of constant negative messaging, you need an antidote so that you can keep your positive attitude and march forward with determination and hope. Be deliberate in activities that are positive, heartwarming, stress reducing and laughter inducing! Together, we’ll get through this.



NEWS AND NOTES FROM THE TRAILS

Ah, as I write this article, so much has transpired in all our lives. While our “normal” has changed, I do not want to turn this trails article into a scientific run down of all things virus related. There is plenty of scientific, medical, psychological, etc. information available to us all 24/7, that the last thing anyone needs is my interpretation of current events. There is probably some great information and suggestions in this month's Messenger and on the town website, so take the time to stay informed.

As we face the next few weeks and months, I will only repeat what I usually sneak into a trails article: that is to remind our residents what a wonderful resource our town trails and the KLT trails within our town are. Use them during this time, especially as the weather warms ever so gradually, to help rejuvenate yourself and take your mind and body for a respite from our current situation. A walk with the family, alone, or with a friend (mind the distance between!) can do wonders. I have seen many more people walking and using the sidewalk this week through town and up to the high school. A good sign, I think.

The trails committee, along with Anna Carl and volunteers, will eventually be putting in some culverts at specific locations at the Esker Trail where it crosses the Transfer Station road in two places and on Sturtevent Hill at the old Morrill Road to help with safety concerns.

A quick shout out goes to our friends and neighbors who put together *Readfield U* this winter. Although some programs were curtailed due to you know what, the programs that happened were exceptional and we should all look forward to next March for new programs. I also want to thank RTC member Rob Peale for his excellent and informative Messenger article last month regarding the Carleton Pond initiative.

In closing, please stay as healthy and safe as you can with your loved ones. Check on your neighbors and friends and others who may need some help. It probably is a cliché but timely:

Readfield Strong

Respectfully submitted,
Greg Durgin



“AND ONE HAS TO UNDERSTAND
THAT BRAVENESS IS NOT THE
ABSENCE OF FEAR BUT RATHER
THE STRENGTH TO KEEP ON
GOING FORWARD DESPITE THE
FEAR.”

— PAULO COELHO

From the Conservation Commission –

We'd like to repeat the Trails Committee's encouragement to get out in the fresh air and enjoy Readfield's open spaces. In spite of the serious health concerns around us, this is also springtime with warming days, green growth, and returning birds. Governor Mills is also encouraging us all to enjoy our natural resources.

Please remember that the Town and Kennebec Land Trust offer trails at the following places in Readfield. At this time of writing all are open to the public:

- Torsy Pond Nature Preserve, Chimney Rd above Kents Hill.
- Macdonald Woods/Readfield Town Forest, near end of Kents Hill Rd, approaching from N. Wayne.
- Fogg Farm Woods, off Fogg Rd near Walker Rd.
- Saunders-Rosmarin Family Forest, off Nickerson Hill Rd.
- Fairgrounds Trail Loop, Church Rd.
- Esker Trail, beginning at RSU 38 bus terminal off North Rd.



Maps of most of these areas may be found on the Town website: Readfieldmaine.org, under "Forms and documents" and Recreation.

There will be maps at kiosks on most properties, but not copies to pick up (as a safety precaution.) You may wish to take a photo of the map to carry with you. Please practice social distancing, walk in small groups, and respect each others' space. Remember that trails in some places will be wet at this time of year, so use appropriate footwear. We wish you a healthy month of April and hope you will take advantage of the natural world around us.

Tim Sniffen, for the Readfield Conservation Commission

FROM THE CEMETERY SEXTON



Readfield Cemeteries Spring Clean-Up

The Readfield Sexton has started spring-clean up and is asking for your help. If you have a loved one laid to rest in one of the cemeteries please remove any items that you would like to keep by Wednesday, April 22nd. The Sexton may throw out any items that are faded, worn or not seasonally appropriate. If you have any questions or would like to make special accommodations related to the removal of personal items please contact the Sexton at:

Office Phone: (207)-685-1812
Cell Phone: (207)-557-2790
Email: sexton@readfieldmaine.org

Readfield Community Library



In consideration of public safety the Readfield Community Library will be closed until further notice.

LIBRARY UPDATES REGARDING COVID-19 RESPONSE

Please see the library website <https://readfieldlibrary.wordpress.com/> and click on the "COVID-19 Response/Info" page for the most updated information.

NEW LIBRARY EMAIL

Please note that there is a new email address for the Readfield Community Library, as we have merged with the Town's email system.

Please change the Librarian email address in your contacts to: librarian@readfieldmaine.org

Note that emails sent to our old address WILL be automatically forwarded.

GOOD NEWS!!!—LIBRARY SERVICES STILL AVAILABLE during the CLOSURE include:

- **FREE online services available:** Please note that all Readfield residents have access to the following online services, which are always free with a library card. You will need your library card number to access these services from any device with internet access. Please email the librarian if you have lost your card and need your card number. If you do not have a card, call or email the Librarian to sign up for one.
 - **Cloud Library** for e-books and audio books— <https://www.yourcloudlibrary.com/>
 - **Digital Maine Library** at <https://library.digitalmaine.org> for access to newspapers, magazines, journals, reference materials, online learning resources.
 - **New service:** card holders may temporarily access [ancestry.com](https://www.ancestry.com) at home through the Digital Maine Library. Please visit <https://library.digitalmaine.org/> and scroll down to choose the button that says "Ancestry Library Edition (ProQuest)--For use in Public Libraries--Now Available from Home for Maine Citizens."
 - **Library Wifi:** The library Wifi signal is working and is available 24/7. Please know that access reaches our parking lot.
- **Email and Phone support:** The librarian will be **monitoring email and phone messages**, and will try to respond to patron questions as quickly as possible. Please feel free to leave an email or voicemail. We want to continue to be a resource for Readfield residents as best as possible during this difficult time.

FOR MORE INFORMATION regarding COVID-19/Coronavirus:

- Town of Readfield coronavirus resource page: <https://www.readfieldmaine.org/home/news/coronavirus-information-resources>
- the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- the Maine CDC website: <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml>
- 211 Maine: This service is available by dialing 211 (or 1-866-811-5695), texting your ZIP code to 898-211, or emailing info@211maine.org





March 26, 2020

I want to start this week's COVID-19 update with a thank you. I am grateful to each member of our community for the steps they are taking to protect our health. Thank you for staying at home when possible and practicing social distancing. Thank you for the support you're giving our local businesses through online orders and curbside pick-ups. Thank you to the schools still providing meals for our students. Thank you for finding creative ways to lift each other's spirits. Thank you for demonstrating why I am so proud to live in our community.

This week has brought with it more confirmed cases of COVID-19. And as a result, the Governor has increased our state's response to the pandemic. On March 24, Gov. Mills issued an **Executive Order** mandating that all non-essential businesses and operations in Maine close their physical locations that are public facing, meaning those that allow customer, vendor or other in-person contact. We hope this action will help slow the spread of COVID-19 across the state.

As we continue to fight this public health crisis, remember that we are in it together. I am here to help you in any way I can, and I know our neighbors are, too.

Take care of your blessings,



Craig Hickman

Serving District 81: Readfield, Winthrop and part of Monmouth

207-377-3276

craig.hickman@legislature.maine.gov

TOWN STAFF

Town Manager, Eric Dyer:
manager@readfieldmaine.org
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Town Clerk, Deborah Nichols:
clerk@readfieldmaine.org
Code Officer, Travis Gould:
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Front Desk Clerk, Kristin Parks:
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maintenance1@readfieldmaine.org
Sexton, Ben Rodriguez:
sexton@readfieldmaine.org





Enjoying the Outdoors during a Civil State of Emergency

At KLT, our mission includes: "offer(ing) opportunities for people to enjoy the natural world." Right now for everyone across the globe this is incredibly important.

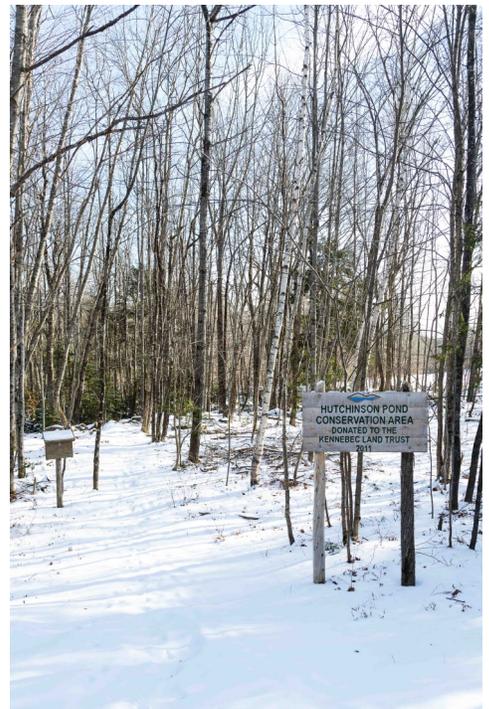
We encourage you to get out in your neighborhood and near your home as you are able-and DO practice social distancing:

- If you are exhibiting symptoms related to COVID-19, or if you have recently been exposed to COVID-19, **please stay home.**
- Stay **at least six feet away** from other people.
- If you do decide to go for hike, remember trails are likely to be slippery from ice and mud, which can increase the difficulty level. Stick to easy trails to avoid injuries and further stress on health care resources.
- Be sure to tell someone where you are going and when you expect to be back.
- **Always leave no trace**, including cleaning up after your pet, so be sure to bring a disposable bag to carry out any waste.
- These tips are adapted from the Maine Bureau of Parks and Lands. Please [visit their website](#) for more details and the most up-to-date information.

Please consider avoiding Mount Pisgah in Winthrop and the Vaughan Woods in Hallowell. These areas tend to be quite crowded making social distancing a challenge. Other options are on our [Property List Page](#).

Over the coming days we are going to share recommended "hidden gem" trails for you to enjoy, as well as tips for staying safe and healthy on the trail. Follow us on [Facebook](#) or [Instagram](#).

And please, send us your pictures of nature near you! (instagram: @kennebeclandtrust or info@tklt.org). March is a special time with signs of spring everywhere.



Tel: 685-4064



Visa/Mastercard

KEN'S DRAG IN AUTO INC.

Rt. # 135, Readfield, Maine

Used Auto and Truck Parts • Auto Repair
Used Cars and Trucks • Buying Junk Cars

Ken Edgecomb

Mark Edgecomb

AGE FRIENDLY READFIELD



Fraud Watch
Network

April 2020 State Scam Alerts

Week 1 -- Death, Taxes and Scammers

Tax time is here again and so are the IRS impostors! Scammers posing as IRS agents or Treasury Department officials continue their deceptive ways. Know that the IRS will first contact you through the mail if you owe taxes. If you receive a phone call or suspicious email or text from the IRS, chances are it's a scammer posing as an IRS agent. If you receive a scam call, hang up immediately and report the call to the IRS at 800-366-4484 or www.tigta.gov. If you receive an email, forward it to the IRS at phishing@irs.gov, and then delete it.

Week 2 – Scams & COVID-19

The world is rallying to combat the spread of COVID-19. People are looking for guidance to better protect themselves. But lurking in the shadows are scammers seeking to take advantage of this opportunity to steal money or sensitive personal information. Know there is currently no vaccine, treatment or cure for the disease caused by the coronavirus – any claim of such is fraud. Consider products that claim they protect against coronavirus to be dubious at best. Carefully scrutinize any new investment opportunity related to a vaccine or cure. Your best bet is to stay up to date with new information and guidance through local, state and federal government sources (all government emails and websites end in “.gov.”)

Week 3 – Impostor Scams By the Numbers

According to the Federal Trade Commission, impostor scams – scams where the con artists pretends to be a government agency, business or personal relationship - were the most commonly reported scam type in 2019. A recent AARP survey backs this up. AARP spoke to adults age 18 and older and found that 47% have been targeted by at least one impostor scam. Worse yet, 18% of U.S. adults targeted or victimized by a scam report experiencing health problems or emotional distress due to the experience.

The best way to avoid impostor scams is to know how they work. And despite the many ways scammers can do their bidding, they are most successful at finding victims by phone. Don't rely on caller ID. Let your answering machine screen calls. Listen to voice messages and ask yourself if something seems suspicious. Call back on a number you know belongs to whomever is calling (your bank, the IRS, Social Security Administration, etc.)

Week 4 – Scams and Fraud Inc.

Traditionally, we think of con artists as lone wolves working out of their basement, but today's scammers are more like cogs in a much larger operation. Most scams today start with a phone call, often originating from foreign telemarketing businesses that operate just like legitimate call centers. "Executives" and "supervisors" manage "salespeople" – the scammers calling you to "close the deal." These are professional criminal enterprises – and they are good at what they do. If you or someone you care about falls victim to their operations, know that it's not the fault of the victim for "falling for" something. Blame the criminal enterprise and fight back by sharing your story, so the next target may not end up as the next victim.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.

THE READFIELD UNION MEETING HOUSE

22 Church Road ~ PO Box 451 Readfield, ME 03455
on the National Register of Historic Places since 1982



April 2020 Readfield Union Meeting House Messenger Article

Spring: we are so looking forward to you. We are hoping for healthier times for all people around the globe. Be safe and kind to one another.

With a very successful Ceiling Challenge fund raiser in March, the Readfield Union Meeting House (RUMH) has the money to cover the final ceiling restoration work to be done by Tony Castro. A very grateful THANK YOU to all who answered the call. With the current shutdown of businesses due to the Coronavirus, Tony is waiting for his staging supplier to reopen and he will be on site as soon as he can.

The International Dinner fund raiser that was scheduled for April 25th has been canceled. Maranacook schools are closed to all students and groups that would use school facilities until April 27th and that closing could be extended.

Good news: the March 1st benefit dinner sponsored by the Weathervane Restaurant & Lounge served a little under one hundred people. Thank you Gigi, Jeff, and staff for supporting the RUMH restoration. Speaking of support, local residents please remember that the Weathervane, is offering take out dinners while they are closed for "in house" eating due to state mandates.

During March, 10 membership renewals and several donations were received as a result of the annual newsletter that was sent out in February. The Board of Directors continues to be appreciative of the community's support from friends near and far.

The ReadfieldU presentation on the Meeting House given by John Perry and Marius Peladeau saw approximately 20 people in attendance. Thank you to both for giving such an informative talk.

So what will take place at the Meeting House? Some outdoor projects and the annual spring clean up of the grounds will occur, naturally with social distancing. The Events, Building, Fund Raising, and Friends of the Meeting House & Vestry committees will be conversing through social media and lots of telephone calls to carry on restoration and events planning for this summer.

Ending on a happy note, remember that Readfield has great trails and a wonderful sidewalk that we can use to get out and exercise and get some fresh air.

Nancy Durgin





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APRIL 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 Readfield Elementary Kindergarten Registration @ RES 8:00am Library Board of Trustees 6:30pm	2 Budget Committee Meeting 6:30pm	3 Assessor in Today - By Appointment Only 8:30am	4
5	6	7	8 Age Friendly Committee Meeting 6:30pm	9 Girl Scouts 5:30pm to 7:00pm Road Committee Meeting	10 Nomination Papers & Referendum Questions Due 7:30am to 3:30pm	11
12	13 2020-04-13 - Select Board Meeting 6:30pm	14 Conservation Meeting 6:30pm	15 SWRC meeting 5:30pm to 7:00pm	16 Union Meeting House	17 Assessor in Today - By Appointment Only 8:30am	18
19	20 Patriots Day - Town Office & School	21	22 Planning Board 6:30pm	23	24	25 CANCELLED - DEA Drug Take Back Day 10:00am to 2:00pm
26	27 2020-04-27 - Select Board Meeting 6:30pm	28 Trails Committee 6:30pm	29	30	1	2

As of this publishing date, many events & meetings have been cancelled, postponed or modified. PLEASE CALL AHEAD FMI



The Readfield Town Office is now open to the public by appointment only.

Call 685-4939 for more information and to schedule appointments.

- Information and resources on the COVID-19 outbreak are available on the Town of Readfield website – www.readfieldmaine.org
- Staff are still working their regular hours and are available by phone or email.
- Please utilize our many online services whenever possible.
- Appointments may be declined for services that are available online.

We will return to our regular operations as soon as possible. Thank you for your patience and understanding.



-Town of Readfield Staff