



Readfield Messenger



www.readfieldmaine.org



The June 14, 2022 State Primary, Town Meeting & RSU Referendum results can be found on the Town Website under "Voting"

www.readfieldmaine.org

Thank you to all who participated!



Readfield Heritage Days.....
August 12th & 13th

Stay Connected! Scan the QR Code to go to the Town of Readfield Website

Now Available!

**Town of Readfield
2022**

Annual Town Report



The Town of Readfield Annual Report is now available online at www.readfieldmaine.org and at the Town Office



**For the year ending
June 30, 2021**

Select Board Corner

Hello Friends,

It is officially summer in Readfield, Maine and there's no better place to be than right here in our town. The Readfield Beach is officially open and FREE for all residents. We do ask that you get a pass, available at the beach OR at the town hall. Library programs, performance programs, and Heritage Days are all a part of our vibrant community this summer and we hope that you'll take advantage of every offering!

The Select Board would like to congratulate Steve DeAngelis on his election victory and welcome him as a new board member. We extend the same congratulations to Kathryn Woodsum, who has served Readfield with honor for the last 12 years, and will do so for three more. Thank you, both, for serving your town.

The Select Board would also like to thank everyone that voted in our June 14th election. It is always important to exercise your right and vote in our elections.

Next month, the Select Board will be meeting and engaging in the annual retreat, which is really just a meeting where the Select Board can set goals for the coming year. This is where each and every idea the Select Board puts forth is born.

We set goals each year, we follow through with those goals, and we put those ideas and thoughts before the citizens of Readfield for their vote.

No matter the outcome, the Select Board will always be dedicated to putting forth ideas and projects we believe would be best for Readfield. From there, the voters decide - that's democracy, and that's what we believe in.

So, welcome Steve. Welcome back, Kathryn. Prepare to do what we always do - roll up our sleeves, collaborate, and work on doing what's best for Readfield.

Thank you all and enjoy your 4th of July!

Dennis Price
Select Board Chair

Select Board Contacts

<u>Steve DeAngelis:</u>	(207) 931-5001	sdeangelis@readfieldmaine.org
<u>Carol Doorenbos:</u>	(207) 446-7535	cdoorenbos@readfieldmaine.org
<u>Sean Keegan:</u>	(207) 446-8725	skeegan@readfieldmaine.org
<u>Dennis Price:</u>	(207) 577-4919	dprice@readfieldmaine.org
<u>Kathryn Mills Woodsum:</u>	(207) 685-9094	kwoodsum@readfieldmaine.org

News from the Town Manager

Readfield Comprehensive Plan Update (Update)

The Comprehensive Plan (Comp Plan) serves as a road map for our community. The ongoing plan update process is a chance for residents to talk about our town and its future. What do we like about Readfield? What might we want to change? Where do we want to be as a community in ten years? Do we want Readfield to look like Manchester, Lake Winnepesaukee, or New York City? Or, do we want Readfield to maintain its Rural Residential character and the balance of being near busy built-up places without becoming one of those places and losing our identity? These are some of the important questions being asked and discussed.

After a short hiatus the Comp Plan Committee began meeting again in earnest in June and has a renewed focus and a talented new staff person at KVCOG supporting our work. We are excited to hear more from the public and will be reaching out with surveys and at community events. The Comp Plan Committee meets every third Wednesday of the month at 6:00pm in person at the Town Office and via Zoom. For more information please visit www.readfieldmaine.org. Here's a look at the upcoming meeting schedule, work plan, and just a few of the opportunities to contribute:

<u>Meeting/Event</u>	<u>New Business Item Discussion</u>	<u>Old Business Item Discussion</u>
July 20, 2022	Capital Investment Plan Heritage Days Planning	Vision Statement Review Demographics Historical & Archeological Resources Housing
Aug. 13, 2022	Heritage Days (Saturday) - Outreach Opportunity	
Aug. 17, 2022	Local Economy	Natural Resources Agriculture & Forestry Recreation/Culture
Sep. 21, 2022	Existing & Future Land Use & Maps Election Outreach Prep.	Local Economy Capital Investment Plan Public Facilities and Services Transportation
Oct. 19, 2022	Implementation Goals and Strategies	Local Economy Land Use & Maps (Both) Election Outreach/Prep
Nov. 8, 2022	Election Day - Outreach Opportunity	
Nov. 16, 2022	Check List Review	Implementation Goals and Strategies
Dec. 21, 2022	Public Hearing	Open Committee Review 1st Draft
Jan. 18, 2023	Public Hearing	Open Committee Review 2nd Draft
Feb. 15, 2023	Final Approval and Warrant Recommendation	N/A
Mar. 15, 2023	Public Presentation Preparation	N/A
Mar. 23, 2023	Initial Public Presentation (with Budget & Warrant)	
June 1, 2023	Final Public Presentation (with Budget & Warrant)	
June 13, 2023	Town Vote on Updated Comprehensive Plan	

Respectfully submitted, Eric Dyer, Town Manager



9th Annual Readfield Summer Residents Meeting

Friday, August 5th - 5:00 PM at Gile Hall

Please join us to discuss issues affecting our summer residents and visitors.

Light refreshments will be available.

Transfer Station News - July 2022

Save the Date

Sun July 10th 8am to 12 Noon

Household Hazardous Waste Collection Event

At the Readfield Transfer Station!

No charge for permit holders

Registration required; Contact your Town Office for more information and to register



Do Bring: All Battery Types; Unwanted mixed and unmixed Fuels; Household cleaners, chemicals & pesticides; Unused or unwanted pharmaceuticals. **NO Explosives.**

Electronic Payments are now accepted at the Transfer Station in addition to cash and checks.



You will receive a printed receipt for all transaction types. We accept debit and credit card payments in addition to cash and checks. Use of an

electronic payment does incur the 3% bank fee that the town is charged added to your total.

Now Open!

Please bring items in and feel free to take items you can use.

Recycling Through
Re-Use



Practice Kindness Please. Please remember to be patient with everyone while you are at the Transfer Station. There are many challenges presented to using the space safely and efficiently and everyone handles those in their own way. But please try to be patient and understanding of other patrons and our employees. Everyone is doing the best they can and deserves to be treated respectfully and with kindness. Thank you for efforts to make this Town operated facility function well.

General Operation Practices

All vehicles must stop at the Attendant Booth to speak with an employee about what materials you are bringing in, to receive directions on where to dispose of these materials, and to pay any required fee.

Please leave when you are finished to avoid making the space congested.

Transfer Station Summer Hours

Tuesday, Wednesday & Friday

11:00 AM to 6:00 PM

Thursday Senior-Only Hours

10:00 AM to 2:00 PM

Saturday

8:00 AM to 4:00 PM

Sunday

8:00 AM to 12:00 Noon

WASTE LESS
SAVE MORE



RECYCLE
COMPOST

Readfield Solid Waste and Recycling Committee



Pre-Registration is Required at your Town Office

Free Event

Hosted by your Town

July 10th, 2022 at the Readfield Transfer Station

14 Recycle Rd, Readfield 9am - Noon

Household Hazardous Waste Collection for Readfield, Wayne, Fayette, Belgrade and Mt. Vernon

Do Bring:



All Battery Types



Unwanted mixed and unmixed fuels. (Gasoline, Diesel, Kerosene, etc.)



Unused Liquid Paint (Paint does not need to be mixed with sand or sawdust)



Household cleaners, chemicals and pesticides.



TV's Computers, and other electronic waste



Fluorescent bulbs (CFL's)



Unused or unwanted pharmaceuticals

Please Do Not Bring:

- Explosives & Ammunition
- Recyclable Items (Cardboard, all Plastics #1- 7, Glass, Metal, Aluminum)
- Solid Waste/Trash
- Textiles (Clothing, Shoes, Bags, Bedding, etc.)
- Asbestos Containing Materials
- Large quantities of waste (ask first)
- Commercial waste or waste from a business

Pre-registration at your Town Office is required!

You will be assigned a time to arrive at the Transfer Station. Early arrivals may need to wait. Questions on accepted materials can be directed to your Town Office or the Readfield Transfer Station:
207-685-3144



Town Of Readfield

Household Hazardous Waste Collection Pre-Registration Form

Sunday July 10, 2022, 9AM-12 Noon

Collection taking place at the Readfield Transfer Station 14 Recycle Road, Readfield, ME

Pre-Registration is Required. Pre-Register at your Town Office

Resident Name:	
Physical Address:	
Telephone Number:	Assigned Time-Office Use Only:

Actual Volume: Estimate	# Units: 5 gal/20 lbs=1 unit	Garage and Workshop Related
gallons		Water-based/Oil-based/Latex Paints, stains and primers in cans
gallons		Anti-freeze
gallons		Cleaners/Degreasers e.g. acetone
gallons		Flammables such as Gasoline, Kerosene, Charcoal Lighter Fluid
gallons		Aerosol cans/flammables
gallons		Misc. e.g. Brake/Transmission Fluid, waxes, polishes
gallons		Solvents, Paint Thinners, Paint Strippers
gallons		Adhesives
gallons		Driveway Sealer
gallons/lbs		Other List:
		Kitchen/Bath/Home
		Cleaners:
gallons		-Bleach- based
gallons		-Alkaline such as Lye, Sodium Hydroxide, Drain Cleaners, Oven cleaners
gallons		-Ammonia-based such as Windex
gallons		-Acid such as Muriatic acid
gallons		Other: Toilet Bowl cleaner, drain opener, mildew remover, lime/rust stain remover, hydrofluoric acid, ammonium bifluoride
gallons/lbs		Other List:
		Lawn and Garden
gallons/lbs		Pool cleaners
gallons/lbs		Pesticides/Herbicides/Fungicides-solids or liquids
gallons/lbs		Poisons: rat/mouse poison, arsenic, strychnine, cyanide, formaldehyde, mothballs
gallons/lbs		Other List:
		Miscellaneous
gallons/lbs		Photography chemicals
Per item		Fire Extinguisher-Carbon tetrachloride only
		Other List:
		Electronics
Per item		Televisions/Monitors/Household Electronics-LIMIT OF 2 Per Household
		List Electronics:
		Batteries-All types
gallons		Waste Oil
		TOTAL ESTIMATED UNITS

Questions?? Call your Transfer Station or Town Office

Readfield Residents: Bring this form to the Readfield Town Office to register



READFIELD HERITAGE DAYS

SECOND WEEKEND IN AUGUST

Readfield Heritage Days 2022 is Coming!

On Friday, August 12 and Saturday, August 13th it's Readfield Heritage Days all over Readfield as we celebrate our town, our neighbors, and our friends!

We begin the festivities on Friday night at 5pm as the Historical Society has their Wine and Cheese Social!

From 7am - 9:30pm, there's something happening on Saturday! Breakfasts, book sales, history walks, and a business open house all happening downtown.

At the fairgrounds ball field, KICKBALL MADNESS RETURNS! The Readfield Rec is looking for teams to compete for the Readfield World Championship Kickball Belt! ALL AGES ARE WELCOME! It's not just a kids game, this is for the honor and prestige of being called a champion!

Fireworks at the beach close out Heritage Days on Saturday night around 9:15. Because of explosives and danger, **the beach will close at 5pm on Saturday, August 13th.** Please make note.

Heritage Days brings us all together to celebrate, congregate, and recreate!

Check out Readfield Heritage Days on Facebook
<https://www.facebook.com/readfieldheritagedays>

Check the Messenger in August for a complete schedule and listing of events!

Readfield Heritage Days 2022 - Celebrate Readfield!

Join
the
Fun

2021 Property Tax Due Dates were due:



1st Half - September 24, 2021

2nd Half - February 25, 2022

Did you remember to pay your taxes?

Final payments were due by June 30th

Please pay your taxes ASAP to avoid any further collection of taxes

Call the Town Office at 685-4939 with any questions

The Town of Readfield is seeking volunteer members for the following committees:

(Positions advertised are as of June 30, 2022)

- Age Friendly Committee: 1 Member (2025), 1 Associate Members (2024)
- Board of Appeals: 1 Member (2025)
- Cobbossee Watershed District: 1 Alt. Member (2024)
- Conservation Commission: 2 Members (2023 & 2024), 2 Alt. members (2024 & 2025)
- Heritage Days Committee: Multiple Positions Available
- Local School Board Advisory: 3 Members (2023, 2024 & 2025)
- Library Board of Trustees: 1 Member (2025)
- Maranacook Outlet Dam Committee: 1 Alt. Member (2023)
- Planning Board: 3 Alt. members (2023, 2026 & 2027)
- Recreation Committee: 1 Member (2025)
- Road Committee: 3 Members (2025)
- Solid Waste & Recycling Committee: 1 Member (2025)
- Trails Committee: 4 members (2-2024, 1-2025 & 1 Alt. member-2023)

If you are interested in joining any of the above committees please complete the Appointment Application on Pages 8 & 9, on our website under Volunteer Opportunities or stop by the Town Office.

**SIGN UP TO
VOLUNTEER**

For more information:

207-685-4939

clerk@readfieldmaine.org

TOWN OF READFIELD
APPOINTMENT APPLICATION

OFFICE USE
DATE RECEIVED

The Select Board shall not discriminate against an applicant based on religion, age, sex, marital status, race color, ancestry, national origin, sexual orientation or physical or mental disabilities. The Select Board may exclude from consideration any applicant with physical or mental disabilities only when the physical or mental handicap would prevent the applicant from performing the duties of the appointment and reasonable accommodation cannot be made.

The Select Board shall have final authority over the appointment of citizens to Boards, Committees and Commissions that are instruments of Town Government. The Select Board shall not appoint an applicant to a position for which the applicant will likely have a frequent or recurring conflict of interest.

Please check one: 1st time appointment re-appointment

Which Board, Committee or Commission

are you applying for? Term:

Name: _____ Phone (H): _____

Street address: _____ Phone (C): _____

Mailing address: _____

E-Mail: _____

Below please tell us of any experience and/or training that might be useful in this position.

Below please tell us the reason you are interested in applying for this position.

If you are currently employed, what is your position?

APPLICATION FOR APPOINTMENT FOR:

Name: Position: Term:

"By signing this application for this position the Applicant understands and agrees that the information contained in this application is required by law to be available for public viewing and agrees to hold the Town of Readfield harmless from any misuse of the application information by anyone viewing it. As a member of this board, committee or commission

Check one!

- I approve the use of my e-mail and phone numbers on the Town's public sites and publications.
- I DO NOT approve the use of my e-mail and phone numbers on any of the Town's public sites or publications.

Name: _____ Date: _____

CLERK'S USE BEFORE THE APPOINTMENT

Please check one: 1st time Appointment Re-Appointment

Was this position advertised? Yes No If no, please explain: _____

Confirmation from Applicant of attendance at Select Board Meeting if required.

SELECT BOARD APPROVAL

To of Readfield, in the County of Kennebec and State of Maine: There being a position on the we the Select Board of the Municipality of Readfield do, in accordance with the provisions of the laws of the State of Maine, hereby appoint you to said position within and for the Municipality of Readfield, such appointment to be effective:

thru . Given under our hand this , day of , 20__.

Dennis Price

Steve DeAngelis

Sean Keegan

Carol Doorenbos

Kathryn Mills Woodsum

CLERK'S USE AFTER THE APPOINTMENT

Chair has been notified of appointment? Yes No If yes, what date:

Is an Oath appropriate: Yes No If yes, what date:

2022 Readfield Beach Permit Application

RESIDENT PERMIT: (Readfield Residents & Taxpayers) FREE
Includes couples and their unmarried dependent children 21 & younger living in household

NON-RESIDENT PERMIT: (No exceptions or grandfathered passes) \$85 (all year)

GUEST PASSES: Guest Passes are required for those who do not have a Resident or Non-Resident Permit. Please see beach attendant on duty to purchase. Pricing is as follows:

- DAY GUEST PASS: \$ 8 / one guest
\$16 / 2-4 guests

- ONE WEEK GUEST PASS: Permit is valid for seven (7) consecutive days only \$45 Start Date:

NAMES: _____ MAILING ADDRESS: _____

STREET ADDRESS: _____ TOWN: _____ STATE _____ ZIP _____

TEL#: _____ CELL#: _____ E-MAIL: _____

LICENSE PLATE # 1: _____ LICENSE PLATE # 2: _____

Childcare Provider Name: _____ TEL# _____ License Plate # _____

I am a legal resident of: _____. I am the legal parent/guardian or grandparent of all the children listed below and they are all 21 or younger. They will be using the beach under this permit and I will be supervising them at all times.

	Name	Age	Name	Age
1			5	
2			6	
3			7	
4			8	

I am interested in learning more about **Swim Lessons** (price TBD) ___ Yes ___ No, for a child aged ____, ____, ____, ____

I am interested in learning more about **Canoe / Kayak rack rental space** (\$40 per season) ___ Yes ___ No

I hereby acknowledge that the Town of Readfield does not provide lifeguard services or supervision at the Readfield Beach and therefore users must exercise constant observation and supervision of children and guests at the facility. I understand that this permit can be revoked at any time if policies are abused or information provided does not hold true. Beach rules and procedures are attached. **CHILDREN 14 AND UNDER MUST BE SUPERVISED BY AN ADULT REMAINING ON THE PROPERTY AT ALL TIMES.**

Signature: _____ Date: _____ Town Clerk Initials: _____ Payment: _____

You will be issued ONLY two (2) permits per family.

Please know your license plate numbers when completing application, as permits **will not be issued** without license plate numbers.

ALL Permits are non-transferable and non-refundable.

Please make checks payable to: The Town of Readfield



**READFIELD BEACH
CANOE/KAYAK STORAGE RACK RENTAL APPLICATION**
2022 Season (May 1 – November 1, 2022)



Please Print Clearly

Owner's Name: _____

Residential Address: _____

Mailing Address: _____

Telephone: (day): _____ (evening): _____ (cell): _____

E-mail address: _____

Canoe/Kayak Color: _____ Canoe/Kayak Length: _____

Preferred Rack #(s): _____

**TERMS OF AGREEMENT
FOR RENTAL OF CANOE/KAYAK STORAGE RACK - READFIELD BEACH**

- 1. Rack space rentals are available to current year Readfield Beach Pass holders over 18 years of age.**
2. Cost of one rental rack space is \$40 from May 1 – November 1. Rental fee must be paid prior to the start of storage.
3. Maximum length/width for the canoe/kayak racks is 18'0" / 2'4". Paddleboards, sculls, etc. may also be stored.
- 4. Rack rental is not allowed for any watercraft used to access a moored vessel.**
5. Rack rental is on a first come, first served basis. Upon receipt of completed application and payment, racks will be assigned by number. Rack rental and assignment is at the discretion of the Town Manager or designee.
6. Before storage, Owner must attach their assigned rack number to the canoe/kayak by a secure means.
7. Owner agrees to remove canoe/kayak by November 1. Failure to remove canoe/kayak from rack by date stated will result in the inability to rent during subsequent seasons.
8. Owner must ensure the canoe/kayak is reasonably secured in its assigned rack and will not pose any danger to any passersby. Owner must provide locking mechanism.
9. Owner must ensure the canoe/kayak rack space is clean and tidy at all times. Nothing other than one canoe/kayak can be left on, in, around or by the rack at any time (e.g., paddles, floatation devices, etc).
10. Canoe/kayak may not be left outside the designated storage area.
11. The storage rack unit may only be used for the one canoe/kayak listed above. Eight rack spaces are reserved for paired use. Paired spaces are 1-2, 3-4, 11-12, 13-14. There is a one space (or paired space) limit per household.
- 12. Owner acknowledges that canoe/kayak storage rack rental is at their own risk. The Town of Readfield accepts no responsibility for loss of or damages to the canoe/kayak. Failure to comply with above terms will result in termination of this agreement with no refund of rental fees.**

I agree to abide by the rules and regulations stated above and I hold myself solely responsible for any mishap/injury or damage to the canoe/kayak listed above.

Signature: _____ Date: _____

**** Office Use Only ****

Payment Type: () Cash Amount: _____ () Check # _____ Amount _____
() Visa / MasterCard #: _____ Exp Date: _____ Security Code _____

****All Credit Card transactions will incur a 2.95% convenience fee****

Assigned Rack Space(s): _____ *Applicants will be notified of their rack assignments*

Make Check Payable to "Town of Readfield" • Send application with notation "Attn: Rack Rental"

Maranacook Area Food Pantry (MAFP) News

In last month's *Messenger*, I attempted to recognize the many individuals and groups that help make the MAFP run as smoothly as it does helping families in our RSU # 38 towns. There were so many and space was limited, that the decision was made to do Part 2. Here it is and Thank You to all!

Generally when thinking about a food pantry, the focus falls to the food. Makes sense until you delve a little deeper and discover the layers underneath. A prime example is boxes. Yes, boxes. For 28 months, we have been providing food items to families packed in boxes which totals over 2,240 units. The "Queen of Boxes" is Maranacook's retired nurse Sandy Hunter. She has the knack of getting the boxes we need every week. She and husband Bruce also do home deliveries for the pantry.

Middle School music teacher and advisor Adam Scarpone and his "gang" of 11 kids every week scour the school for excess fresh milk cartons and vegetables that might ordinarily be discarded, and add them to the mix for the families. The student helpers are listed below.

Jordan Berube, Joshua Crosby, Tristan Dowling, Paxton Fallows,
Connor Hebert, Rowan Ellis-Lambert, Juliana Pepper,
River Powell, Ramona Sealsberry, Haley Tibbets, Kolby Webb.

Invoices have to be paid and our appreciation goes out to Phyllis Cote in the Middle School office who gets the paperwork in order to send to the Central Office where Katie Putnam takes over and gets checks out to the vendors and appropriate individuals. A very smooth operation, indeed.

Rosemary Baker from the Middle School staff organizes the collection and delivery of eggs donated by several farmers in the area.

Nancy Perkins coordinates getting the food donations from the Torsey Church to Kristin Parks in the town office who sets up pick up times for transfer to the Middle School.

We have a new volunteer to the pantry as of a couple of weeks go. Thank you Kellie Cameron from Readfield. I hope I have not missed anyone and their contribution to the MAFP.

Our pantry is open every Thursday for curbside pick up from 3:30 to 4:30 at the Middle School lower parking lot. No appointment necessary.

For more information about donating, volunteering, organizing a fundraiser etc., we now have a food pantry email account and two volunteers to help you: foodpantry@maranacook.com

We have a grant request out and should hear back within a couple of weeks and will be writing a new one soon. In the meantime any financial donation you would like to make can be sent to RSU #38, 45 Millard Harrison Drive, Readfield, ME 04355

Respectfully submitted,
Greg Durgin for MAFP

Maranacook Food Pantry

Thursdays 3:30-4:30 PM ~ FMI Call 207-685-4923



**Food donations can be dropped off
at the Readfield Town Office**

READFIELD HISTORICAL SOCIETY

TWO NEW BOOKS WITH READFIELD HISTORY FOR SALE IN RHS GIFT SHOP

Escape from Bunker Hill by Dale Potter-Clark; 350 pgs includes appendix; \$16.95

Dr. Joseph & Myra Mitchell orchestrate the 1,500 mile escape of slaves from Bunker Hill Plantation in Jacksonville, FL to central Maine. The Mitchells really existed but the storyline sprung from the author's imagination as she researched their home in Readfield. A 35 pg. appendix provides information about the Mitchells and other people, places and things that were also in existence during that era and are part of the storyline. A few of those true characters include Samuel Fessenden and Reuben Ruby of Portland, ME; Dr. Ingalls Kittredge of Beverly, MA and Readfield landowner; William Still of Philadelphia, PA; and Rev. Henry Ward Beecher of Brooklyn Heights, NY. This book can also be purchased online via readfieldmaine.blogspot.com

Standing Tall: A History of the Union Meeting House by Marius Peladeau; 137 pgs; indexed; \$16.59

The book has been lauded by Earle Shettleworth, Jr. Maine State Historian who says "How this interior came to be and how it has been preserved are central themes in this thoroughly researched and thoughtfully written book..."

LIBRARY AND ARCHIVES

We are currently reorganizing and enhancing the RHS library. We will also be better organizing files; updating indexes of the scrapbooks and obituary files; and cataloguing items in forty-seven Fogg family albums. Michelle Giroux has come aboard as a consultant and her expertise is invaluable. Items are needed to complete the following three collections. If you have some to donate please let us know by contacting (207) 377-2299 or readfeldhistorical@gmail.com

TOWN REPORTS: We NEED 1958, 1959, 1960, 1961, 2012, 2019 and 2020.

HERITAGE DAYS BOOKLETS: We HAVE 1997, 1998, 2000, 2001, 2017, 2019,

MARANACOOK HIGH SCHOOL YEARBOOKS: We NEED 1991, 1992, 1993, 1994, 1997, 1998, 2000, 2002, 2005, 2006, 2008, 2011, 2014, 2015 and 2016.

SUMMER HOURS COMMENCE WITH A DOCENT TRAINING

In late May, Dale Potter-Clark and Bob & Jeanne Harris conducted a 4-hour orientation for volunteers who will serve as docents this summer. Those who took part in the orientation were Bill Adams, Jackie Drouin, Nancy Russell, Melanie Lanctot, Ralph & Marjorie Black, Chris Dumaine, Brenda Deojay, Pam Osborn, Marianne & John Perry, Michelle Giroux, Nancy Perkins, Ann Kielty, Rick Wilson, Nancy Durgin and Andy Tolman. Also taking turns as docents this summer are Evelyn Potter, John Knox, Ann Mitchell, Bill & Jeanne Harris and Dale Potter-Clark. RHS will be open every Thurs. and Sat., 10-2p.m. until Labor Day weekend and by appointment.

The Readfield Historical Society was founded in 1985 to preserve the rich history of Readfield and its people. Annual dues are \$5 for seniors or \$10 for others or \$100 for lifetime memberships. Checks made out to the Readfield Historical Society can be mailed to PO Box 354 Readfield 04355. Visit us on Facebook to see posts of a historical nature and updates from our organization.



PHOTO CAPTION: "The Larches" on Old Kents Hill Road was the home of Dr. Joseph & Myra Mitchell and family for over 80 years. The Mitchells are the main characters in a newly released book by Dale Potter-Clark.

NEWS & NOTES FROM THE TRAILS

Trails Committee members report continued growth in the number of residents and visitors using our trails in town and at the Esker trail on North Road. This uptick in usage started during the pandemic when folks just needed to get out and “do something” when our normal routines were upended. This feeling certainly is not confined to Readfield by any means, but many health experts believe outdoor recreation can just help lighten the load of daily living especially during trying times.

The Trails Committee recently received 2 significant monetary donations from residents that will provide some nice amenities to our trails. These donations supplement our budget that was recently passed at the town meeting vote in June. Thank you to the voters who support our mission and to our donors.

One of our committee members, Nancy Buker, recently brought the concept of water trails to one of our meetings. These “trails” are also known as “blueways” and are marked routes on navigable waterways such as rivers, lakes, canals, and coastlines for recreational use. According to the National Park Service, The National Water Trails System is a network of water trails open to the public to explore and enjoy. The trails have been established to restore and protect America's rivers, shorelines, and waterways, and to increase access to outdoor recreation on those shorelines and waterways. For more detailed information, check out National Water Trails on the National Park Service website www.nps.gov. As the Committee continues to research this concept for our local area, more information will likely appear in future *Messenger* articles.

Newest Trails Committee member Megan Lachapelle has been exploring the concept of creating a fairy village on some of our trails as another way of getting residents of all ages outside to explore our beautiful town. According to nature-museum.org, the concept can be as small as a miniature dwelling or a tiny village depending on the creator's imagination by using all natural materials such as small cones, acorns, flowers, shells, stones, sticks, birch bark etc. The Trails Committee has this topic and the water trails idea on our next agenda for our July 27th meeting. Our recent meetings have been held at the town office with a Zoom link available.

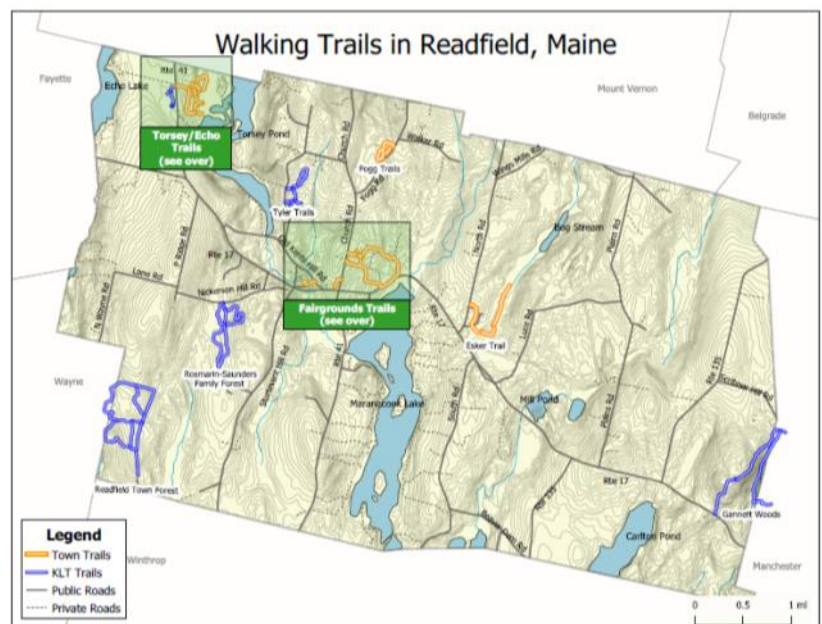
With a couple of warm months ahead, make a promise to yourself to get outside and explore our town. Heritage Days on August 13, 14 is a great time to see what our own has to offer and our outdoor resources await you!

Respectfully submitted,
Greg Durgin (for) Readfield Trails Committee



SECOND WEEKEND IN AUGUST

Readfield Trails
Maps available at
the Town Office and trail kiosks



News from the Broadband Committee



Town Meeting Question on Broadband

One June 14th Readfield voters defeated the broadband proposal for a municipally owned high speed fiber to the premises network throughout the town. With this conclusive vote the town will step back from considering any expansion of broadband within the town until a different option becomes available, or when town residents again request considering a proposal, to meet the Select Board directive to provide equal service meeting the State standards for broadband service to all town addresses.

Thank you to all who were involved in the project over the past three years and to all the voters who participated in the democratic process.

FIRST BAPTIST CHURCH MOUNT VERNON FOOD BANK



Starting Saturday, July 2, the full food bank including meal kits, meat boxes, dry goods and personal items, will only be available on the first and third Saturdays of the month. We will continue to offer curbside service if you would rather not come downstairs.

Fresh produce, fruit, baked goods, breads and miscellaneous items will still be offered every Saturday of the month; feel free to come for these items at any time.

New customers are welcome to come any Saturday and we will provide enough food to get them through to the next full food bank day.

The First Baptist Church Mount Vernon Food Bank serves the communities of Mount Vernon, Vienna, Readfield and Fayette.

We are located at the First Baptist Church on 321 Pond Road, Mount Vernon. You can reach us on Saturday mornings at 293-2141.

Our hours are from 9:30 to 11:30 Saturday mornings; however, if you are in need at any other time, you may call Bob Peterson at 685-7292.

We follow the Federal Guidelines but will never turn anyone away.

Tel: 685-4064



Visa/Mastercard

KEN'S DRAG IN AUTO INC.
Rt. # 135, Readfield, Maine

Used Auto and Truck Parts • Auto Repair
Used Cars and Trucks • Buying Junk Cars

Ken Edgecomb

Mark Edgecomb

E-Alerts Subscription

An easy way to keep up-to-date with
Town Happenings!

Go to www.readfieldmaine.org and
click on E-Alerts to sign up.

Your email will be treated as confidential information.



JULY 2022—LIBRARY NEWS and EVENTS

Library Hours

Mondays	3pm-7pm
Tuesdays	10am-4pm
Wednesdays	1pm-7pm
Saturdays	10am-4pm



Welcome back SUMMER RESIDENTS!!

A warm "welcome back" to our Summer Residents! Please stop by the Library soon!

CLOSED ON MONDAY JULY 4th

The Library will be CLOSED on Monday July 4th in observance of Independence Day.

SUMMER READING PROGRAM—"Oceans of Possibilities"—for children and teens, AND adults!

The Summer Reading Program at the Readfield Community Library has begun and will run for 9 weeks this summer from June 20th through August 20th. Open to all ages, children, teens, and adults! **It is not too late to sign up**—simply stop by the Library or email librarian@readfieldmaine.org. Readers can log their minutes read on paper logs available at the library OR through the Beanstack app (maine.beanstack.org). Each hour read earns a free small prize or book, as well as a ticket for great raffle prizes!

Children/Teen Raffle Prizes—

- \$25 Gift Card to Readfield Family Market
- \$25 Gift Card to Barnes and Noble Bookstores
- \$25 Gift Card to Fielder's Choice Ice Cream
- \$25 Gift Card towards LEGO set of choice
- \$25 Gift Card to Cake Deliberately in Readfield (custom cupcakes/cake)

Adult Raffle Prizes—

- 2 Tickets to the Maine Maritime Museum in Bath (\$36 value)
- \$30 Gift Card to The Lighthouse Wine and Seafood Market in Manchester

Save the Date! Monday, August 22, 6:00pm

Final Summer Reading Celebration: Chewonki's "Tide Pools" Event and Raffle Prize Drawing



BOOK (and FOOD) TASTING EVENT for Middle and High School Students on July 11th

The Readfield Community Library will host a **Book (and FOOD) Tasting Event for teens/tweens on Monday July 11th at 6:30pm outside behind the Library**. Please come "sample" some books to find some new titles, themes, and authors to explore for summer! Enjoy some yummy treats and hang out with friends while you explore a variety of books set up at tables by theme/author. We will also have some lawn games to play! In case of rain, check Facebook for rescheduling plans.



MAINE CHILDREN'S AUTHOR/ILLUSTRATOR CHRIS VAN DUSEN on July 14th

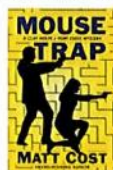


We are so excited to be able to host the incredible **Maine children's author/illustrator Chris Van Dusen outside behind the Readfield Community Library this summer on Thursday, July 14th at 6:00pm**. The public is invited to attend; please bring a blanket or chairs for your family. Signed books will be available to purchase. In case of rain, please check Facebook for alternate location. This program is made possible by a New England Libraries Grant received through the Association for Rural and Small Libraries. In case of rain, we will meet indoors at the Town Office. FMI on Chris: <https://www.chrisvandusen.com/>

OCEAN ART WORKSHOP for KIDS/TEENS with Readfield Illustrator RJ JENKINS on July 18th

Join Maine illustrator and art teacher RJ Jenkins for a creative **OCEAN ART WORKSHOP on Monday July 18 at 6:00pm outside behind the library**. This is a free workshop and all supplies will be provided. Register with the Librarian at 207-685-4089 or librarian@readfieldmaine.org. Limited numbers for this workshop, so please register early!

AUTHOR TALK featuring Maine Author MATT COST on July 20th



Maine author Matt Cost returns to the Readfield Library **on Wednesday July 20th at 6:30pm outdoors behind the Library** for an author talk and book signing. Matt will read from his mystery book, *Mainely Angst*, the 4th and newest title in his popular Goff Langdon Mainely Mystery series as well as from *Mouse Trap*, the 3rd title in his Clay Wolfe/Port Essex series. Plenty of time for Q & A with the audience as well as an opportunity to purchase a signed copy of his books. All are welcome! FMI on Matt: <https://www.mattcost.net/new-page5>

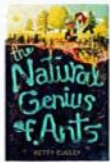


MAINE CHILDREN'S AUTHOR/ILLUSTRATOR HANA FIRESTONE at STORY TIME on July 26th

Maine Author/Illustrator Hana Firestone will read her new children's book *Budgie Brothers in New York* **on Tuesday, July 26 at 10:00am at the Readfield Town Beach**. Hana will lead the children in a craft, and will also be selling and signing her books after the reading. All are invited! Please bring a blanket or chairs for your family. In case of rain, we will meet indoors at the Readfield Town Office. FMI on Hana: <https://hanafirestone.myportfolio.com/>



MIDDLE GRADES/YOUNG ADULT MAINE AUTHOR EVENT with BETTY CULLEY on July 27th



We welcome middle and high school students and their families (and anyone who loves middle grade and young adult books!!!) to the Readfield Community Library on Wednesday July 27th at 6:00pm for an AUTHOR EVENT with Maine Author Betty Culley! Betty is the author of 2 young adult books—*Three Things I Know Are True* and the just-released *The Name She Gave Me*. She has also authored 2 middle grades books—*Down to Earth* and the recently published *The Natural Genius of Ants*. Betty will

also be selling and signing her books after the reading/author talk. All are invited! Please bring a blanket or chairs for your family. In case of rain, check Facebook for alternate plans. This program is made possible by a New England Libraries Grant received through the Association for Rural and Small Libraries. FMI on Betty: <https://www.bettyculley.com/>

SAVE the DATE: Maine Mystery Author PAUL DOIRON on August 3rd

The best-selling author of the Mike Bowditch series of crime novels set in the Maine woods will be at the Readfield Library for an Author Event for his just-released *Hatchett Island* on Wednesday August 3rd at 6:00pm. More details forthcoming. FMI about Paul:

<http://www.pauldoiron.com/>

ANNUAL SUMMER BOOK SALE on August 13th

Book Sale



The Annual Library Book Sale will be held during Readfield Heritage Days weekend on **Saturday, August 13th from 9:00am-1:00pm at the Readfield Fire Station**. If you would like to donate books for the Sale, please save them and drop them off at the Fire Station **the morning of the sale starting at 7:30am**. Unfortunately, we do not have space at the library to store donations ahead of the sale date. Please do NOT place donations in the Book Drop. We appreciate donations of items



READFIELD
HERITAGE DAYS

in good shape; please no ripped/musty/moldy items and no textbooks. All sale proceeds benefit the Readfield Community Library.

NEEDED: Volunteer LIBRARY BOARD OF TRUSTEES Member

The Town of Readfield is seeking a volunteer member of the Library Board of Trustees. The Library Board meets monthly, generally on the first Wednesday of the month from 6:30-8:00pm. We hope you will consider serving our library/town in this way. If you are interested, please complete the Appointment Application on the Town website or stop by the Town Office.

<https://www.readfieldmaine.org/volunteer/pages/boards-committees-volunteer-information>

AWARD BOOKS for 2022-23—

Maine Student Book Award (MSBA) and Kennebec Valley Book Awards (KVBA)

If your child would like to get a head start with reading some of the Award Books for 2022-23, please note that we have ordered most of the books on both lists and will be available for checkout soon! Lots of great items on the lists this year, as always, for elementary and middle grade students!



YOUTH VOLUNTEERS WELCOME!



Is your middle or high school student interested in volunteering? We have lots of jobs at the Library for youth to help out with, such as helping with story time, preparing craft projects, shelving, helping with events, creating book displays, assisting at the circulation desk, and more! Students can volunteer an hour or two a week or an hour or two a month...we are flexible! Please contact the Librarian if you know youth interested in volunteering.

STORY WALK® PROJECT UPDATE

Great news! The **Grand Opening for the RES StoryWalk® site has been scheduled for Thursday, September 8 at 6:00pm**. Now there are two StoryWalk® sites in Readfield for families to enjoy!

July STORY WALK® at Readfield Elementary School—*We're Going on a Bear Hunt* by Michael Rosen

The RES StoryWalk® is always open for all to enjoy! The RES Story Walk is located along the edge of the back soccer field behind the school. The picture book featured for July is *We're Going on a Bear Hunt* by Michael Rosen sponsored by an Anonymous donor.

July STORY WALK® at the Readfield Community Library—a Chris Van Dusen book to celebrate his July 14th author event!

The Library StoryWalk® is always open for all to enjoy! The walk begins on the trail behind the Library and goes about ¼ mile to the Readfield Union Meeting House. The picture book featured for July is a Chris Van Dusen title, sponsored by Joshua Bell. Please feel free to walk the StoryWalk® at any time that works for your family, regardless of whether the Library is open. And, be sure to stop by the Library during open hours to pick up the take-home craft that goes along with the story.

Weekly In-Person Outdoor STORY TIME on Tuesdays!



Join us outside on **Tuesdays at 10:00am** for books, songs, and crafts. Watch Facebook for any cancellations due to weather. We will meet at the Readfield Town Beach on Tuesdays in July (except for Tuesday July 5th—meet behind the Library so we can do the new July Story Walk together). In July, themes include oceans, beach, summer, and more!

NEW! COASTAL MAINE BOTANICAL GARDENS Library Pass



Wow! What a response! Twenty Readfield families have enjoyed a trip to the Coastal Maine Botanical Gardens in Boothbay for FREE this summer, thanks to our new Library Pass Program! This pass program is made possible by ARPA 2021 grant funds administered through the ME State Library that the Library received.

How the Library Pass Program works:

The Readfield Library may schedule **two adults plus any number of their children/grandchildren under the age of 18** on EACH calendar day during the summer season (May through October). When a library patron requests a pass to visit the Gardens, the library will check for available dates and may book any day not already held by other patrons of the Readfield Library. We will then email or print the tickets for the patron to present for admission to the Gardens. Please call the Library at 207-685-4089 or email librarian@readfieldmaine.org to reserve a date. This pass is for Readfield Community Library patrons only.

MAINE STATE PARKS—Vehicle Pass Available to check out

Visit a Maine State Park for FREE with the Vehicle Pass from the Library! Thank you to a very generous patron for the pass donation! Checkout period is for a maximum of one week. If you are planning a trip, you may reserve a pass in advance by contacting the library.



SUMMER "Read ME" Program (for Adults)

The Readfield Community Library will participate again this summer in the statewide "Read ME" summer reading program highlighting Maine authors. **We have multiple copies of these two books available at the library for check out, thanks to a generous donation from the Friends of the Readfield Community Library.** Please let us know ASAP if you would like to borrow a copy of one or both books. Please note the following book events.

Events at the Readfield Community Library

Book Group Discussion of *Sigh, Gone* by Phuc Tran

Monday | July 25, 2022 | 6:30pm | Outside behind Library

Book Group Discussion of *Benevolence* by Meredith Hall

Monday | August 29, 2022 | 6:30pm | Outside behind Library

Statewide Virtual Events

Online Author Talk with Phuc Tran (*Sigh, Gone*)

Tuesday | July 12, 2022 | 7:00 – 8:00pm | [Register now](#)

Online Author Talk with Meredith Hall (*Benevolence*)

Thursday | August 25, 2022 | 7:00 – 8:00pm | [Register now](#)



CAREER CENTER CONSULTANT at the Library continues in JULY!



The "Career Center on Wheels" program at the library has been a success and **will continue to run on Mondays from 3-5pm at the Library through July (except for July 4th)**. Marc is a friendly, helpful career consultant who is available to assist with many job and career-related needs such as **job search coaching and resume and cover letter guidance, all for FREE!** Drop-in or make an appointment (call Marc at 207-707-0228).

THANKS TO ERIC and his ALPACAS



Thanks to Eric Johnson of "Alpaca Famrs of Maine" on Church Road for sharing his love for and knowledge about alpacas with the attendees at our Story Walk event. We had a great time reading *Alpacas With Maracas* along the Library's Story Walk trail and making a maracas craft...but, the highlight of the event was meeting Eric and his REAL LIVE alpacas at the end of the trail!! What a treat for the kids and adults alike!

NEW "Readfield Reads!" BOOKMARKS

Thanks to a generous donation from **Maine Authors Publishing**, the Library now has wonderful new bookmarks with our contact info and open hours all in one place! Great to use as a bookmark, but feel free to take an extra to hang on your fridge as a reminder of our hours! Free and available at the Circulation Desk.



1 year of Community Composting Efforts in Readfield—Food Waste and Recycling Program!

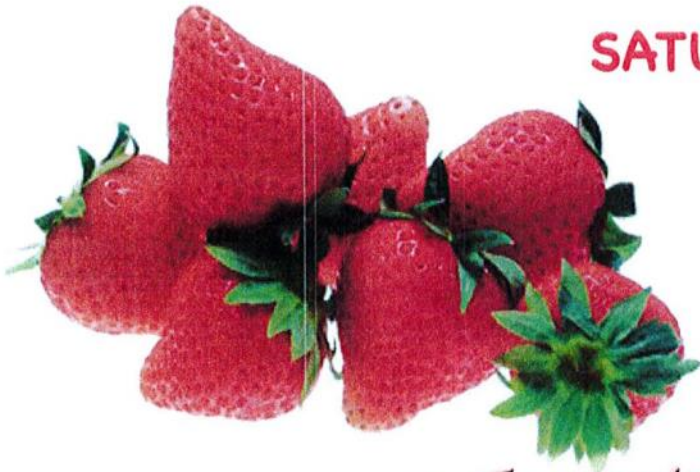


This summer, we celebrate 1 year as a pilot Community Composting site for Food Rescue Maine, a program of the Mitchell Center for Sustainability Solutions at the University of Maine! Readfield continues to encourage residents to reduce food waste and practice food recycling (composting). **To get your FREE countertop compost container, simply stop by the Transfer Station and sign a composting pledge. To get your FREE yard composting bin, watch this 40 minute composting video and follow the directions therein: <https://youtu.be/eXDGQBsf07w>**

STAY CONNECTED!

Free WiFi access is available 24-7 to the library parking lot and Library Park area, and available indoors during all open hours. The WiFi network name is "Readfield Community Library" with no password required.





SATURDAY, JULY 9, 2022

**1 - 3 pm,
RAIN or SHINE**

**22 CHURCH ROAD
READFIELD**

**Union Meeting House
Strawberry Festival
Curbside -- To GO**

**STRAWBERRY
SHORTCAKE
with real WHIPPED CREAM!
\$5.00**

**Call Nancy Durgin at
685-4481 to pre-
order until July 7.**



<https://www.facebook.com/readfield.union.meeting.house/>



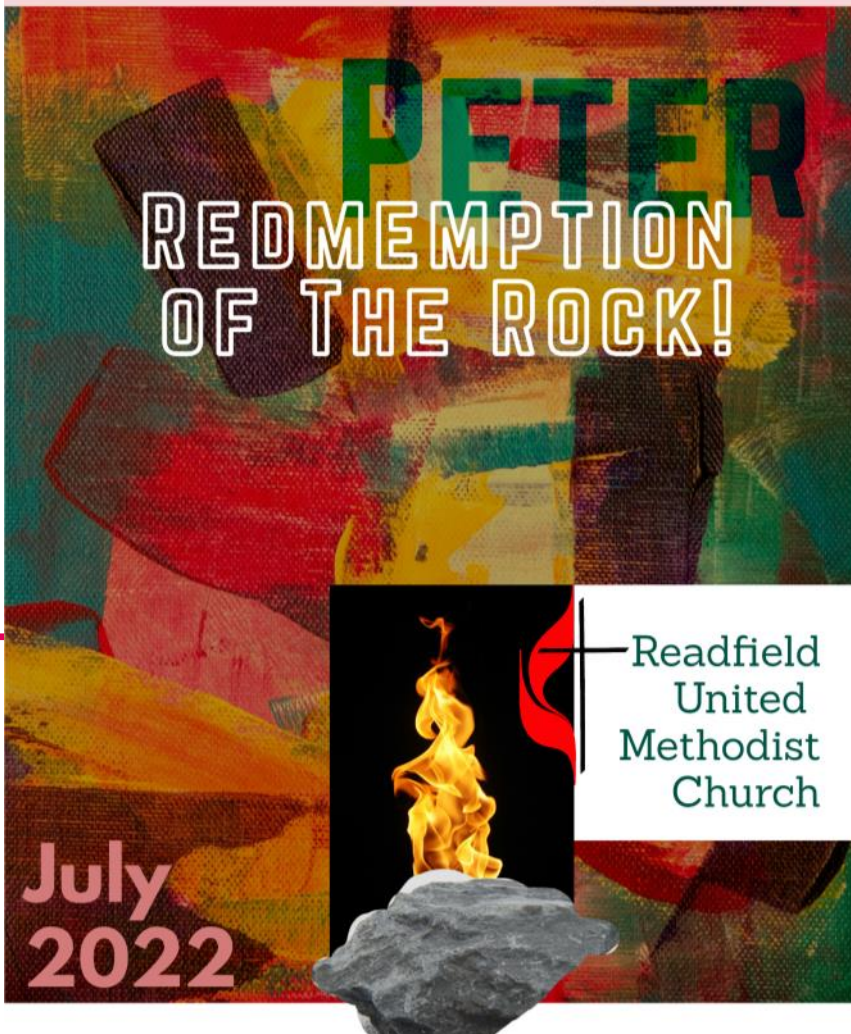
HIRING NOTICE

MAINTENANCE POSITION

The Town of Readfield has an immediate opening for a part-time maintenance position. Scheduled hours will be close to full-time in the summer months, 3/4 time in the shoulder seasons, and optional 1/2 time work in the winter months. Flexible work hours and schedule. Work includes assisting with general grounds maintenance of all town cemeteries and town properties as well as building, equipment, road maintenance, and assistance at the Transfer Station as necessary. Other duties may be assigned.

The successful applicant will have the ability to work independently or as part of a small team, perform manual labor, work in all weather conditions, communicate clearly and courteously with fellow employees and the general public, work a flexible schedule, and operate basic tools and powered equipment used in various building and grounds maintenance tasks. The successful applicant will be required to possess a current Maine Driver's License, with a clean driving record. Experience with hauling utility trailers is a plus. The rate of pay is \$14.00 per hour depending on experience.

10 am worship in-person & on zoom (link through website - <https://www.readfieldchurch.org/> 1564 Main Street REadfield, Maine



Applications may be obtained at the Town Office and on the Town website: www.readfieldmaine.org. Applications must be submitted to the attention of the Town Manager, Eric Dyer, in person or at the contact referenced above.

Position open until Filled. Call 207-685-4939 with any questions.

The Town of Readfield is an Equal Opportunity Employer

Readfield
United
Methodist
Church



Readfield Union Meeting House



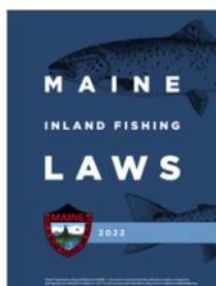
July to be a busy month at the Readfield Union Meeting House at 22 Church Road.

Get your calendars out and mark these dates! Right here in Readfield you'll have entertainment choices. The Tuesday Meet Me at the Meeting House series begins as well as other fun events listed below:

- Tuesday July 5 The Fabulous Gawler Family-providing fun, fiddling music at 7pm. Admission \$15.
- Saturday July 9 The Strawberry Shortcake Festival "To Go" from 1-3pm (providing we don't sell out as we have done the last two years). An outstanding treat for \$5.
- Sunday July 10 A Celebration of Life for Marius B. Peladeau, scholar, historian, author and past president of the board of directors of the Readfield Union Meeting House (RUMH) Open to the public. Starts at 1pm
- Tuesday July 19 Brad Terry, jazz clarinet player, who has played in Europe and all over the US. Admission \$15.
- Saturday July 23 Craft Fair- surrounding the Meeting House. 10-2pm. Free Suggested parking at the Fairgrounds. NO parking on the street
- Tuesday July 26 Sandy Rivers Ramblers; Called one of the best bluegrass bands around. We welcome them back. Admission \$15.

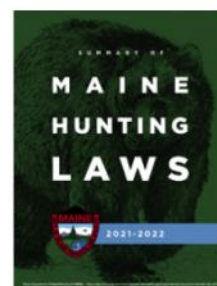
So one can see that yes, July has a lot happening at the RUMH. Please join us. As a teaser.....mark your August 7th calendar for the return of Dave Mallett at 7pm. Admission \$25.

Other August performances will be listed in next month's Messenger.



NEED A COPY?

**OPEN YOUR PHONE'S CAMERA
AND SCAN:**



NEED A COPY?

**OPEN YOUR PHONE'S CAMERA
AND SCAN:**





**Manchester
Lions Club**

**Veterans Benefit
Breakfast**

\$10

July 2, 2022

8am to 10am

Lyceum Workshop: Tinctures Demystified
Thursday, July 7, 5:30 PM
United Church of Monmouth
PREREGISTRATION REQUIRED



As a part of Kennebec Land Trust's (KLT) 2022 Lyceum, Maine Medicinal Plants: Cultural Uses, Ecology and Botany, we will be offering three field workshops throughout the summer and fall 2022.

Join Linda Nelson, Certified Herbalist, for this hands-on workshop on Thursday, July 7, at 5:30 PM, where you will discover just how simple it is to make powerful medicine from the plants growing in your own backyard.

Attendance is limited, so preregistration is required. Cost: \$25 (\$20 for KLT members) plus a \$6 material fee paid to the instructor.

Location: United Church of Monmouth, 778 Main St. Monmouth, ME 04259
To register and for more information, please contact Marie at mring@tklt.org or 207-377-2848

July at



July 2 - July 30: New work by Camille Davidson

July 2: Artist Reception; 2:00 - 4:00 PM

July 9: Concert; Dan Pelletier; Light dinner RSVP: 522-7325

Free and open to all. Due to limited space first 20

The Gallery is located at 1138 Main Street, Readfield

NEW TICK BORNE ILLNESS in Readfield

Be aware an individual in Readfield has been diagnosed with Anaplasmosis, a known tick borne infection.

Symptoms are described on the flyer (fever, shaking, chills, severe headache)

Treatment is similar to Lyme so contact your physician if you are displaying symptoms.

PLEASE USE TICK SPRAY, wear long pants and sleeves when in the brush, garden or woods.

Chip Stephens MS Local Health Official Readfield

Anaplasmosis

Fact Sheet



Anaplasmosis is an illness caused by the bacteria *Anaplasma phagocytophilum*. It is spread by the bite of an infected *Ixodes scapularis* tick (also called the deer tick).



Anyone can get anaplasmosis, but people who spend time outdoors are at the highest risk.

Common Signs and Symptoms



Fever and Chills



Headache



Muscle Pain



Nausea and Abdominal Pain

More Severe Signs and Symptoms



Difficulty Breathing



Kidney Failure



Neurologic Problems

Symptoms range from mild to severe. Very few people experience **ALL** of these symptoms.



Talk to your doctor if you have any of these signs or symptoms after being bit by a tick. Anaplasmosis is diagnosed based on signs and symptoms and confirmed through blood tests. It is treated with antibiotics.

Preventing Tick Bites



Wear light colored, long-sleeved clothing. Tuck your pants into your socks.



Use an EPA approved bug spray.



Rake your leaves and keep your lawn mowed.



Do daily tick checks and check your pets too.

Safe Tick Removal



Use a tick spoon or fine-tipped tweezers to remove a tick.

-Using tweezers, grab the tick by its mouth and use firm, steady pressure to pull the tick out. Do not use twisting motions.

-Using a tick spoon, line the notch of the spoon up with the head of the tick and gently scoop.

Do not use nail polish, matches, or petroleum jelly to remove the tick. These methods increase the risk of localized skin infection.

Where are Deer Ticks Found in Maine?

Deer ticks, which can carry the bacteria that cause anaplasmosis, are found everywhere in Maine. Areas where deer ticks live include:

- Wooded or forested areas
- Wild, unmaintained landscapes with high grass
- Brush or leaf piles



Ticks are active at any temperature above freezing.

For More Information, Visit:



1. www.maine.gov/dhhs/anaplasmosis
2. www.maine.gov/dhhs/tickfaq (For frequently asked tick questions)
3. www.cdc.gov/anaplasmosis
4. www.extension.umaine.edu/ipm/tickid/ (To submit a tick for identification)
5. www.epa.gov/insect-repellents/find-repellent-right-you (For EPA approved repellents)

You can also call Maine CDC at 1-800-821-5821.



Save the Date

8/27/22

The Manchester Lions, are Bringing Back

The Central Maine Amazing Race!!!

Are you up for the Challenge?

Email Lion Deb Maddox at debrahmaddox@yahoo.com

Or Call 207-441-9906



Manchester Lions Central Maine Amazing Race Rules

- All pledge sheets must turn in on August 27, 2022
- Minimum sponsors to participate is \$200 per team
- Teams must consist of 2 individuals
- Teams must sign up by calling Deb at 207-441-9906 or emailing at debrahmaddox@yahoo.com
- Teams will earn points based on completion of challenges and placement at the Pit Stops
- Individuals can earn points before the start of the race. 1 point for each additional \$100 raised up to a total of 5 extra points
- This is an all-day event with prizes to be awarded at Award Dinner to take place after the race; cost of dinner is additional cost unless \$300 or more is raised by your team of 2
- All teams will rotate each challenge unless the challenge requires 2 participants
- Team must participate in all challenges unless they use an Express Pass, or a time penalty will be issued
- All rules will be reviewed prior to the start of the race
- All racers must be checked in at the Manchester Lions Club by 9am on August 27, 2022
- The 2 teams with the most amount of pledges at check in will receive an Express Pass to be used on 1 challenge

Healthy Living for ME Invites Mainers to Register for July Workshops



Adult Mainers of All Ages Welcome to Participate in Free & Low-cost Workshops

Statewide - Healthy Living for ME has announced its July workshop schedule. Through its network partners, Healthy Living for ME is able to offer in-person and online workshops statewide. In July, the workshops include programs that help people improve their fitness, help people manage chronic conditions, and provide support and resources for caregivers.

“We’re pleased to be able to offer a variety of both online and in-person workshops with our network partners in northern, mid-coast and central Maine this summer,” said Jennifer Fortin, Fidelity & Training Manager of Healthy Living for ME. “Whether you’re looking for support in your role as a caregiver, or would like to take steps to improve your own health and wellness, Healthy Living for ME’s evidence-based workshops can help.”

Tai Chi for Health and Balance - This workshop is focused on practicing Tai Chi, which can help people improve balance and health as well as relieve pain.

An in-person Tai Chi for Health and Balance workshop is being offered by Healthy Living for ME network partner, Spectrum Generations at the Richmond Area Senior Center beginning July 11th. The workshops will be held on Mondays and Wednesdays, 9:00-10:00am and runs through September 19th. The cost for participants is \$45.

An online Tai Chi for Health and Balance workshop is being offered by Healthy Living for ME network partner, Aroostook Agency on Aging beginning July 12th. The workshop will be held on Tuesdays and Thursdays, 8:00-9:00am, and runs through September 15th. The cost for participants: \$20.

Living Well for Better Health - This workshop helps participants deal with ongoing conditions such as diabetes, COPD, arthritis, and high blood pressure. Topics covered include: handling frustration, fatigue, pain and isolation; appropriate exercise for maintaining and improving strength, flexibility, and endurance; appropriate use of medications; communicating effectively with family, friends, and health professionals; nutrition; and evaluating new treatments.

Living Well for Better Health is being offered online by Healthy Living for ME network partner, SeniorsPlus. The workshop begins on July 12th. It will be held on Tuesdays from 9:00-11:30am, through August 16th. There is no cost for participants.

Bingocize - This workshop combines a bingo-like game with exercise and health education with the goal of increasing older adults' functional fitness, health knowledge, and social engagement.

Bingocize is being offered online by Healthy Living for ME network partner, Aroostook Agency on Aging beginning July 13th. The workshop will be held on Wednesdays and Fridays, 1:00-2:00pm, through September 16th. There is no cost for participants.

Savvy Caregiver - The Savvy Caregiver Program helps caregivers better understand the changes their loved ones are experiencing and how to best provide individualized care for their care recipients throughout the progression of Alzheimer's or dementia. There is no cost for participants.

Two sessions of this workshop are being offered by Healthy Living for ME network partner, Spectrum Generations. The first will be held online, beginning July 19th. It will be held on Tuesdays, 6:30-8:30am, through August 23rd.

The second will be held in-person at Center Point Church in Waterville, beginning July 21st. It will be held on Thursdays, 9:00-11:00am, through August 25th.

For virtual workshops, participants who do not have the necessary technology may be eligible to borrow an iPad from Healthy Living for ME in order to participate.

Registration is required for these workshops. Please contact Healthy Living for ME at 1-800-620-6036 or info@healthylivingforme.org for more information and to register. You can also register via our website, www.healthylivingforme.org.

To learn more about these and other workshops offered by Healthy Living for ME, visit www.healthylivingforme.org.

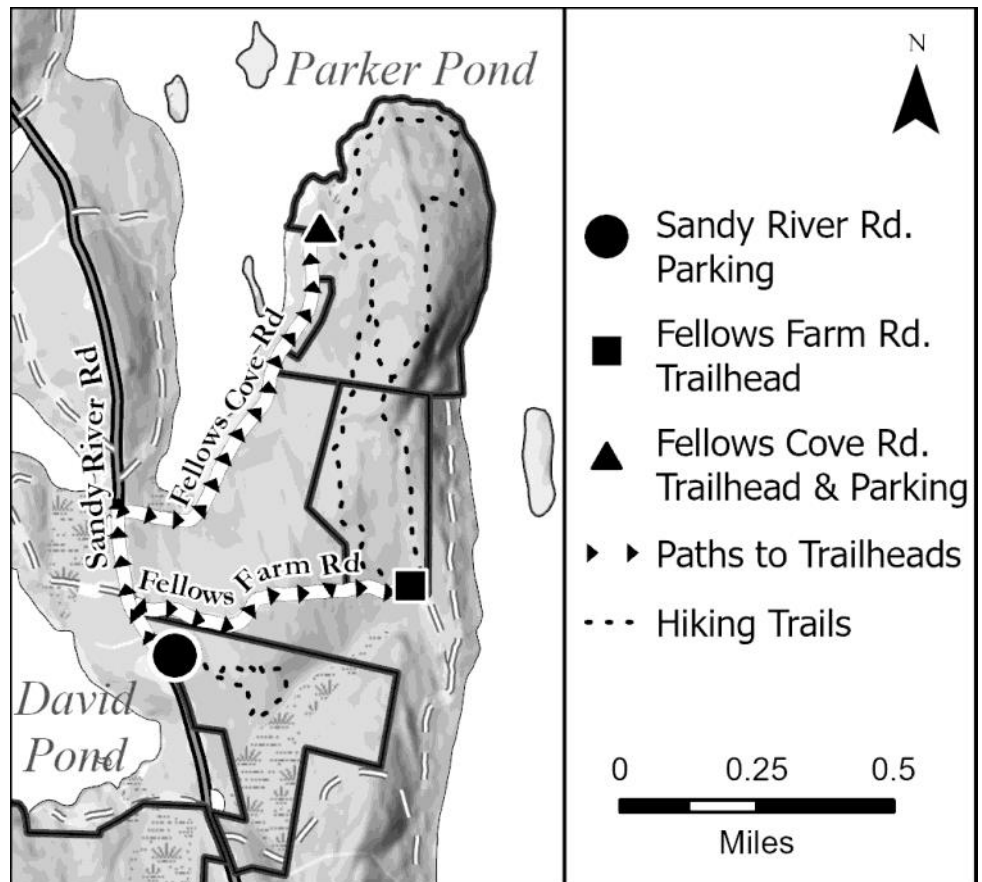
About Healthy Living for ME: *Healthy Living for ME is a statewide network of local organizations, health systems and volunteers that work together to empower individuals to take control of their health. Through tailored services, we provide free and low-cost options that are personalized to focus on the entire individual rather than a single condition to improve overall quality of life.*

The new KLT Parker Pond Headland Preserve parking lot will be finished soon. We ask that visitors to the Headland consider parking in our new Sandy River Road lot and biking or walking to the trailheads on the Fellows Farm or Fellows Cove Roads. There will be bike racks at the trailheads and a kiosk with more information at the parking lot. If you do plan to park at the Fellows Cove Road lot, we hope you'll consider visiting during the week rather than on busy weekends. If you plan to hike with others, please use the Sandy River Road lot as a meeting place. Dogs must be kept on a leash while walking on the Fellows Farm and Fellows Cove Roads.

Distance to trailheads from Sandy River Road parking lot:

- Fellows Farm Road - 0.7 miles
- Fellows Cove Road - 1 mile

For more information, please visit www.tkl.org/parker or call our office at 207-377-2848.





Town Office Staff Contacts

Town of Readfield

www.readfieldmaine.org

8 Old Kents Hill Road
Readfield ME 04355

Phone: 207-685-4939
Fax: 207-685-3420



www.facebook.com/townofreadfield

Town Manager, Eric Dyer: manager@readfieldmaine.org
 Finance Officer, Teresa Shaw: finance@readfieldmaine.org
 Town Clerk, Kristin Parks: clerk@readfieldmaine.org
 Code Officer, Chip Stephens: ceo@readfieldmaine.org
 Front Desk Clerk, Anjelica Pittman: info@readfieldmaine.org
 Maintenance, Matthew Seems: maintenance1@readfieldmaine.org
 Animal Control, Eric Johnson: 207-931-7684
 Sexton, Ben Rodriguez: sexton@readfieldmaine.org
 Assessor, David Ledew: assessor@readfieldmaine.org

July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Assessor In (By Appointment)	2
3	4 Independence Day Town Offices Closed	5	6 Library Board of Trustees 6:30 PM	7	8	9
10 Household Hazardous Waste Collection Day at Transfer Station 9:00 AM - 12:00 PM Pre-Registration Required	11	12 Conservation Comm. 6:30 PM Planning Board 6:30 PM	13 Age Friendly Committee 9:00 AM Solid Waste & Recycling Comm. 5:30 PM	14 Road Committee 6:00 PM	15 Assessor In (By Appointment)	16
17	18 Cemetery Committee Meeting 10:30 AM Select Board 6:30 PM	19	20 Comprehensive Plan Committee 6:00 PM	21	22	23
24	25 August Messenger Articles Due	26 Planning Board 6:30 PM	27 Trails Committee 6:30 PM	28	29	30
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