



# Readfield Messenger



[www.readfieldmaine.org](http://www.readfieldmaine.org)



## State Primary, Annual Town Meeting & RSU#38 Referendum

**Tuesday, June 14, 2022**

**Polls Open - 8:00 AM to 8:00 PM**

Kents Hill School - Alford Athletic Center,  
1617 Main Street, Readfield ME

## *Absentee Ballots are now available!!!*

How to request a ballot:

- In person at the Town Office. Thursday, June 9<sup>th</sup> is the last day to request your absentee ballots – the Town Clerk will be in the office to accept ballot requests until 5:00 PM on this day.
- Online, visit the Town website [www.readfieldmaine.org](http://www.readfieldmaine.org) for more information and link.
- Call the Town Office at 685-4939 and we can take your request over the phone – *phone requests must be made directly by the voter and the voter must speak with Town Office staff; voice mail and email requests are not accepted per State of Maine law.*
- Mail a ballot application to: Town of Readfield, 8 Old Kents Hill Road, Readfield, ME 04355

**Absentee Ballots may be returned by mail, placed in the Town Office drop box or at the polls on election day by the voter or immediate family member.**

**All absentee ballots must be received by 8:00 pm on Tuesday June 14<sup>th</sup>.**

**FOR MORE INFORMATION PLEASE CONTACT THE  
TOWN OFFICE at 685-4939 or at [www.readfieldmaine.org](http://www.readfieldmaine.org)**

# Select Board Corner

Hello friends,

I hope the middle of 2022 finds you well.

On June 14th, the town vote will happen at the Alford Complex at Kent's Hill School. From 8 am - 8 pm, you can come and cast your vote on each article on the warrant (ballot). I'd like to thank Head of School Chris Cheney for continuing this partnership in order to bring us such a perfect space for voting.

On June 14th, I encourage you to vote. I encourage you to take a moment and be informed about the issues you are voting on. Go to [www.readfieldmaine.org](http://www.readfieldmaine.org) for voting info, documents, minutes, etc. Go to our YouTube page to watch old meetings, they are all there. If you don't have access to those resources, you're still in luck.

Each and every member of the Select Board has their contact information posted in this very publication. If you have any questions, reach out to us. We pride ourselves on being transparent with the public, and I stand by that.

Fear is a powerful motivator. Misinformation comes in many forms. Those things seek to divide and no matter what shape they take, the goal is always the same - divide and conquer.

Reach out to us, watch the meetings, and visit the website. Fear and misinformation are no match for facts and data. It's what keeps #readfieldtogether.

*Dennis Price,  
Select Board Chair*

## Select Board Contacts

<b><u>Carol Doorenbos:</u></b>	(207) 446-7535	cdoorenbos@readfieldmaine.org
<b><u>Ralph Eno:</u></b>	(207) 685-3177	reno@readfieldmaine.org
<b><u>Sean Keegan:</u></b>	(207) 446-8725	skeegan@readfieldmaine.org
<b><u>Dennis Price:</u></b>	(207) 577-4919	dprice@readfieldmaine.org
<b><u>Kathryn Mills Woodsum:</u></b>	(207) 685-9094	kwoodsum@readfieldmaine.org

# News from the Town Manager

## Town of Readfield Municipal Budget & Warrant

### Public Hearing June 2, 2022, 6:30pm

Please join us to discuss the **Fiscal Year 2023 Municipal Budget & Warrant**

We will have special presentations on two key projects:

- ⇒ **Community Broadband Project**
- ⇒ **Fairgrounds Community Park and Conservation project**

The hearing will be held at the Town Office and broadcast on cable channel 7.

The public can participate remotely by using the online ZOOM platform with Meeting ID: 881 4960 8367 and Passcode: 781405 or by calling (929) 436-2866.

Public participation is welcome and encouraged! We want to hear from you! Questions & comments can be submitted any time at [www.readfieldmaine.org](http://www.readfieldmaine.org)

### Vote June 14, 2022, 8:00am to 8:00pm

The **Town Meeting / Secret Ballot** will be held at the **Kents Hill School's Alford Athletic Center**, 1617 Main St.

Absentee ballots will be available from the Town Clerk from May 16 through the close of business on June 9.



**Fellowship Hall**  
**1564 Main Street. Readfield**  
**207-685-4211**  
***Rain or Shine!!!***

**YARD  
SALE**

**Saturday, June 11**  
**9:00 am - 2:00 PM**

**LAST DAY TO REQUEST ABSENTEE BALLOTS IS JUNE 9 BY 5:00 PM**



**Application for Absentee Ballot  
June 14, 2022 Primary Election &  
Readfield Annual Town Meeting**

**Absentee ballots will become available and  
will be provided to voters beginning in early May.**

An absentee ballot request must be received by the Municipal Clerk by the close  
of business on **Thursday, June 9, 2022**, unless special circumstances exist.

<u>Application Received</u> (Date/Time)
<u>Ballot Sent/Delivered</u> (Date/Time)
State ___ Town ___ RSU ___

**Voted absentee ballots must be received by the Municipal Clerk by 8 p.m. on June 14, 2022.**

- Full Name of Registered Voter Requesting the Ballot \_\_\_\_\_
- Residence Address of Voter \_\_\_\_\_  
 (Street Address) \_\_\_\_\_ (Municipality)
- Voter's Date of Birth     /     /      
 m m / d d / y y y y
- Contact Information – **Please complete.** Clerk will use only to notify the voter if there is a problem with the application or ballot.  
 Daytime Phone Number \_\_\_\_\_  
 Email Address \_\_\_\_\_
- Method of Delivery of Ballot to the Voter
  - Issued to Voter (Application Required if Voter will Vote **Outside the Municipal Clerk's Presence**)
  - By Mail to this Address \_\_\_\_\_
  - By Immediate Family Member of Voter  
 Designated Here \_\_\_\_\_  
 (Name) (Relationship to Voter)
  - By this 3<sup>rd</sup> Person (Designated by the Voter) \_\_\_\_\_  
 (Name) (Telephone #)
- Signature of Voter *OR*  
 Immediate Family Member of Voter \_\_\_\_\_ Date \_\_\_\_\_

**Note:** If an immediate family member of the voter is completing this application, the relationship to the voter must be provided in 5(c) above. The absentee ballot can be delivered to the immediate family member in person or mailed to the address provided in 5(b).

- Signature of Immediate Family Member Returning the Ballot \_\_\_\_\_  
 Relationship to Voter \_\_\_\_\_  
 (Complete Section #7 Only if Ballot was Delivered to the Voter or a Different Immediate Family Member of the Voter)

<p><b><u>AIDE CERTIFICATE</u> (Must be Completed if Applicant was Assisted as Designated Below)</b></p> <p>If the voter received assistance in reading and/or signing this application, the person who assisted the voter must complete and sign this certificate.</p> <p><b>I helped this voter:</b> <input type="checkbox"/> read the application <input type="checkbox"/> sign the application <input type="checkbox"/> read and sign the application</p> <p>Signature of Aide _____ Printed Name of Aide _____</p>
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# Join the Readfield Tax Club!

**BECOME  
A MEMBER**

Break your upcoming 2022 Property Tax Bill down into affordable, interest free, monthly payments.

**For more information call Teresa at: 685-1817**



## Transfer Station Summer Hours

Open 8:00 am to Noon on Sundays!

Starting Sunday, June 5 - Sunday, August 28

*If you need to contact the Transfer Station they can be reached at 685-3144 during normal business hours*

### 2021 Property Tax Due Dates were due:

1st Half - September 24, 2021

2nd Half - February 25, 2022

Did you remember to pay your taxes?

***Final payments are due by June 30<sup>th</sup>***



# From the Conservation Commission



## Readfield Bird Walk held on May 7

About 15 birders showed up on a chilly Saturday morning and spread over several locations to check for spring birds in our area. A very respectable total of 49 species were spotted or heard. There were the familiar robins, chickadees, loons, sparrows, and lingering winter ducks, but also some nice spring sightings: newly arrived hermit thrush, eastern phoebe, broad-winged hawk, and osprey were welcome. A ruffed grouse was drumming his mating call. We missed seeing a sandhill crane, but they are around.

Special spring arrivals are the beautiful warblers, and we recorded 8 species: ovenbird, black and white, black-throated green, black-throated blue, yellow-rumped, common yellow-throat, and yellow warbler.

Readfield is fortunate to have accessible and varied habitats where birds and other critters can be enjoyed. We hope to do it again next spring, and welcome all to join us. Thank-you to leaders Howard and Brenda Lake, Tom Danielson, and Andy Walsh.



## The Town of Readfield is now seeking volunteer members for the following committees:



- \* Age Friendly Committee: 1 Associate Member (2024)
- \* Cobbossee Watershed District: 1 Alt. Member (2024)
- \* Conservation Commission: 1 Member (2023), 2 Alt. Member (2022 & 2024)
- \* Heritage Days Committee: Multiple Positions Available
- \* Local School Board Advisory: 2 Members (2023 & 2024)
- \* Maranacook Outlet Dam Committee: 1 Alt. Member (2023)
- \* Planning Board: 3 Alt. Members (2022, 2023 & 2026)
- \* Recreation Committee: 1 Member (2024)
- \* Road Committee: 1 Member (2022)
- \* Trails Committee: 4 members (1-2022, 2-2024 & 1 Alt. Member-2023)

*If you are interested in joining any of the above committees please complete the Appointment Application on our Website or stop by the Town Office.*

**FMI 207-685-4939 or [info@readfieldmaine.org](mailto:info@readfieldmaine.org)**

## 2022 Readfield Beach Permit Application

RESIDENT PERMIT: (Readfield Residents & Taxpayers) FREE  
Includes couples and their unmarried dependent children 21 & younger living in household

NON-RESIDENT PERMIT: (No exceptions or grandfathered passes) \$85 (all year)

GUEST PASSES: Guest Passes are required for those who do not have a Resident or Non-Resident Permit. Please see beach attendant on duty to purchase. Pricing is as follows:

- DAY GUEST PASS: \$ 8 / one guest  
\$16 / 2-4 guests

- ONE WEEK GUEST PASS: Permit is valid for seven (7) consecutive days only \$45 Start Date:

\*\*\*\*\*

NAMES: \_\_\_\_\_ MAILING ADDRESS: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_ TOWN: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TEL#: \_\_\_\_\_ CELL#: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

LICENSE PLATE # 1: \_\_\_\_\_ LICENSE PLATE # 2: \_\_\_\_\_

Childcare Provider Name: \_\_\_\_\_ TEL# \_\_\_\_\_ License Plate # \_\_\_\_\_

I am a legal resident of: \_\_\_\_\_. I am the legal parent/guardian or grandparent of all the children listed below and they are all 21 or younger. They will be using the beach under this permit and I will be supervising them at all times.

	Name	Age	Name	Age
1			5	
2			6	
3			7	
4			8	

I am interested in learning more about **Swim Lessons** (price TBD) \_\_\_ Yes \_\_\_ No, for a child aged \_\_\_\_, \_\_\_\_, \_\_\_\_, \_\_\_\_

I am interested in learning more about **Canoe / Kayak rack rental space** (\$40 per season) \_\_\_ Yes \_\_\_ No

I hereby acknowledge that the Town of Readfield does not provide lifeguard services or supervision at the Readfield Beach and therefore users must exercise constant observation and supervision of children and guests at the facility. I understand that this permit can be revoked at any time if policies are abused or information provided does not hold true. Beach rules and procedures are attached. **CHILDREN 14 AND UNDER MUST BE SUPERVISED BY AN ADULT REMAINING ON THE PROPERTY AT ALL TIMES.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Town Clerk Initials: \_\_\_\_\_ Payment: \_\_\_\_\_

**You will be issued ONLY two (2) permits per family.**  
Please know your license plate numbers when completing application, as permits **will not be issued** without license plate numbers.

**ALL Permits are non-transferable and non-refundable.**  
Please make checks payable to: The Town of Readfield

# RULES OF THE READFIELD TOWN BEACH

1. All users of the property are required to have a season permit or purchase a guest pass.
2. All users of beach, water and property assume all risk. There is **NO LIFEGUARD** available at any time.
3. Beach hours: 9:00 am – 8:00 pm.
4. All attendants have the right to stop any behavior which they feel is dangerous.
5. All posted public health rules must be followed.
6. All children 14 & under must be supervised by an adult remaining on the property at all times.
7. When arriving at Beach please:
8. Drive slowly and use caution in parking area
9. Show permit to attendant on duty (or purchase day pass from attendant)
10. Keep permit visible on dashboard at all times
11. Possession or consumption of alcoholic beverages or drugs is prohibited.
12. No glass of any kind is allowed on the property.
13. No animals of any kind are allowed on the property.
14. All boats (including windsurfers, canoes, and kayaks) are to be kept out of the swim area, and may come ashore on the west side of the beach, outside the buoys.
15. No fishing allowed within the beach buoy area.
16. No swimming beyond the buoys and no rough play anywhere.
17. The use of floats and rafts in the swim area will be limited by the discretion of the attendant on duty.
18. Swimming diapers are required for all children wearing diapers. Soiled swimsuits or diapers may not be rinsed out in the lake. Failure to provide a swim diaper for your child while in the water is cause for immediate revoking of your permit.
19. There are no trash cans available anywhere on the Beach property; therefore we have a “carry-in, carry-out” policy for all trash.
20. There is absolutely no tobacco use or vaping allowed anywhere on the property.
21. All holes dug in the sand must be filled in when play is finished.
22. Permit holders wishing to have any group function should call the Readfield Town Office at 207-685-4939 in advance to arrange fees and schedule times.
23. No inappropriate language of any kind will be allowed.
24. All music must be kept to a level as to not to disturbed others using the beach.
25. All grill fires need to be doused with water before leaving.



**Thank you for keeping your beach safe and enjoyable!**

***The Town of Readfield and our authorized representatives reserve the right to revoke a permit for violation of any of the above.***





**READFIELD BEACH  
CANOE/KAYAK STORAGE RACK RENTAL APPLICATION**  
2022 Season (May 1 – November 1, 2022)



*Please Print Clearly*

Owner's Name: \_\_\_\_\_

Residential Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone: (day): \_\_\_\_\_ (evening): \_\_\_\_\_ (cell): \_\_\_\_\_

E-mail address: \_\_\_\_\_

Canoe/Kayak Color: \_\_\_\_\_ Canoe/Kayak Length: \_\_\_\_\_

Preferred Rack #(s): \_\_\_\_\_

**TERMS OF AGREEMENT  
FOR RENTAL OF CANOE/KAYAK STORAGE RACK - READFIELD BEACH**

- 1. Rack space rentals are available to current year Readfield Beach Pass holders over 18 years of age.**
2. Cost of one rental rack space is \$40 from May 1 – November 1. Rental fee must be paid prior to the start of storage.
3. Maximum length/width for the canoe/kayak racks is 18'0" / 2'4". Paddleboards, sculls, etc. may also be stored.
- 4. Rack rental is not allowed for any watercraft used to access a moored vessel.**
5. Rack rental is on a first come, first served basis. Upon receipt of completed application and payment, racks will be assigned by number. Rack rental and assignment is at the discretion of the Town Manager or designee.
6. Before storage, Owner must attach their assigned rack number to the canoe/kayak by a secure means.
7. Owner agrees to remove canoe/kayak by November 1. Failure to remove canoe/kayak from rack by date stated will result in the inability to rent during subsequent seasons.
8. Owner must ensure the canoe/kayak is reasonably secured in its assigned rack and will not pose any danger to any passersby. Owner must provide locking mechanism.
9. Owner must ensure the canoe/kayak rack space is clean and tidy at all times. Nothing other than one canoe/kayak can be left on, in, around or by the rack at any time (e.g., paddles, floatation devices, etc).
10. Canoe/kayak may not be left outside the designated storage area.
11. The storage rack unit may only be used for the one canoe/kayak listed above. Eight rack spaces are reserved for paired use. Paired spaces are 1-2, 3-4, 11-12, 13-14. There is a one space (or paired space) limit per household.
- 12. Owner acknowledges that canoe/kayak storage rack rental is at their own risk. The Town of Readfield accepts no responsibility for loss of or damages to the canoe/kayak. Failure to comply with above terms will result in termination of this agreement with no refund of rental fees.**

**I agree to abide by the rules and regulations stated above and I hold myself solely responsible for any mishap/injury or damage to the canoe/kayak listed above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\* Office Use Only \*\***

Payment Type: ( ) Cash Amount: \_\_\_\_\_ ( ) Check # \_\_\_\_\_ Amount \_\_\_\_\_  
( ) Visa / MasterCard #: \_\_\_\_\_ Exp Date: \_\_\_\_\_ Security Code \_\_\_\_\_

**\*\*All Credit Card transactions will incur a 2.95% convenience fee\*\***

Assigned Rack Space(s): \_\_\_\_\_ *Applicants will be notified of their rack assignments*

Make Check Payable to "Town of Readfield" • Send application with notation "Attn: Rack Rental"



# BEACH ATTENDANT

The Town of Readfield has an opening for a part-time seasonal Beach Attendant to assist with daily activity, programming, grounds maintenance, and the overall experience of users at the Readfield Public Beach.

**APPLY NOW!**

Applicants must have excellent customer service skills, the willingness and ability to perform physical work in an outdoor environment, and the ability to be productive while working independently. Flexible schedule 20-30 hrs/week, \$13/hr. A job description is available at [www.readfieldmaine.org](http://www.readfieldmaine.org)

Interested applicants should contact Town Manager Eric Dyer. The position will remain open until filled. Call 207-685-4939 with any questions.

*The Town of Readfield is an Equal Opportunity Employer*

## Age Friendly Update

As the town fiscal year ends in June, we say thank you and good luck to Ann Mitchell who has served on the Age Friendly Committee since its inception. Ann has been a loyal member through several house moves including one out of town! We consider ourselves lucky to have had her for as long as we have. Ann has a great sense of humor, is smart and takes initiative, as well as provides support for the Committee's work as its Secretary. She is a clear thinker and has lots of ideas. On top of all of that, she is a great baker and creates the most delicious treats. We will miss Ann but know that she will keep in touch with all of us. Thank you, Ann and best wishes for all that you do.



This is also my last contribution to the Messenger and Committee. It has been a privilege to serve as the Committee Chair since we started, even though I have offered to give up the privilege many times! Thank you to the Select Board for its support and encouragement, and in particular, Bruce Bourgoine who helped start this journey. And a big thanks to the Town Manager, Eric Dyer, for being available and ready to help when needed. His positive attitude helped support our work in many ways.

We are lucky to live in a community that strives to be "livable" for residents of all ages. The World Health Organization describes livable communities as including essential features that allow residents of all ages and backgrounds to thrive. Livable communities also include public spaces that benefit everyone and encourages community participation and involvement. I believe we have worked toward this goal, though there is much work still to be done in the areas of housing and transportation. The Committee will continue this work and remain an important component of the town's activities.

I wish to thank all the volunteers who have served on the Committee, provided Handyman Services, installed smoke alarms in homes, contributed their knowledge and shared their passion through Readfield U, helped write grants and done countless others tasks and activities. I consider many of you to be among my dearest friends.

**With our departure there are 2 openings on the Age Friendly Committee. Please consider joining. It is a great group with an open agenda. We are working toward enabling Readfield to be a place we can all thrive...or be a livable community. Thank you - Romaine**

# READFIELD HISTORICAL SOCIETY

## Volunteer of the Year

Evelyn Adell Potter was recognized as the RHS Volunteer of the Year at the annual meeting on April 30<sup>th</sup>. She was born at Readfield Depot in 1930 where she resided until 1945, when she moved to Kents Hill and has remained there ever since. Among the positions Potter has held was administrative assistant to three Headmasters at Kents Hill School; she worked in the Readfield Tax Assessor's office for several years; and for a local pediatrician. She also served on the Town of Readfield Old Records Committee in the 1970s and 1980s, and participated in the first history walks during those years. Wherever Evelyn goes she enjoys meeting people and sharing stories about Readfield's history. Her earliest ancestors settled in East Readfield about 1775 and her family has now lived in Readfield for ten consecutive generations. Evelyn was one of the RHS founding members in 1985 and she has remained involved ever since by assisting visitors with research, making and indexing scrapbooks and helping with recording and transcribing oral histories. She is also the RHS Historian and Corresponding Secretary and rarely misses opportunities to serve as a docent. At age 91 she is still going strong and continues to be proud of her town.

### ANNUAL MEETING AND PROGRAM

The first in person annual meeting since 2019 was held on April 30<sup>th</sup> at which the membership elected the following officers: Bob Harris, president; Andy Tolman, VP; Chris Sammons, treasurer; Dale Potter-Clark, secretary; Jeanne Harris, Melanie Lanctot and Greg Durgin. After the business meeting six panelists, ages 71-91, shared stories about the years they've lived in Readfield. Evelyn Potter, Brenda Deojay, Melanie Lanctot, Chris Dumaine, Ed Dodge and John Lord were the panelists. Sixty attendees enjoyed the program and asked good questions. It was suggested a similar program be done again sometime, with some other longtime residents.



PHOTO CAPTION: Evelyn Potter at the Readfield Historical Society annual meeting on April 30<sup>th</sup>.

### SUMMER HOURS

Opening Day is Saturday, May 28<sup>th</sup> 10-2 and the summer 2022 schedule is 10-2 on Thursdays and Saturdays plus at other times by appointment. To make an appointment: 377-2299 or [readfieldhistorical@gmail.com](mailto:readfieldhistorical@gmail.com).

*The Readfield Historical Society was founded in 1985 to preserve the rich history of Readfield and its people. Annual dues are \$5 for seniors or \$10 for others or \$100 for lifetime memberships. Checks made out to the Readfield Historical Society can be mailed to PO Box 354 Readfield 04355. FMI contact (207) 377-2299 or [readfieldhistorical@gmail.com](mailto:readfieldhistorical@gmail.com) Visit us on Facebook to see posts of a historical nature and updates from our organization.*

Tel: 685-4064



Visa/Mastercard

### **KEN'S DRAG IN AUTO INC.**

Rt. # 135, Readfield, Maine

Used Auto and Truck Parts • Auto Repair  
Used Cars and Trucks • Buying Junk Cars

Ken Edgecomb

Mark Edgecomb



# NEWS & NOTES FROM THE TRAILS

Hello Readfield Trail Walkers,

As I write this article after a morning bird walk we are enjoying a near perfect day for outdoor activities with bright sun, light breezes, and very comfortable spring temperatures. Perfect weather for getting out and enjoying our trails which are in very good shape thanks to our volunteers and our conscientious trail users. The efforts of everyone are important to keep our trails open and free of litter, and our parking areas clean.

Recently a group of 9 Maranacook Middle School students and one staff member volunteered to do clean-up work around the Union Meeting House and that included work on the Community Pathway from the Readfield Community Library to the Church Road. We thank them for their respect for our town's history and their willingness to contribute to the upkeep of our town's special features.

I would like to encourage trail supporters to vote yes for Article 11 on the Readfield Budget Warrant because that article includes the budget for our trail work. Even if we do not spend our entire budget in the coming fiscal year that money will remain in our carry over account for work in future years. If it were not for some recent very generous donations from local trails supporters our funds would presently be depleted due to the work completed on the Fairgrounds Trail System over the past year.

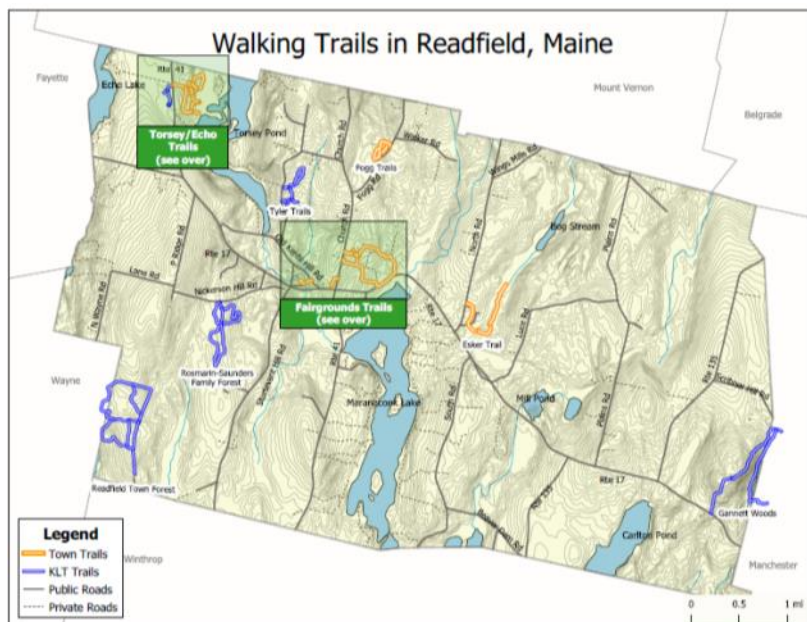
Please contact me if you are interested in volunteering for trail work or would consider joining the Readfield Trails Committee.

Our trail maps continue to be available at the town office and on-line ([https://www.readfieldmaine.org/sites/readfieldme/files/uploads/readfield\\_trails\\_2019\\_map.pdf](https://www.readfieldmaine.org/sites/readfieldme/files/uploads/readfield_trails_2019_map.pdf)).

Please let us know if you encounter damage or other issues when on our town trails.

Dog owners please note: Dogs are required to be on leash or under voice control on all town properties including our trails.

*Respectfully submitted by Rob Peale, Chair, Readfield Trails Committee.  
rnreadfieldgov@gmail.com; 207-458-4259*



## **E-Alerts Subscription**

An easy way to keep up-to-date with Town Happenings!

The Town of Readfield website has a feature to subscribe to e-alerts.

Go to [www.readfieldmaine.org](http://www.readfieldmaine.org) and click on E-Alerts to sign up.

*Your email will be treated as confidential information.*



## JUNE 2022—LIBRARY NEWS and EVENTS

### Library Hours

Mondays	3pm-7pm
Tuesdays	10am-4pm
Wednesdays	1pm-7pm
Saturdays	10am-4pm

### Welcome back SUMMER RESIDENTS!!



A very warm "welcome back" to our Summer Residents!  
Please stop by the Library soon!

### SUMMER READING PROGRAM—"Oceans of Possibilities"—for children and teens, and an adult program too!

The Summer Reading Program at the Readfield Community Library will run for 9 weeks this summer from June 20<sup>th</sup> through August 20<sup>th</sup> and will be open to all ages. We will have the traditional children/teen program, but will also have an adult option as well. More details and info about prizes will be forthcoming in a separate email, but for now, here are the important dates:



- o **Summer Reading Program: June 20<sup>th</sup> through August 20<sup>th</sup>**; readers will be able to log their minutes using the Beanstack App or paper log forms
- o **Kickoff Event, Registration, and Ice Cream: Monday, June 20, 6:00pm**
- o **Final Celebration:** Chewonki's "Tide Pools" program on **Monday, August 22, 6:00pm**

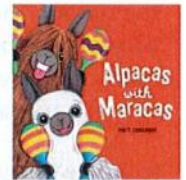
### ALPACA-themed STORY WALK EVENT on June 4th!



Meet and learn about our friendly neighborhood Alpacas on Saturday, June 4<sup>th</sup> 10:00am. First, we will start outside behind the Library to enjoy the June StoryWalk book *Alpacas With Maracas*. At the end of the walk, we will meet Penny the Alpaca and her friends (yes—real, live alpacas!) to learn where alpacas come from, the difference between alpacas/llamas, and what alpaca fleece is used for. Then, we will walk back to the library for some music and a craft. [Rain date will be Saturday, June 11<sup>th</sup> at 10:00am.]

### June STORY WALK® at the Library—*Alpacas With Maracas* by Matt Cosgrove

The Library StoryWalk® is always open for all to enjoy! The walk begins on the trail behind the Library and goes about ¼ mile to the Readfield Union Meeting House. **The picture book featured for June is *Alpacas With Maracas* by Matt Cosgrove, sponsored by the Starrett/Clarks in memory of Colleen Braucher.** Please feel free to walk the StoryWalk® at any time that works for your family, regardless of whether the Library is open. And, be sure to stop by the Library during open hours to pick up the take-home craft that goes along with the story.



### Weekly In-Person Outdoor STORY TIME is back!!



Join us outside BEHIND THE LIBRARY on **Tuesdays at 10:00am** for books, songs, and crafts. Note we will transition to our summer location at the Town Beach in mid-June. Watch Facebook events for details or call the Library. In June, themes include alpacas, dinosaurs, summer, and friends/friendship.

### NEW! COASTAL MAINE BOTANICAL GARDENS Library Pass



This summer, the Library is pleased to offer a wonderful opportunity for Readfield residents to enjoy to Coastal Maine Botanical Gardens in Boothbay for FREE! This pass program is made possible by ARPA 2021 grant funds administered through the Maine State Library that the Library received.

#### How the Library Pass Program works:

The Readfield Library may schedule **two adults plus any number of their children/grandchildren under the age of 18** on EACH calendar day during the summer season (May through October). When a library patron requests a pass to visit the Gardens, the library will check for available dates and may book any day not already held by other patrons of the Readfield Library. We will then email or print the tickets for the patron to present for admission to the Gardens. Please call the Library at 207-685-4089 or email [librarian@readfieldmaine.org](mailto:librarian@readfieldmaine.org) to reserve a date.

### MAINE STATE PARKS—Vehicle Pass Available to check out



Visit a Maine State Park for FREE with the Vehicle Pass from the Library! Thank you to a very generous patron for the pass donation! Checkout period is for one week, and pass should be returned inside the library (not in the Book Drop, please). If you are planning a trip, you may reserve a pass in advance.

### JUNE LIBRARY BOOK GROUP MEETING (for Adults)

Our monthly Library Adult Book Group is open to all! Our next book group meeting will be **Monday, June 27<sup>th</sup> at 6:30pm** to discuss the fiction selection ***West With Giraffes* by Lynda Rutledge**. To request a copy of the book, please call 207-685-4089 or email [librarian@readfieldmaine.org](mailto:librarian@readfieldmaine.org). We will plan to meet outdoors, in person behind the library (if rain, we will Zoom).



### CAREER CENTER CONSULTANT at the Library continues in JUNE and JULY!



A proud partner of the americanjobcenter network

with many job and career-related needs such as **job search coaching** and **resume and cover letter guidance, all for FREE!** Drop-in or call ahead to make an appointment (call Marc at 207-707-0228).

The "Career Center on Wheels" program at the library has been a success and **will continue to run on Mondays from 3-5pm at the Library through June and July**. Marc is a friendly, helpful career consultant who is available to assist



### CAKE PANS available to borrow!



Do you have an upcoming event and need a **cake pan and/or cake decorating tools**? We now have a cake pan collection at the Library available for borrowing, recently donated by a generous patron. This new lending library of cake pans will be available in June. Please inquire at the Library!

### LIBRARY WiFi UPGRADES through PROJECT CONNECT

Great news! The WiFi at the Readfield Community Library received an upgrade in February through ITDRC Project Connect. We now have more robust WiFi throughout the building (including upstairs for when the upstairs renovations take place) and an additional outdoor WiFi access point which boosts the strength/range of the outdoor WiFi through the back parking lot and into the "Library Park" area behind the Library. **The WiFi network name is "Readfield Community Library" with no password required. WiFi access is available 24-7 to the parking lot and Library Park area, and available indoors during all open hours.** As a reminder, we also have a WiFi printer for patrons, which may be used with personal mobile phones, tablets, laptops, or with Library patron computers.



### Outdoor "LAWN LIBRARY"



Do you need a **great outdoor space to read a book, have coffee or lunch with a friend, or check your email**? Behind the Library we have a picnic table as well as NEW Adirondack chairs and café-style tables and chairs to sit and read, relax, work, and/or connect with friends and neighbors. The new outdoor furniture was purchased with funds the town received through an **AARP "Community Challenge Grant."** Thanks to Romaine and the Age Friendly Committee for their help and work on this grant. We will also have free magazines (oldies but goodies) for the taking available outdoors all summer.

### Summer is a great time for PUZZLES!

The Library has a large variety of jigsaw puzzles for all ages to borrow, from toddler and children's puzzles through 500, 100, and 1500 piece puzzles for teens and adults. A great way to spend a quiet summer evening!



### WHAT'S NEW AT THE LIBRARY?

Visit our website to see the newest books, movies, and audio added to the collection!

<https://readfieldlibrary.wordpress.com/new-items/>

### UPDATED COVID-related LIBRARY INFO

For the most updated information: <https://readfieldlibrary.wordpress.com/covid-19-response-info/>

# Maranacook Area Food Pantry (MAFP)

The MAFP continues its weekly mission of supplying food boxes to local families that face food insecurity. Presently we are servicing 20-22 families per week. Our pantry committee does so, not in a void, but with partners both local and “from away”!

Members of the Readfield United Methodist Church routinely drop off boxes of donated items to the Readfield Town Office to help keep our shelves stocked. Augusta Food Pantry supplies us with 16 “kid packs” weekly that a community volunteer picks up and brings to the middle school. These packs are filled with healthy snacks that go to the families that have children and are a great supplement to the standard boxes. Farmer Kev's LLC from West Gardiner has been with us from March, 2020 providing bi weekly bags of fresh vegetables and fruit. He also encourages his vendors to support our pantry financially! A few weeks ago a local business, Homestead Healers owned by the Vastistas family, approached us with a desire to supply eggs every other week at minimal cost to the pantry. Winthrop Food Pantry calls us when they have extra commodities that they can share. Food insecurity research often points out that eggs and fresh produce are often missing in the diets of individuals needing food assistance. As we have mentioned before, at holiday time we have wonderful support from the Lions Club and Highbrow in Manchester.

There are also folks that work behind the scenes that should be highlighted that give support in a variety of ways that are essential to the running of the pantry. From Readfield, residents Bob Petersen is always on the lookout to help with extra supplies and contacts from Mt. Vernon Food Bank. Jill Harriman makes the bi-weekly trek to West Gardiner to bring us the fresh vegetables from Farmer Kev. Mt. Vernon resident and retired Maranacook staff member Mary Anne Libby has from the get go logged all monetary donations and written thank you notes to donors. Kim Bowie, a mentor at the middle school from Manchester and Katie Baker and Nancy Durgin from Readfield donate their time on Wednesdays to pack the boxes that are distributed on Thursdays. Wayne resident Jim Perkins picks up the weekly boxes that go to Wayne residents who aren't able to drive to Readfield.

Readfield's Sonya Clark picks up and delivers weekly bread donations for all our families. As I mentioned in an earlier Messenger, there are numerous folks who drop off food and /or financial assistance at a school or a town office and escape without any recognition but we appreciate their help.

The Maranacook Education Foundation / Rick Wilson is and has been a major source of lining up funding through their contacts. Wayne resident and school volunteer Lee Behrendt helps with box distribution on Thursdays. He is joined by staff members Nick Lopez, Kim Fletcher, Adam Scarpone, and Mary Ellen Tracy who distribute and make weekly deliveries to families.

The MAFP would like to make a special mention of appreciation to RSU # 38 Payroll Specialist Lynn Sawtelle for her expertise, dedication, and professionalism in handling the too-numerous-to count financial transactions for the MAFP account for about three years without ever missing a beat! We wish her all the best in her new adventure!

*Respectfully submitted,, Greg Durgin for the MAFP*

## Maranacook Food Pantry

Thursdays 3:30-4:30 PM ~ FMI Call 207-685-4923



Food donations can be dropped off  
at the Readfield Town Office

# News from the Broadband Committee



## Town Meeting Questions on Broadband

On November 2<sup>nd</sup> 2021 voters in Readfield spoke loud and clear by approving three articles concerning bringing Internet service to all locations in our town.

There were 1015 residents who voted out of approximately 2300 registered voters. Of those who filled in a choice the results ranged from 70% to 78% approval. These votes have provided a clear direction to

the Select Board and Broadband Committee. Both groups are committed to a prompt follow-through by assessing the available solutions and choosing the best and most equitable one to be presented at a Town Meeting in 2022.

## News From the Broadband Committee June 2022

The committee met on April 27<sup>th</sup> and May 11<sup>th</sup>. We discussed the ongoing negotiations with Axiom along with informational documents for the public and provided suggestions to the Town Manager for consideration. There were two residents in attendance at our May meeting.

Questions were asked and answered. The committee urges all residents to express their desires by voting on June 14<sup>th</sup>.

The Select Board and Budget Committee have approved placing a Broadband article on the Town Warrant for the June 14<sup>th</sup> Annual Town Meeting. The article asks the town to enter a contract with a preferred vendor to build the fiber optic network throughout Readfield and then to operate the network on a long-term basis. This contract will provide 1-Gigabyte symmetrical fiber service to all locations, excellent customer service and network repair service, along with very affordable consumer pricing.

The contract has been developed and is undergoing legal review currently. If approved by voters the Town will be ready to move forward.

Readfield Fiber is a series of web pages explaining all about our proposed fiber network. Look for the link on the front page of the Town Website [readfieldmaine.org](http://readfieldmaine.org) or directly at [readfieldfiber.squarespace.com](http://readfieldfiber.squarespace.com)

The committee is meeting next on June 15<sup>th</sup>. We will be discussing how to move forward based on the outcome of the secret ballot vote at town meeting. All meetings are public and will be held in person at the Town Office along with remote access. Look for links on the town website and for email alerts if you have signed up for them. Signup for email alerts is available on the town website. We publish monthly updates. [www.readfieldmaine.org](http://www.readfieldmaine.org)



# Phase 2: Overview

## Softball Field (regulation)



The next phase builds upon the original plan and balances conservation and recreation goals while envisioning a multi-use facility that will meet the present and future needs of our community.

The plan prioritizes the construction of a regulation softball field to match the quality and use of the existing baseball field.

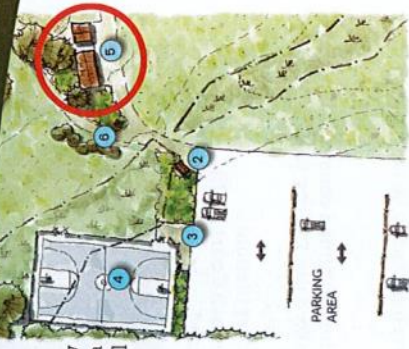
Multi Use Athletic Fields Layout A  
Softball & Baseball Field w/ U12 Field



Multi Use Athletic Fields Layout B  
(1) U10 & (3) U6-8 Fields

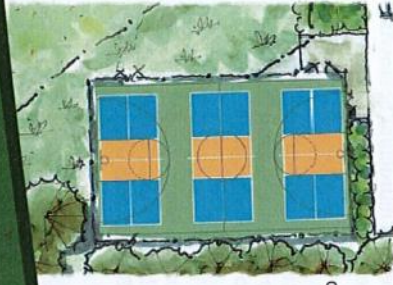
The positioning of the new field is designed to maximize the use of open space between infields, and will allow the town to host a long list of sports and activities that include soccer, ultimate frisbee, field hockey, lacrosse, community events, and more.

# Key Plan Elements & Amenities



Phase two also includes construction of a new concession stand area at the parking lot trail head for community and sporting events. (see drawing)

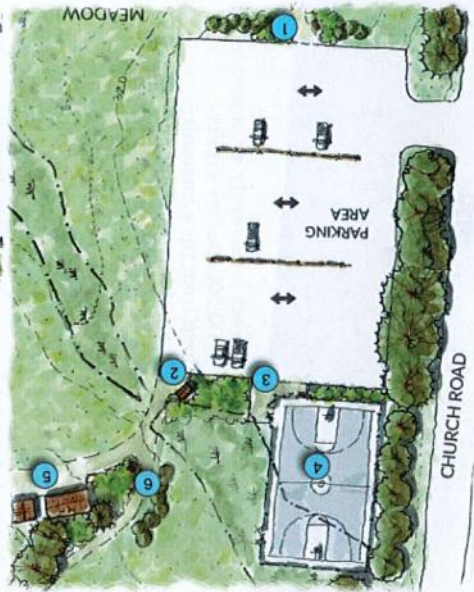
Placement of the concession stand within the design accounts for easy service & delivery access.



The plan also includes the construction of a regulation outdoor basketball court to include:

1. Court (cement or tar)
2. (2) Hoops
3. Acrylic Paint

The multi-use court design includes (3) pickleball courts to maximize use of the space.



### Additional Amenities:

- ✓ Relocated trail entrance to minimize visual impacts to abutter and to align with main trailhead
- ✓ Entrance to basketball court with bench seating area
- ✓ New ballfield access drive/path, 8+ feet wide for maintenance and field access
- ✓ Dedicated location for portable toilets
- ✓ Seating areas adjacent to path for spectators
- ✓ Drilled well
- ✓ Preserved meadow area
- ✓ New flagpole
- ✓ Pollinator garden

**Not RSU Sponsored**

Not RSU Sponsored

# Readfield Fairgrounds History

To date, the use of the Readfield Fairgrounds has been governed by the Fairgrounds Management Plan, written in 1995, in conjunction with Select Board actions, town votes, and town ordinances.

The first concept for a multi-use facility at the fairgrounds was drafted in 2009 (see site plan below) and included a baseball field, softball field, outdoor basketball court, concession stand, trails, and various amenities. In 2013, an initial phase of development was approved, but construction was limited to a single baseball field, a parking lot, and trails.

Since that time, the parking lot has been expanded and the use of the property has increased, particularly during the pandemic. This new project phase proposes the completed development of the property similar to what was originally designed.



2009 Plan

# Cost Analysis & Next Steps Vote on June 14th!

The full cost of this project is currently estimated to be between \$350,000 - \$400,000, but we expect continued financial help from the community, organizational grants, and individual donations that will help to reduce the actual cost to the town. Even in the event that we receive no grants and no community donations, the average homeowner would pay less than \$20 per year for this project.

There are two articles on the June 14th Town Meeting Warrant. Article 12 approves the municipal borrowing (up to \$500,000) and Article 13 to actually approve the project.

We hope you will support this incredible opportunity for our community, and if you'd like to contribute in any way please reach out to the Town Office!

Voting will be held on Tuesday, June 14, 2022  
8:00 am to 8:00 pm  
Kents Hill School - Alford Athletic Center  
1617 Main Street - Readfield ME 04355



SCAN ME



SCAN ME

[www.readfieldmaine.org](http://www.readfieldmaine.org)

Readfield Rec Facebook

# Readfield Fairgrounds Community Park & Conservation Project Where Readfield Comes Together!

The Fairgrounds is a roughly 36 acre municipally owned property located off of Church Rd. It was acquired by the Town in 1994 and has supported a number of uses over the years including conservation, parks and recreation, trails, and one of our most prominent cemeteries.

Over the past few years the importance of outdoor recreation has become more evident and the Readfield Recreation Board and Select Board have worked actively with key stakeholders to propose a second phase of development to be considered by the voters.

The plan calls for the continued construction of a centrally located mixed use facility to consist of the following:

- Softball Field (Regulation)
- Outdoor Basketball Court (Full)
- Concession Stand



2022 Plan

# Transfer Station News - June 2022

## Save the Date

Sun July 10<sup>th</sup> 8am to 12 Noon

## Household Hazardous Waste Collection Event

At the Readfield Transfer Station!

No charge for permit holders

Registration required; Contact your Town Office for more information and to register



Do Bring: All Battery Types; Unwanted mixed and unmixed Fuels; Household cleaners, chemicals & pesticides; Unused or unwanted pharmaceuticals. **NO Explosives.**

Electronic Payments are now accepted at the Transfer Station in addition to cash and checks.



You will receive a printed receipt for all transaction types. We accept debit and credit card payments in addition to cash and checks. Use of an electronic payment

## Now Open!

Please bring items in and feel free to take items you can use.

Recycling Through  
Re-Use



**Practice Kindness Please.** Please remember to be patient with everyone while you are at the Transfer Station. There are many challenges presented to using the space safely and efficiently and everyone handles those in their own way. But please try to be patient and understanding of other patrons and our employees. Everyone is doing the best they can and deserves to be treated respectfully and with kindness. Thank you for efforts to make this Town operated facility function well.

## General Operation Practices

All vehicles must stop at the Attendant Booth to speak with an employee about what materials you are bringing in, to receive directions on where to dispose of these materials, and to pay any required fee.

Please leave when you are finished to avoid making the space congested.

## Transfer Station Fall/Winter/Spring Hours

Tuesday, Wednesday & Friday  
11 AM to 6 PM

Thursday Senior-Only Hours  
10 AM to 2 PM

Saturday  
8AM to 4PM

Beginning June 5<sup>th</sup> Sunday Hours  
8AM to 12 Noon

WASTE LESS  
SAVE MORE



RECYCLE  
COMPOST

Readfield Solid Waste and Recycling Committee



# Readfield Union Meeting House



The Board Of Directors of the Readfield Union Meeting House (RUMH) want to thank Ms. Turcotte's Maranacook Middle School advisee group for helping with yard work around the Meeting House and Vestry on May 5<sup>th</sup>. A truck full of branches, twigs, and leaves were gathered to be carted to the transfer station.

Music alert: Stan Davis, from Wayne, gave a wonderful benefit concert on Sat. May 14<sup>th</sup>. If you missed his concert at the RUMH, you can check his Facebook page for future shows in our area or contact him through email: stanleyfdavis@gmail.com to schedule an "In House" concert. Thank you Stan for supporting the RUMH restoration projects.

On June 25<sup>th</sup>, the RUMH board will host an Ice Cream Social for all 2022 members and their families. This will be outside on the Meeting House lawn at 1pm (rain date Sunday the 26<sup>th</sup>). Each year Membership support is very important to sustain operating cost for our building, so the board wants to thank you. Corn hole games will be available for a little competition among friends. If you have questions, please call or email Nancy Durgin. ph.685-4481 or durgie@roadrunner.com.

Below is the 2022 calendar for Activities and Events;  
You can be entertained locally this summer!

<b><u>2022 Activities &amp; Events at Readfield Union Meeting House</u></b>				
<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Price</u>	<u>Other Notes</u>
Sat, May 14	7 PM	Stan Davis	By Donation	Singer, songwriter
Thu, May 26	4-6	Turkey Pie Supper, curbside	\$12 each meal	Pre-order by 5/19
Summer		On-line Silent Auction	By bid	
Sat, June 25	1 PM	Ice Cream Social, Corn Hole	Free	RUMH Members only
Tue, July 5	7 PM	Gawler Family	\$15.00	Fun fiddlers
Sat, July 9	1 PM	Strawberry Shortcake Fest	\$5.00 ea.	Curbside
Sun, July 10	1 PM	Celebration of Life Marius	Memory or photo	Public invited
Tue, July 19	7 PM	Brad Terry & Friends	\$15.00	Jazz clarinet
Sat, July 23	10-2	Craft Fair, light food served	Free admission	Table space rental \$15
Tue, July 26	7 PM	Sandy River Ramblers	\$15.00	Best bluegrass around
Sun, Aug. 7	7 PM	Dave Mallett	\$25.00	Also benefits Starling Hall
Tue, Aug. 16	7 PM	Greg Boardman, Owen Kennedy	\$15.00	Area fiddle favorites
Sun, Aug. 21	4 PM	Bernd Heinrich	\$20.00	Naturalist, Author
Sat, Oct. 29	Noon	Soup or Chile to go, curbside	TBD	
Sun, Oct. 30	5 PM	Pumpkin Fest	Come in costume	
November		Pampered Chef Sale	On-line	



**Save the Date**

**8/27/22**

**The Manchester Lions, are Bringing Back**

**The Central Maine Amazing Race!!!**

**Are you up for the Challenge?**

**Email Lion Deb Maddox at [debrahmaddox@yahoo.com](mailto:debrahmaddox@yahoo.com)**

**Or Call 207-441-9906**



## **Manchester Lions Central Maine Amazing Race Rules**

- All pledge sheets must turn in on August 27, 2022
- Minimum sponsors to participate is \$200 per team
- Teams must consist of 2 individuals
- Teams must sign up by calling Deb at 207-441-9906 or emailing at [debrahmaddox@yahoo.com](mailto:debrahmaddox@yahoo.com)
- Teams will earn points based on completion of challenges and placement at the Pit Stops
- Individuals can earn points before the start of the race. 1 point for each additional \$100 raised up to a total of 5 extra points
- This is an all-day event with prizes to be awarded at Award Dinner to take place after the race; cost of dinner is additional cost unless \$300 or more is raised by your team of 2
- All teams will rotate each challenge unless the challenge requires 2 participants
- Team must participate in all challenges unless they use an Express Pass, or a time penalty will be issued
- All rules will be reviewed prior to the start of the race
- All racers must be checked in at the Manchester Lions Club by 9am on August 27, 2022
- The 2 teams with the most amount of pledges at check in will receive an Express Pass to be used on 1 challenge

# Mark your calendars There are two wonderful events in June at The Gallery.

**Five feet under or not... Chuck Lakin ~ [crlakin@colby.edu](mailto:crlakin@colby.edu)**

**June 11th 11:00-12:30**

**A one-session workshop that will take 1 ½ to 2 hours**

**RSVP to Camille Davidson 207-522-7325**

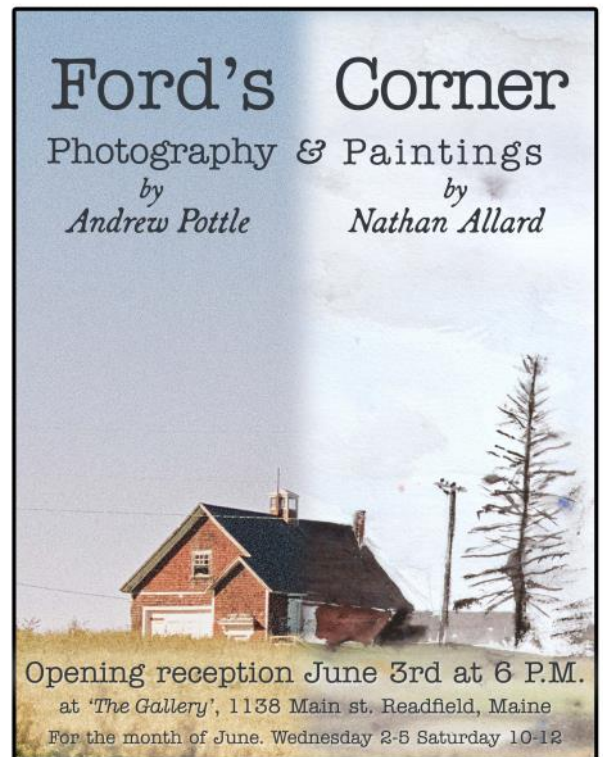
EVERYONE should have figured out what they want to have happen to their body after they die. This class will give you the information you need to make good decisions about those choices. This is a non-scripted class, with half of it devoted to answering your questions.

“ We’ll start by talking about the legal documents everyone should have in place, then cover planning ahead, writing things down, and having a conversation with the family about those plans. That will lead into a Q&A guided by your questions. We can talk about funeral options, home funerals, green cemeteries, alkaline hydrolysis, family burying grounds, scattering ashes, the paperwork, whatever you want to know. We’ll share stories. I’ll bet that you’ll even laugh sometimes.

If you think that this is a morbid class to be avoided at all cost, you’re wrong. My purpose is to give you the information you need to make good decisions about what happens to your body after your death and to answer any questions you may have about those choices. You’ll be surprised at how many choices you have. A recent attendee called the class “riveting.”

Sign up for this class and Chuck will answer ALL your questions and introduce you to options you didn’t know you had.

Bio: Chuck is a woodworker and home funeral educator, whose interest in this topic came from his experience at his father's death. He wanted to be part of what happened after the death, but didn't know what to do, and missed out. Once he learned about home funerals, he began talking to groups. Each presentation taught him more, and now his goal is to give everyone the information they need to make good decisions about how they want to be treated after their death, no matter what that choice may be, and to show families a more meaningful way to be involved in the funeral process



Have you ever wondered what tempera painting is about? Do you really use an egg?

**Tempera Demo by Nate Allard on June 18th 10-12 at The Gallery in Readfield**

*Come find out and learn something new!*



MARANACOOK  
AREA SCHOOLS

# WANTED

## Enrichment Teachers for Fall 2022 Maranacook Adult Ed

We are looking for fresh new ideas for our line-up of classes for the Fall! Do you have skills in Cooking/Arts/Exercise/Entrepreneurship that you would like to share with our community? Please fill out this course proposal form:

<https://docs.google.com/forms/d/e/1FAIpQLScNXh3mdQHBjgxn3ssOxR9MdIY0r5OHoTYy7VmwPV7mJbiVQw/viewform>

Or email us at : [adulted@maranacook.com](mailto:adulted@maranacook.com)



## FIRST BAPTIST CHURCH MOUNT VERNON FOOD BANK

The First Baptist Church Mount Vernon Food Bank serves the communities of Mount Vernon, Vienna, Readfield and Fayette.

We are located at the First Baptist Church on 321 Pond Road, Mount Vernon.  
You can reach us on Saturday mornings at 293-2141.

Our hours are from 9:30 to 11:30 Saturday mornings; however, if you are in need at any other time, you may call Bob Peterson at 685-7292.

We follow the Federal Guidelines but will never turn anyone away.  
We offer meals, meats, fresh produce, bread, eggs, pantry items, and toiletry items.  
We also have a small supply of clothing.

We have opened the Food Bank to indoor shopping; however, we are still offering curbside services.

**Lyceum Workshop: Plant Identification**  
**Tuesday, June 28, 5:30 PM**  
**Camp Bearnstow, Mount Vernon**  
**PREREGISTRATION REQUIRED**



As a part of KLT's 2022 Lyceum, Maine Medicinal Plants: Cultural Uses, Ecology and Botany, we will be offering three field workshops throughout the summer and fall 2022.

Join Associate Professor of Biology at Massachusetts College of Liberal Arts and past president of the Maine Josselyn Botanical Society Eric Doucette on Tuesday, June 28, at 5:30 PM for a field-based plant identification workshop. Learn about the plants found at Camp Bearnstow in Mount Vernon. Eric will focus on Maine medicinal plants, common lookalikes, and books used for plant identification.



Space is limited so preregistration is required.

Cost: \$5 registration fee.

Location: Camp Bearnstow, 84 Bearnstow Rd. Mt. Vernon, ME

For more information and to register, contact Marie at [mring@tklt.org](mailto:mring@tklt.org) or call 207-377-2848.

*Eric Doucette leading a plant identification workshop, Photo: Andy Tolman*

**Lyceum Workshop: Tinctures Demystified**  
**Thursday, July 7, 5:30 PM**  
**United Church of Monmouth**  
**PREREGISTRATION REQUIRED**

*Blue vervain, Photo: Johnny Robinson-*

As a part of KLT's 2022 Lyceum, Maine Medicinal Plants: Cultural Uses, Ecology and Botany, we will be offering three field workshops throughout the summer and fall 2022.

Join Linda Nelson, Certified Herbalist, for this hands-on workshop on Thursday, July 7, at 5:30 PM, where you will discover just how simple it is to make powerful medicine from the plants growing in your own backyard.

Attendance is limited, so preregistration is required.

Cost: \$25 (\$20 for KLT members) plus a \$6 material fee paid to the instructor.

Location: United Church of Monmouth, 778 Main St. Monmouth, ME



To register and for more information, please contact Marie at [mring@tklt.org](mailto:mring@tklt.org) or 207-377-2848

**Kennebec Land Trust**  
**331 Main Street, PO Box 261**  
**Winthrop, ME 04364**  
**207.377.2848**  
**[mring@tklt.org](mailto:mring@tklt.org)**





## Healthy Living for ME Announces Several Free Workshops Beginning in June

*Registration Open to Adult Mainers of All Ages*

Statewide - Mainers are invited to register for Healthy Living for ME's free summer workshops which begin in June. The workshops that are now open for registration include A Matter of Balance, Living Well for Better Health, Better Health Now, Living Well with Chronic Pain, and Living Well with HIV+.

Mainers who are caregivers or supports for individuals living with conditions addressed in these workshops are also invited to participate. Healthy Living for ME also welcomes referrals from healthcare providers; these evidence-based workshops can help patients manage and prevent conditions before they become more serious or result in emergency situations.

"The workshops we are offering this summer address a variety of health conditions and concerns. Mainers who deal with these health issues can benefit not only from the information presented in the workshop, but also from being a part of a supportive group of people who may be in a similar situation. If you think you could benefit from one of our June workshops, please call us to ask any questions, or to register," said Jen Paquet, Training Manager of Healthy Living for ME.

The schedule and details for Healthy Living for ME's June workshops are as follows:

**A Matter of Balance (in-person)** - This workshop will be held at the Alford Youth & Community Center in Waterville beginning June 6, 2022. Topics covered include practical strategies to reduce fear of falling and increase activity levels.

**Living Well for Better Health (in-person)** - There will be three sessions of this workshop offered; the first begins on June 7, 2022 and will be held at SeniorsPlus in Lewiston. The second begins on June 16, 2022 and will be held at the Caribou Wellness Center in Caribou. The third begins on June 22, 2022 and will be held at Mt. Ararat High School in Topsham. The workshop helps participants deal with ongoing conditions such as diabetes, COPD, arthritis, and high blood pressure. Topics covered include: handling frustration, fatigue, pain and isolation; appropriate exercise for maintaining and improving strength, flexibility, and endurance; appropriate use of medications; communicating effectively with family, friends, and health professionals; nutrition; and evaluating new treatments.

**Better Health Now (by phone)** - This workshop will begin on June 9, 2022. It is designed to help those living with chronic conditions, including heart disease, arthritis, diabetes, or other conditions. Participants in this workshop receive a toolkit in the mail and work with a leader either by themselves or in small groups. Topics covered during the workshop include: techniques to deal with frustration, fatigue, pain, and isolation; appropriate exercise for maintaining and improving strength, flexibility, and endurance; appropriate use of medications, communicating effectively with family, friends, and health professionals; nutrition; and how to evaluate new treatments.

**Living Well with Chronic Pain (in-person)** - This workshop will be held at the Alford Youth & Community Center in Waterville beginning June 16, 2022. It is designed for people who are dealing with persistent pain such as back pain, post-surgical pain, headaches, and other ongoing pain. Topics covered include: dealing with frustration, fatigue, isolation, and poor sleep; appropriate exercise for maintaining and improving strength; appropriate use of medications; communicating effectively with family, friends, and health professionals; nutrition; pacing activity and rest; and evaluating new treatments.

**Living Well with HIV+ (online)** - This workshop will be offered virtually beginning June 16, 2022. It is designed for individuals managing HIV and their caregivers/natural supports. Topics covered include medication management; techniques to deal with frustration, fear, fatigue, pain and isolation; communicating effectively with family, friends, and health professionals; sex, intimacy, and disclosure; nutrition; evaluating symptoms; advanced directives; and decision-making. Program participants make weekly action plans, share experiences, and help each other solve problems they encounter in creating and carrying out their self-management program.

For virtual workshops, participants who do not have the necessary technology may be eligible to borrow an iPad from Healthy Living for ME in order to participate.

Registration is required for these workshops. Please contact Healthy Living for ME at 1-800-620-6036 or [info@healthylivingforme.org](mailto:info@healthylivingforme.org) for more information and to register. You can also register via our website, [www.healthylivingforme.org](http://www.healthylivingforme.org).

To learn more about these and other workshops offered by Healthy Living for ME, visit [www.healthylivingforme.org](http://www.healthylivingforme.org).



# Town Office Staff Contacts

## Town of Readfield

[www.readfieldmaine.org](http://www.readfieldmaine.org)

8 Old Kents Hill Road  
Readfield ME 04355

Phone: 207-685-4939  
Fax: 207-685-3420



[www.facebook.com/townofreadfield](http://www.facebook.com/townofreadfield)

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 Finance Officer, Teresa Shaw: [finance@readfieldmaine.org](mailto:finance@readfieldmaine.org)  
 Town Clerk, Kristin Parks: [clerk@readfieldmaine.org](mailto:clerk@readfieldmaine.org)  
 Code Officer, Chip Stephens: [ceo@readfieldmaine.org](mailto:ceo@readfieldmaine.org)  
 Front Desk Clerk, Anjelica Pittman: [info@readfieldmaine.org](mailto:info@readfieldmaine.org)  
 Maintenance, Matthew Seems: [maintenance1@readfieldmaine.org](mailto:maintenance1@readfieldmaine.org)  
 Animal Control, Eric Johnson: 207-931-7684  
 Sexton, Ben Rodriguez: [sexton@readfieldmaine.org](mailto:sexton@readfieldmaine.org)  
 Assessor, David Ledew: [assessor@readfieldmaine.org](mailto:assessor@readfieldmaine.org)

# June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Library Board of Trustees 6:30 PM	2 Special Select Board Meeting 6:00 PM Final Public Hearing on Completed Budget & Warrant 6:30 PM	3 Assessor In (By Appointment)	4
5 Transfer Station Summer Hours 8:00 AM - 12:00 PM	6	7	8 Age Friendly Committee 9:00 AM	9 Last day to request absentee ballots - clerk in office until 5:00 PM	10	11
12 Transfer Station Summer Hours 8:00 AM - 12:00 PM	13 Select Board 6:30 PM	14 State Primary, Annual Town Meeting, RSU #38 Referendum 8:00 AM - 8:00 PM Conservation Comm. 6:30 PM	15 Comprehensive Plan Committee 6:00 PM	16	17 Assessor In (By Appointment)	18
19 Transfer Station Summer Hours 8:00 AM - 12:00 PM	20 Cemetery Committee Meeting 10:30 AM	21	22 Trails Committee 6:30 PM	23	24	25
26 Transfer Station Summer Hours 8:00 AM - 12:00 PM	27 Select Board 6:30 PM <b>June Messenger Articles Due</b>	28 Planning Board 6:30 PM	29	30		