





www.readfieldmaine.org

Readfield Heritage Days



<u>Friday, August 12</u> 5pm - 7pm Readfield Historical Society Wine & Cheese Social

Saturday, August 13 - ALL DAY

Heritage Days Achievement Quest Children 15 and under Unlock each achievement on the list and win CASH! Quest forms available at the Town Office

Heritage Days Fishing Derby Children 15 and under Catch a fish in any Readfield lake/pond to qualify Fish weigh-in at the Beach from 3-4pm

https://www.facebook.com/readfieldheritagedays

	<u>Saturday, August 13</u>
7am - 10am	Breakfast with the Masons - \$8
	Masonic Hall - Main St.
9am - 1pm	Library Book Sale -
-	Fire Station
10am - 1pm	Iron Fence Inn Open House -
	Main St.
10am - 12pm	"Animal Worlds" - The Gallery-
-	Main St.
10am	History Walk with
	Dale Potter-Clark - RHS
12pm - 4pm	Maker's Market/Spirit of
	America Awards - Beach
	(Crafts, food, and more!)
1pm - 4pm	Readfield Kickball
	Championships -
	Fairgrounds
12рт - 2рт	Pig Scramble Day-of Registration
3pm	Pig Scramble - Beach
3pm - 4pm	Fishing Derby Weigh-In -
	Beach
брm	Beach closes for fireworks prep
9:15pm	Fireworks at the Beach
_	
New for 20	<u>)22 - Parking available at the beach!</u>

Food, Fun, Fireworks!



Happy August from the Readfield Select Board,

This time of year is another reminder of why we live in Maine. We know that the heat of August will be replaced with the cold and snow of January and February before we know it, and that it isn't far off. However, like a sponge, we soak it all up now so we can get through those colder times.

There's plenty happening this month for the Select Board.

The Summer Resident's Meeting will be Friday, August 5th at 5pm at the town office. This is always a great time to hear from our summer residents about Readfield and what's happening in town. Join us for this meeting on Friday, August 5th.

On Friday and Saturday, August 12 and 13th, Readfield Heritage Days take over the town as we celebrate the great parts of living in Readfield. From pig scrambles, art exhibits, businesses, book sales, makers, and fireworks, Readfield Heritage Days offer something for the whole family. Find out more about it in this very Messenger or find their page on Facebook - /readfieldheritagedays.

On August 22nd, the Select Board has their annual retreat. We don't go anywhere, we just get together for an extended workshop to talk, discuss, and determine our goals for the upcoming year. We always invite the public to this open meeting, and would love you to attend. This is also available at our website - readfieldmaine.org.

Finally, look for our new feature "Readfield Select Board Notes" in the Community Advertiser. Since the Advertiser seems to be such an important part of our community understanding of current issues, we thought we'd join with other towns in writing our own Select Board column. We are always trying to find the best ways to communicate with our residents, and we hope this new venture is just that!

Thank you, Readfield, for your help in making our town a great place to live. We always work to bring #readfieldtogether.

Dennis Price, Select Board Chair



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Readfield Heritage Days Scheduled for August 12th & 13th



Readfield Heritage Days 2022 offers two days of activities, fun, and entertainment in Readfield!

Originally a fundraiser to assist the town library, Heritage Days has grown and transformed over the years to become a town-wide celebration of a great place to live.

On Friday, August 12th, Heritage Days kick off from 5-7pm at the Readfield Historical Society's Wine and Cheese Social. This fundraiser and membership drive gives attendees the opportunity to learn about Readfield history and meet your Readfield neighbors. Check it out at the Readfield Historical Society - 759 Main Street, Readfield.

Saturday, August 13th is packed with even more events this year.

First, for all-day events, there's a fishing derby for kids 15 and under all day. Fish must be caught in a lake or pond in Readfield, and fish can include trout, bass, pickerel/pike, and perch (white or yellow). Weigh-in will be between 3-4pm at the Readfield Beach.

Another all-day activity for Saturday is the ever-popular Heritage Days Achievement Quest for Kids! Check off each quest and bring it to the Heritage Days staff at the beach to win a CASH PRIZE!

To begin the day, there is a pancake breakfast at the Masonic Hall from 7-10am. The cost is \$8 for ages 11+ and kids 10 and under eat free!

The Readfield Community Library book sale is at the fire station and runs from 9am - 1pm. A business open house at the Iron Fence Inn on Main Street takes place from 10am-1pm.

At 10:00am, a historical walk of Readfield Depot village led by Dale Potter-Clark gets underway. This walk will begin at the Readfield Historical Society building at 759 Main St.

The RHS building will be open Saturday, August 13th from 10am-2pm and a rotating slideshow of old Readfield Depot village photos will be on display during that time. A new display called "Summers in Readfield" will be unveiled during Heritage Days, depicting summer resorts and kid's camps on Lake Maranacook and information about why and how the summer tourist industry began in Readfield.

Also on Saturday the 13th, the Gallery downtown (next to the Post Office) will be open 10am - 12pm for a group artist show called "Animal Worlds" featuring six wonderful Maine artists. This event is free and open to all!

At the beach, we are making a major change! We heard your feedback and are now offering **parking at the beach!** Using the lower parking lot and the upper grassy area, you will now be able to park at the beach, take a look around, visit our beach area makers, and take home a Heritage Days treasure!

At noon, the beach will feature makers from all over town setting up and offering their goods for our Heritage Days celebration! Also, at 1pm, we present the Spirit of America Awards for 2022!

At the Fairgrounds Ball Field at 1pm, the 2022 Readfield Kickball Championship gets underway. All ages are encouraged to put a team together (9-11 people) and join us for ultimate KICKBALL GLORY! Sponsored by the Readfield Recreation Committee.

At 3pm at the beach, it's a very special event. We are proud to announce the 2022 Heritage Days Pig Scramble! Preregister online OR register from 12-2pm the day of. Two age groups, one beachside pen, and plenty of fun to round out our activities at the beach!



We end Heritage Days with a spectacular fireworks display at the beach around 9:15pm! Due to fireworks setup and safety, the Readfield Beach will close at 5pm.

Readfield is a great place to live and we're looking forward to seeing you at Heritage Days 2022!

FOR MORE INFO - Dennis Price 207-577-4919

Town Manager's Report - Tax Commitment and Tax Relief

The Readfield Board of Assessors committed 2022-2023 taxes on July 18th. The tax commitment is the culmination of nearly a full year of collaborative effort beginning with the Select Board goal setting process in August and essentially wrapping up with voter approval in June. There is a lot that happens in between and behind the scenes involving nearly every Town board and committee, multiple Town staff, and of course participation from the public. Every year we focus on providing the services residents want, at the level of service they expect, as cost effectively as possible. This year was no exception.

The Board of Assessors made another 10% adjustment to residential real estate values in order to keep pace with State of Maine expectations and a hot real-estate market. The mil rate decreases from 15.79 to 14.8. Despite a 7% increase in the RSU #38 assessment and a 10% increase in the County assessment, the overall impact on taxpayers was only a 3% increase due to good planning and financial management by the Town. School and County taxes are both assessments the Town has no control over but is legally obligated to pay. The School budget makes up about 78.3% of your property taxes, the County Budget makes up about 7.4%, and the Town portion is about 14.3%.

It is important to note that the School, County, and Town all saw a lot of variability over the last two years and intentionally kept taxes artificially low. The increase we are seeing this year actually brings us in line with the same out-of-pocket impact our residents saw in 2017-2018, or five years ago. This means we will almost certainly see an increase in taxes over the next two years as we return to pre-pandemic levels and eventually account for the economic changes we are seeing now. The Town will do everything we can to avoid abrupt or excessive increases. That last fact doesn't make taxes any easier to pay, and so I want to highlight two new tax programs that we've been hearing a lot about lately.

NEW in 2022 - Property Tax Stabilization Program:

- The Property Tax Stabilization Program is a State program that allows certain senior-citizen residents to stabilize, or freeze, the property taxes on their homestead. As long as you qualify and file a timely application each year, the tax billed to you for your homestead will be frozen at the amount you were billed in the prior tax year.
- To be eligible for the Program, an individual must meet all of the following as of April 1 of the property tax year for which they are requesting stabilization (so for applications due December 1, 2022, qualifications must be met as of April 1, 2023):
 - 1) at least 65 years old,
 - 2) a permanent resident of Maine,
 - 3) have owned a Maine homestead for at least ten years, and
 - 4) be eligible for a homestead exemption on the property they are placing in the Program.

NEW in 2022 - Property Tax Deferral Program:

- The State Property Tax Deferral Program is a lifeline loan program that can fully cover the annual property tax bills of Maine people who are ages 65 and older or are permanently disabled and who cannot afford to pay them on their own.
- The loan program allows Maine's most vulnerable community members to age in place and ensures that property taxes are still delivered to municipalities, requiring repayment of the loan once the property is sold or becomes part of an estate.

For applications or more information on any of these programs contact or visit the Town, or go to <u>www.readfieldmaine.org</u> and click on the "Tax Information" button on the homepage.



9th Annual Readfield Summer Residents Meeting Friday, August 5th - 5:00 PM at Gile Hall

Please join us to discuss issues affecting our summer residents and visitors.

Light refreshments will be available.



INITIAL APPLICATION FOR PROPERTY TAX STABILIZATION FOR SENIOR CITIZENS

36 M.R.S. § 6281

Completed forms must be filed by December 1 with the municipality in which your homestead is located.

SECTION 1: APPLICANT(S) INFORMATION

1a. Names of all property owners (names on your tax bill; for cooperative housing corporation shareholders, enter the name of the cooperative housing corporation and the shareholder's name): ______

1b. Physical location of your homestead (e.g. 14 N	laple St.):	
Municipality:		ZIP:
Email:	Telephone #:	
1c. Mailing Address, if different from above:		
Municipality:	State:	ZIP:

SECTION 2: ELIGIBILITY (Check all that apply):

- 2a.
 I am a permanent resident of Maine.
- 2b. I will be 65 or older as of April 1 of the upcoming year.
- 2c. I have owned a homestead in Maine for at least ten years as of April 1 of the upcoming year. If your homestead has changed during the ten-year period, enter the full address (street number, street name, municipality) of any prior homestead(s) and years it was your homestead. The ten-year period is not required to be consecutive. Attach additional pages, if necessary:

and the second se	Complete Address	rears
	Complete Hadrood	

- 2d. I declare the property listed in section 1 above is currently my permanent residence and that, if applicable, the property (or properties) listed in section 2c was my permanent residence during the years indicated.
- 2e. a I am not currently claiming or receiving a homestead property tax exemption for any other property.

IF YOU ARE NOT ABLE TO CHECK ALL FIVE BOXES, STOP You do not qualify for the Property Tax Stabilization program

SECTION 3: MAINE RESIDENCY

3a. I receive a homestead property tax exemption for the homestead listed on 1b above. If you did not check box 3a, check all that apply below and include documentation (see instructions).

- 3b. I file a Maine resident income tax return (Form 1040ME).
- 3c. □ The address on my driver's license or Maine ID card is the homestead listed on 1b above.
- 3d. The legal address on my resident hunting/fishing license is the homestead listed on 1b above.
- 3e. I pay motor vehicle excise tax in this municipality.
- 3f. I am registered to vote in this municipality.
- 3g. I have other documents showing my residency status.

DECLARATION(S) UNDER THE PENALTIES OF PERJURY. I declare that I have examined this application and (if applicable) accompanying schedules and statements and to the best of my knowledge and belief they are true, correct, and complete.

Signature of Homestead Owner(s)	Date:
Print Clear form	Date:

INSTRUCTIONS

If you are at least 65 years old and have owned a homestead in Maine for at least ten years, you may qualify to have your property tax stabilized at the amount of your bill in the year you applied for the program. If your application for stabilization is approved, this will first affect the property taxes you owe for the property tax year following the year of submitting this application. This stabilization will continue, even if you move to a new homestead, including in a different municipality in Maine, so long as you file a timely application with the municipality each year and you continue to meet the eligibility requirements. The municipality may request additional documentation to prove your eligibility for the stabilization program.

NOTE: If you have been previously approved to participate in the program and are looking to continue your stabilization, please complete the Renewal Application for Property Tax Stabilization. That application is available on the Maine Revenue Services website at *www.maine.gov/revenue/tax-return-forms/property-tax*.

SECTION 1. Enter your full name(s) as shown on your property tax bill, the physical location of your homestead, your telephone number, email address, and mailing address (if different than the physical location). If you are a cooperative housing corporation shareholder, please enter both the name of the cooperative housing corporation and your name as the shareholder.

SECTION 2. Check the appropriate box related to each question. You must check all boxes to qualify for the Property Tax Stabilization program. If your homestead has changed during the 10-year period, enter the full address (street number, street name, municipality) of any prior homestead(s) and the years in which it served as your homestead. The 10-year period does not have to be consecutive. You may be required to provide additional evidence to document your ownership. If you did not check all boxes in this section, you do not qualify for the Property Tax Stabilization program.

SECTION 3. You must verify that you are a permanent resident of Maine. Evidence that you currently receive a homestead exemption for the property listed on section 1b is sufficient proof of permanent residency. If you do not currently receive a homestead exemption for this property, you must attach proof of your Maine residency. Proof of Maine residency includes, but is not limited to, Maine resident income tax return (Form 1040ME), your Maine driver's license/state ID, your Maine resident hunting/fishing license, your motor vehicle registration, or your voter registration.

The application must be signed. Completed applications must be filed by December 1 with the municipality in which your homestead is located. If your property is located in the Unorganized Territory, the form should instead be filed with Maine Revenue Services.

DEFINITIONS

Homestead. "Homestead" means residential real property owned by an individual or individuals and occupied by those individuals as their permanent residence. Residential real property held in a revocable living trust for a beneficiary who occupies the property as his or her permanent residence also qualifies as a homestead. A resident homeowner who is subject to foreclosure and subsequently purchases the home back from the municipality is considered to have no interruption in homeownership for purposes of this exemption.

Permanent residence. "Permanent residence" means that place where an individual has a true, fixed, and permanent home and principal establishment to which the individual, whenever absent, has the intention of returning. An individual may have only one permanent residence at a time and, once a permanent residence is established, that residence is presumed to continue until circumstances indicate otherwise.

Permanent resident. "Permanent resident" means an individual who has established a permanent residence.

July 2022

READFIELD REC PRESENTS READFIELD HERITAGE DAYS

NOT RSU **SPONSORED**



SATURDAY, AUGUS

1PM - 4PM

EMAIL US AT READFIELDRECCOM@GMAIL.COM TO REGISTER

7



EVENT BEGINS AT 3:00 PM @ THE READFIELD BEACH 2 AGE GROUPS: 7-9 & 9-11





REGISTER NOW! 2022 Maranacook Youth Soccer Registration Pre K - Grade 6 Boys and Girls

Commissioner: Hannah Flannery Phone: (207) 446-7865 ~ Email: hhinckley@roadrunner.com

Player Name	Birth Date	Gender	Grade	Shirt Size
Cost: \$25	5.00 – 1st child; \$25.00 - 2 Maximum Fa	nd child; \$20.00 mily Fee \$70.00	each addition	al child
	ks (Payable to Town of Re dfieldmaine.org - \$10.00 l a			
Parent/Guardian Nar	me:			
Address:				
Phone Number:	Email ad	dress:		
	ogram depends on paren _ CoachAssistant Co			
Please list any medic coaches' attention.	al conditions or concerns	(asthma, allergie	es, etc) to be	brought to the
Town of Readfield, it damages arising out understand there are	he undersigned hereby re s agents and volunteers fr of, connected with, or res e inherent risks and dange for my child/ children.	rom any and all c ulting from part	laims, suits, ac cipation in thi	ctions, and s activity. I

Transfer Station News - August 2022



Apparel Impact Bin

Apparel Impact is a textile recovery company that began as a small family operation in 2014 in New England. Their aim was to collect clothing, shoes, and textiles of all kinds to keep them out of landfills, provide resources to assist with local poverty and to create jobs. They wanted to change the way we all think about clothes. They have now grown into a nationwide company with the same goals. Readfield is glad to partner with this worthy company as their goals align with ours to Reduce, Reuse and Recycle.

Approximately 10% of trash placed in the MSW (Main Stream Waste) bin is textiles. By utilizing the Apparel Impact bin, we can reduce the amount of waste going into the local landfill in Norridgewock, allow for useable items to be given to those in need, and recover fibers to be used for new manufactured items. All of this also saves cost to the town in tipping and transportation fees.

The collection bin is located straight ahead as you pull past the attendant booth, next to where you can drop off electronics and light bulbs, all near the metal bin. Items placed in the bin do not have to be laundered, wearable or useable. Please see the list here for what can be placed in the bin. For more information visit <u>www.appaelimpact.com</u> on the Internet.

Practice Kindness Please. Please remember to be patient with everyone while you are at the Transfer Station. There are many challenges presented to using the space safely and efficiently and everyone handles those in their own way. But please try to be patient and understanding of other patrons and our employees. Everyone is doing the best they can and deserves to be treated respectfully and with kindness. Thank you for efforts to make this Town operated facility function well.

General Operation Practices

All vehicles must stop at the Attendant Booth to speak with an employee about what materials you are bringing in, to receive directions on where to dispose of these materials, and to pay any required fee.

Please leave when you are finished to avoid making the space congested.

Transfer Station Summer Hours

Tuesday, Wednesday & Friday 11 AM to 6PM

Thursday Senior-Only Hours 10 AM to 2 PM

Saturday 8AM to 4PM

Sunday 8AM to Noon (last day 8-28)



Now Open! Please bring items in and feel free to take items you can use. Recycling Through Re-Use



Readfield Solid Waste and Recycling Committee



The Town of Readfield is seeking volunteer members for the following committees:

(Positions advertised are as of July 25, 2022)

- Age Friendly Committee: 1 Member (2024), 1 Associate Members (2024)
- Board of Appeals: 1 Member (2025)
- Cobbossee Watershed District: 1 Alt. Member (2024)
- Conservation Commission: 2 Members (2023 & 2024), 2 Alt. members (2024 & 2025)
- Heritage Days Committee: Multiple Positions Available
- Local School Board Advisory: 3 Members (2023, 2024 & 2025)
- Maranacook Outlet Dam Committee: 1 Alt. Member (2023)
- Planning Board: 3 Alt. members (2023, 2026 & 2027)
- Recreation Committee: 1 Member (2025)
- Road Committee: 3 Members (2025)
- Solid Waste & Recycling Committee: 1 Member (2025)
- Trails Committee: 4 members (2-2024, 1-2025 & 1 Alt. member-2023)

If you are interested in joining any of the above committees please complete the Appointment Application on Pages 8 & 9, on our website under Volunteer Opportunities or stop by the Town Office.

For more information: 207-685-4939, clerk@readfieldmaine.org

Time to Register/Re-Register Your Vehicle?

Please make sure to have the following:

NEW REGISTRATIONS:

Dealer Sale:

Monroney Label Odometer Reading Proof of Insurance Sales Tax Form Title Application

Private Sale:

Bill of Sale Odometer Reading Previous Owner's Title Signed Over to New Owner(s) Proof of Insurance

RE-REGISTRATIONS:

Previous/Current Vehicle Registration, Odometer Reading, Proof of Insurance

IF TRANSFERING:

Dealer Sale: Monroney Label Odometer Reading Proof of Insurance Sales Tax Form Title Application Registration of vehicle you are transferring from

Private Sale:

Bill of Sale Odometer Reading Previous Owner's Title Signed Over to New Owner(s) Proof of Insurance Registration of vehicle you are transferring from

READFIELD HISTORICAL SOCIETY

READFIELD HERITAGE DAYS, AUGUST 12TH AND 13TH

Friday, August 12th 5-7 p.m. Annual Wine and Cheese for members

This event is an opportunity to visit the RHS museum and to meet others with like interests while enjoying an array of refreshments and beverages to include wine, sangrias, non-alcoholic beverages, cheeses, and an array of delectable appetizers and sweet treats. FREE to members. New members can pay dues at the door: \$10 annual, \$5 for seniors and lifetime dues \$100. This event is sponsored by the Winthrop Area Federal Credit Union. Dale Potter-Clark will be available to sign her newest book, Escape from Bunker Hill, about the Underground Railroad that once passed through central Maine and includes a good deal about people and places in Readfield. Several of her books are available in our gift shop as are a variety of other books and items of a local historical nature.

Saturday, August 13th 10:00 a.m.

A history walk of Readfield Depot village led by Dale Potter-Clark 10-11:30 a.m. will begin at RHS, 759 Main St. The RHS building will be open 10-2 and a rotating slide show of old Readfield Depot village photos will be on display during that time. Evelyn Potter will be on hand to share some memories of "the Depot" where she was born in 1930. A new display called "Summers in Readfield" will be unveiled during Heritage Days – see more about that below. Melanie Lanctot will be the docent on duty for the day.

A NEW "SUMMERS IN READFIELD" DISPLAY

RHS members, Bryan and Lindsay Henderson of Readfield Depot, have volunteered to put together a new display that will provide a glimpse into what summers in Readfield were like during the late 19th and early 20th centuries. The display will include photos of the resorts and kid's camps on the Readfield end of Lake Maranacook and information about why and how the summer tourist industry began in our town. The extensive display of photos will be arranged by Lindsay who has a background in graphic arts. Bryan is a railroad buff and will add his touches in that regard as well as constructing frames to hold some of the photos. Other items on display will also give glimpses into Readfield's summers of ages past. The display will be unveiled during Heritage Days weekend.

Readfield Historical Society at 759 Main Street will be open every Thurs. and Sat., 10-2p.m. until Labor Day weekend and by appointment. RHS was founded in 1985 to preserve the rich history of Readfield and its people. Annual dues are \$5 for seniors or \$10 for others or \$100 for lifetime memberships. Checks made out to the Readfield Historical Society can be mailed to PO Box 354 Readfield 04355. Visit us on Facebook to see posts of a historical nature and updates from our organization.



PHOTO CAPTION:

A history walk of Readfield Depot village will be done on August 13th 10-11:30 which will include information about Ramsey's Country Store pictured here. The Store is remembered fondly by most older year-round and summer residents.



AUGUST 2022—LIBRARY NEWS and EVENTS

Library Hours

Mondays Tuesdays Wednesdays Saturdays

3pm-7pm 10am-4pm 1pm-7pm 10am-4pm

Important Dates for SUMMER READING PROGRAM—"Oceans of Possibilities"

OCEANS OF POSSIBILITIES

Monday, August 1st = Last Day to Sign Up to Participate in Summer Reading Saturday, August 20th at 4:00pm = Last Day to Complete Reading and Redeem Raffle Tickets (for participants using paper logs AND for those using Beanstack) Monday, August 22 at 6:00pm = Summer Reading Final Celebration will take place on outside behind the Library and will feature: - Chewonki's Traveling Natural History Program "Tide Pools" Event

- Children/Teen and Adult Raffle Prize Drawings
- Prizes for Summer Reading Program participants

DONATION of ORIGINAL ARTWORK to be Unveiled at Library! (August 1st)



The Readfield Community Library was recently gifted an original work done by **renowned native Readfield Artist** Joseph Cummings Chase (1878-1965), pictured here at his easel. We invite you the view the artwork and learn about Chase on Monday August 1 at 6:00pm outdoors behind the Library. Local historian Dale Potter-Clark from the Readfield Historical Society will give a talk about Chase, an internationally known artist in his time who sketched or painted portraits of thousands of people—including many well-known politicians, military men, and actors. Chase was also an author and Potter-Clark will have some of his books available for the attendees' perusal. Each one includes dozens of his sketches. If rain, event will be indoors at the Readfield Union Meeting House.

AUTHOR EVENT with Maine Crime Writer PAUL DOIRON (August 3rd)

We are thrilled to host Paul Doiron, the best-selling author of the Mike Bowditch series of crime novels set in the Maine woods, on **Wednesday, August 3 at 6:00pm outdoors behind the Library**. Paul will read from his latest book, *Hatchett Island*, and take questions from the audience. Oliver & Friends Bookshop of Belgrade will be at the event with copies of Paul's books for sale (cash/check/card) and Paul will be available for signing. Parking will be along the street; the driveway will be blocked off for the event. Please bring a chair; limited folding chairs available. In case of rain, the event will be held indoors upstairs at the Readfield Town Office. FMI about the author: http://www.pauldoiron.com/

OCEAN ART WORKSHOP for KIDS/TEENS with Readfield Illustrator RJ JENKINS (August 8th)



Join Maine illustrator and art teacher RJ Jenkins for a creative OCEAN ART WORKSHOP on Monday July 18 at 6:00pm outside behind the library. This is a free workshop and all supplies will be provided. Register with the Librarian at 207-685-4089 or librarian@readfieldmaine.org. Limited numbers for this workshop, so please register early! RJ will have his book available for sale/signing for those who are interested. Note: this event was rescheduled from July 18 due to rain. If it rains on August 8th, we will try to reschedule.

ANNUAL SUMMER BOOK SALE (August 13th)



The Annual Library Book Sale will be held during Readfield Heritage Days weekend on Saturday, August 13th from 9:00am-1:00pm at the Readfield Fire Station. Please come find some treasures for adults, kids, and teens!! There will be books, puzzles, DVDs, audio books on CD, and more! If you would like to donate books for the Sale, please save them and drop them off at the Fire Station the morning of the sale starting at 7:30am. Unfortunately, we do not have space at the

Station the morning of the sale starting at 7:30am. Unfortunately, we do not have space at the READFIELD HERITAGE DAYS library to store donations ahead of the sale date. Please do NOT place donations in the Book Drop. We appreciate donations of items in good shape; please no ripped/musty/moldy items and no textbooks. All sale proceeds benefit the Readfield Community Library. Leftover items at the end of the sale will be donated to various community groups and to Goodwill. If you know of a place that could

benefit from book donations, please contact Melissa at librarian@readfieldmaine.org.

AUTHOR TALK with Maine Author MARGIE PATLAK (August 15th)

The Readfield Community Library will host award-winning science writer and Corea, ME resident Margie Patlak, who will talk about her recent book *More Than Meets the Eye: Exploring Nature and Loss on the Coast of Maine*. Join us at **6:30pm outdoors behind the Library on Monday August 15** for this special event! If rain, the event will move indoors to the Readfield Union Meeting House. Patlak will have copies of her book available for purchase/signing for those who are interested (cash, check, card accepted).

Patlak will discuss what the nature of Maine taught her about the nature of life, renewal, and what remains once the ashes are spread. Patlak's book explores the unique nature of the Maine coast, including its dramatic tides, weather, and continental collisions that thrust up and fractured its mountains. Patlak also digs into the latest scientific thinking about how animals navigate, the biology of moose, foxes and porcupines, and exults in the dizzy dance of plankton under her microscope. Facets of the natural world speak a hidden language Patlak translates with her scientific knowledge and reflection. *More Than Meets the Eye* was given the 2022 "Outstanding Book" award by the American Society of Journalists and Authors in the memoir category. FMI about Margie Patlak: http://www.margiepatlak.com/





Summer Reading Program FINAL CELEBRATION with CHEWONKI's TIDE POOLS (August 22nd)



All are welcome! Join us on **Monday August 22nd at 6:00pm outdoors behind the Library** for Chewonki's Traveling Natural History TIDE POOLS Program. Meet some live tide pool creatures and learn about the tide pool, which is home to a variety of species whose unique adaptations allow them to maintain stability in a world that is in a constant state of change. We will also celebrate the reading achievements of all Summer Reading participants, and we will draw raffle prizes as well! (Note all raffle tickets should be put in raffle jars by 4:00pm on Saturday August 20th at the very latest.) Bring a chair/blanket for your family. In case of rain, the event will move indoors upstairs at the Readfield Town Office.

"Mouseversary" Event with local author JUSTINE FONTES (August 27th)

You are invited to celebrate with the MICE on Saturday, August 27 from 1:00-3:00pm outdoors behind the Library. We will have books, crafts, and music! If rain, we will reschedule to September 10th. This year's Mouseversary Theme: "A Prom Full of Roses." Squeak on over to the Readfield Post Office to ask Justine any questions about the event and to check out the latest mouse-y creations and displays!



AUTHOR TALK & BOOK SIGNING with DALE POTTER-CLARK (August 31st)



Local historian and author Dale Potter-Clark recently published her first historical novel! Learn about her newest book on **Wednesday August 31 at 6:00pm outdoors behind the Library.** *Escape from Bunker Hill* by Maine author Dale Potter-Clark is a newly released historical novel about the Underground Railroad. The book tells of a young couple named Joseph & Myra Mitchell who orchestrate the 1,500 mile escape of slaves from the Mitchell's plantation in Jacksonville, FL all the way to central Maine. The Mitchells did exist but the storyline sprung from the author's imagination as she researched the couple's home in Readfield, Maine. An informative appendix provides information

about the Mitchells and other people, events, places, publications and organizations in existence during that era and included in the storyline. Dale will be selling/signing her books after her talk, with cash/checks accepted. If rain, the event will be indoors at the Readfield Union Meeting House.

Welcome New LIBRARY BOARD OF TRUSTEES Member!

The Town of Readfield Select Board has approved the application of Michelle Fiori as a new member of the Readfield Community Library Board of Trustees. Welcome, Michelle! We appreciate your willingness to volunteer to help the Library and Town in this way.

AWARD BOOKS for 2022-23-



Maine Student Book Award (MSBA) and Maranacook Black Bear Awards

If your child would like to get a head start with reading some of the Award Books for 2022-23, please note that we have many of the titles on both lists at the Library for kids/teens to checkout. Lots of great items on the lists this year, as always, for elementary and middle grade students!

YOUTH VOLUNTEERS WELCOME!

Is your middle or high school student interested in volunteering? We have lots of jobs at the Library for youth to help out with, such as helping with story time, preparing craft projects, shelving, helping with events, creating book displays, assisting at the circulation desk, and more! Students can volunteer an hour or two a week or an hour or two a month...we are flexible! Please contact the Librarian if you know youth interested in volunteering.



STORY WALK® NEWS

Great news! The **Grand Opening for the RES StoryWalk® site has been scheduled for Thursday, September 8 at 6:00pm**. Now there are two StoryWalk® sites in Readfield for families to enjoy!



August STORY WALK® at Readfield Elementary School—From Head to Toe

The RES StoryWalk[®] is always open for all to enjoy! The RES Story Walk is located along the edge of the back soccer field behind the school. The picture book featured for August is From Head to Toe by Eric Carle sponsored by Pam and John Mitchell.

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August STORY WALK® at the Readfield Community Library-Jibari Jumps

The Library StoryWalk[®] is always open for all to enjoy! The walk begins on the trail behind the Library and goes about ¼ mile to the Readfield Union Meeting House. **The picture book featured for August is** *Jibari Jumps* by Gaia Cornwall, sponsored by an Anonymous donor. Please feel free to walk the StoryWalk[®] at any time that works for your family, regardless of whether the Library is open. And, be sure to stop by the Library to pick up the take-home craft that accompanies the story.

Weekly In-Person Outdoor STORY TIME on Tuesdays!

Join us outside on **Tuesdays at 10:00am** for books, songs, and crafts. We will meet at the Readfield Town Beach on Tuesdays in August (except for Tuesday August 2nd—meet behind the Library so we can do the new August Story Walk together). Watch Facebook for any cancelations due to weather.



COASTAL MAINE BOTANICAL GARDENS Library Pass



The Library Pass at the Coastal Maine Botanical Gardens in Boothbay is good through the end of October! This pass program is made possible by ARPA 2021 grant funds administered through the ME State Library and received by the Readfield Community Library.

How the Library Pass Program works:

The Readfield Library may schedule two adults plus any number of their children/grandchildren under the age of 18 on EACH calendar day during the summer season (May through October). When a library patron requests a pass to visit the Gardens, the library will check for available dates and may book any day not already held by other patrons of the Readfield Library. We will then email or print the tickets for the patron to present for admission to the Gardens. Please call the Library at 207-685-4089 or email librarian@readfieldmaine.org to reserve a date. This pass is for Readfield Community Library patrons only.

MAINE STATE PARKS—Vehicle Pass Available to check out

Visit a Maine State Park for FREE with the Vehicle Pass from the Library! Thank you to a very generous patron for the pass donation! Checkout period is for a maximum of one week. If you are planning a trip, you may reserve a pass in advance by contacting the library.



SUMMER "Read ME" Program (for Adults)

The Readfield Community Library is participating again this summer in the statewide "Read ME" summer reading program highlighting Maine authors. We have multiple copies of these two books available at the library for check out, thanks to a generous donation from the Friends of the Readfield Community Library. Please let us know ASAP if you would like to borrow a copy of one or both books. Please note the following book events.

Event at the Readfield Community Library

Book Group Discussion of Beneficence by Meredith Hall Monday | August 29, 2022 | 6:30pm | Outside behind Library

Statewide Virtual Event

Online Author Talk with Meredith Hall (Beneficence) Thursday | August 25, 2022 | 7:00 - 8:00pm | Register now

CAREER CENTER CONSULTANT at the Library continues in AUGUST!

The "Career Center on Wheels" program at the library will continue to run but will change to .enter Tuesdays August 2nd, 16th, and 30th from 2:00-4:00pm at the Library. Shane is a friendly, helpful career A proud partner of the americanjobcenter network consultant who is available to assist with many job and career-related needs such as job search coaching and resume and cover letter guidance, all for FREE! Drop-in or make an appointment (call Shane 207-816-0711 or email Shane.McKenzie@maine.gov).

NEW "Readfield Reads!" BOOKMARKS

Thanks to a generous donation from Maine Authors Publishing, the Library now has wonderful new bookmarks with our contact info and open hours all in one place! Great to use as a bookmark, but feel free to take an extra to hang on your fridge as a reminder of our hours! Free and available at the Circulation Desk.

Community Composting Efforts in Readfield—Food Waste and Recycling Program!

Food Rescue MAINE

'eer

Readfield continues to encourage residents to reduce food waste and practice food recycling (composting). To get your FREE countertop compost container, simply stop by the Transfer Station and sign a composting pledge. To get your FREE yard composting bin, watch this 40 minute composting video and follow the

directions therein: https://youtu.be/eXDGQBsf07w

STAY CONNECTED!

Free WiFi access is available 24-7 to the library parking lot and Library Park area, and available indoors during all open hours. The WiFi network name is "Readfield Community Library" with no password required.

Outdoor "LAWN LIBRARY"



Do you need a great out door space to read a book, have coffee or lunch with a friend, or check your email? Behind the Library we have a picnic table as well as new Adirondack chairs and café-style tables and chairs to sit a read, relax, and connect with friends and neighbors. The new outdoor furniture was purchased with funds the town received through an AARP "Community Challenge Grant." Thanks to Romaine and the Age Friendly Committee for their help and work on this grant.





Readfield Union Meeting House

The Readfield Union Meeting House (RUMH) closed its July events with a large crowd at the Sandy River Ramblers concert on July 26. Thank you to all attendees. Also noted was the high number of first time visitors to the Meeting House.

The Craft Fair held on July 23 from 9-2pm featured 24 vendors with a wide selection of wares. Attendance was moderate, in part due to the high temperature and high humidity. The majority of the vendors said "YES" they definitely would return next summer if we host another fair.

The Board of Directors of the RUMH want to express a sincere thank you to the following individuals who spoke at the Celebration of Life for Marius B. Peladeau on July 10th: Earl Shuttleworth Jr, State Historian and past Director of the Maine Historic Preservation Commission, Jane Bianco, Interim Chief Curator at the Farnsworth Museum, Christi Chapman-Mitchell Maine, Assistant Director of the Maine Historic Preservation Commission, and John Perry, Treasurer of the RUMH Board. A beautiful music selection was played by Christine Misner Rao on the "pump" organ. After the indoor portion of the celebration, guest were treated to refreshments outside catered by our local Weathervane Restaurant & Lounge. There guests had a chance to share other memories of their connections with Marius.

AUGUST will feature 3 outstanding events at the RUMH:

Sunday Aug. 7 Dave Mallett in concert at 7pm. Dave is well known for his American folk and country style songs. He has recorded 17 albums, songs that the audience will recognize and want to sing along. Dave has entertained audiences for over four decades. Tickets, \$25. will be available at the door.

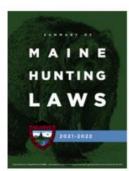
Tuesday, August 16 Greg Boardman & Owen Kennedy in concert at 7 pm. They are well known local fiddle players. Greg is the founder of the Maine Fiddle Camp. Owen Kennedy, only 17 years old, is the 2021 Junior US National Scottish Fiddle Champion, This will be a lively concert! Tickets are \$15.

Sunday, August 21st at 4:00 pm, Bernd Heinrich, accomplished zoologist, naturalist, author, college professor, and runner will speak at the Readfield Union Meeting House. He has written 25 books and 100+ articles for magazines and scientific journals Bernd has said "My hope is that my books will inspire some people to see wonders and become better observers of the natural world". Bernd's presentation topic will be "Some Birds I Have Known." Admission is \$20.

The RUMH wants to welcome Jason Foster to its Board of Directors. Jason brings a construction background, a sense of meeting house history and a strong work ethic to the Board. Jason is the Assistant Fire Chief here in Readfield.

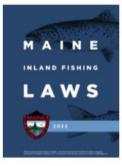
Respectfully submitted, Nancy Durgin, VP

Stay up to Date: www.maine.gov/ifw/ for all rules & regulations



NEED A COPY? OPEN YOUR PHONE'S CAMERA

AND SCAN:



NEED A COPY?

OPEN YOUR PHONE'S CAMERA AND SCAN:



June 2022 Financial Statements

Readfield-2022 8:32 AM

Expense Summary Report

ALL Departments June 07/29/2022 Page 1

Account	Budget Net	- C U R R Debits	M O N T H - Credits	YTD Net	Unexpended Balance	Percent Spent
10 - GENERAL GOVT	620,098.00	46,717.08	562.44	562,496.46	57,601.54	90.71
12 - Maintenance	144,915.00	18,976.24	0.00	147,215.53	-2,300.53	101.59
15 - BOARDS & COM	0.00	23.97	0.00	23.97	-23.97	
25 - COMM SERVICE	75,466.00	7,802.00	0.00	127,476.19	-52,010.19	168.92
30 - REC, PARKS/AT	50,321.00	12,994.68	0.00	40,486.62	9,834.38	80.46
40 - PROTECTION	154,335.00	23,712.02	0.00	138,765.06	15,569.94	89.91
50 - CEMETERIES	22,700.00	1,748.20	0.00	9,751.85	12,948.15	42.96
60 - Rds & Drain	417,850.00	2,056.01	0.00	398,357.95	19,492.05	95.34
65 - CAPITAL IMPR	892,858.00	14,617.37	0.00	90,373.03	802,484.97	10.12
70 - SOLID WASTE	323,665.00	39,915.33	0.00	341,534.59	-17,869.59	105.52
75 - EDUCATION	3,463,235.00	288,602.91	0.00	3,463,235.00	0.00	100.00
80 - REGIONAL ORG	49,000.00	0.00	0.00	40,574.00	8,426.00	82.80
81 - COUNTY TAX	319,743.00	0.00	0.00	319,743.02	-0.02	100.00
85 - DEBT SERVICE	125,224.00	0.00	0.00	122,925.23	2,298.77	98.16
90 - UNCLASSIFIED	294,056.00	0.00	0.00	36,336.48	257,719.52	12.36
95 - GENERAL ASST	10,000.00	0.00	0.00	963.60	9,036.40	9.64
Final Totals	6,963,466.00	457,165.81	562.44	5,840,258.58	1,123,207.42	83.87

Readfield-2022 8:32 AM

Revenue Summary Report

Department(s): ALL June 07/29/2022 Page 1

Page 1

Account	Budget Net	- C U R R Debits	MONTH- Credits	YTD Net	Uncollected Balance	Percent Collected
10 - GENERAL GOVERNMENT	6,131,999.00	284.38	261,175.25	6,368,780.58	-236,781.58	103.86
12 - Maintenance	200.00	0.00	0.00	0.00	200.00	0.00
25 - COMMUNITY SERVICES	36,667.00	0.00	358.00	66,182.69	-29,515.69	180.50
30 - RECREATION, PARKS,& ACTIVITIES	18,210.00	0.00	2,167.00	21,930.37	-3,720.37	120.43
40 - PROTECTION	3,450.00	0.00	2,379.16	16,469.16	-13,019.16	477.37
60 - Roads & Drainage	32,000.00	0.00	0.00	36,672.00	-4,672.00	114.60
65 - CAPITAL IMPROVEMENTS	490,533.00	0.00	661.62	434,379.48	56,153.52	88.55
70 - SOLID WASTE	216,838.00	0.00	16,007.43	254,802.73	-37,964.73	117.51
80 - REGIONAL ORGANIZATIONS	25,000.00	0.00	0.00	0.00	25,000.00	0.00
90 - UNCLASSIFIED	3,569.00	0.00	18,871.66	23,455.92	-19,886.92	657.21
95 - GENERAL ASSISTANCE	5,000.00	0.00	0.00	367.50	4,632.50	7.35
Final Totals	6,963,466.00	284.38	301,620.12	7,223,040.43	-259,574.43	103.73

The 2022 Tax Commitment has been completed and tax bills will be coming out in the mail soon. If you are a new homeowner or have a change of address and do not receive your bill please contact the Town Office: 207-685-4939.

The first half is due Friday, September 30, 2022

NEWS & NOTES FROM THE TRAILS

Hello Readfield residents and summer visitors,

Hope you all are enjoying the summer including the many options for trail walking in Readfield. Most prominent are the stone dust/gravel trails at the Readfield Fairgrounds and Maranacook School properties. These are our smoothest trails accessible to the widest variety of abilities. If you want something with wide but mostly natural surfaces that include water views please consider the Torsey Pond Nature trails accessible off Route 41 on the west side of Torsey Lake. There are also less "improved" options shown on the map described below including trails maintained by the Kennebec Land Trust (tklt.org)

While there is not much new information to report this month our volunteers have been busy with maintenance activities to keep our trails in shape for summer use. Much of this work has been on the Fairgrounds trails including weed whacking, mowing, and blow down removal. One of our volunteers also took the time to remove the knotweed (sometimes known as "bamboo") along the bus garage fence on the Esker trail. There has also unfortunately been some minor vandalism that has been repaired.

Coming soon we hope: A fairy garden construction area on at least one of our trails, and a new trail along Carlton Pond.

Please contact me if you are interested in volunteering for trail work or would consider joining the Readfield Trails Committee.

Our trail maps continue to be available at the town office and on-line (https://www.readfieldmaine.org/sites/readfieldme/files/uploads/readfield_trails_2019_map.pdf).

Please let us know if you encounter damage or other issues when on our town trails.

Dog owners please note: Dogs are required to be on leash or under voice control on all town properties including our trails.

Respectfully submitted by Rob Peale, Chair, Readfield Trails Committee. rnpreadfieldgov@gmail.com 207-458-4259





MARANACOOOK AREA FOOD PANTRY (MAFP) NEWS

Great News on a couple of fronts for the MAFP! In the July Messenger, I mentioned that we had submitted a couple of grant requests to help with funding the pantry. The pantry recently was awarded a \$10,000 grant from The Stephen and Tabitha King Foundation. The grant request was submitted in February for consideration at the foundation's June allocation meeting and the pantry received a check in early July. That amount can fund the pantry for about 30-35 weeks. A second grant request to a different foundation was not accepted but that does not dampen our desire to keep looking for outside funding. We actually have another grant request in the pipeline as of this Messenger's deadline. Will keep you posted.

Speaking (writing) of grants, the pantry did receive a \$250.00 grant a year ago from cPort Federal Credit Union in Augusta, Over a year ago the pantry was awarded money to purchase new signage, a bigger cooler, and two rolling carts for curbside delivery as part of a joint grant request with the Readfield Library and Age Friendly Committee. Working together can make great things happen.

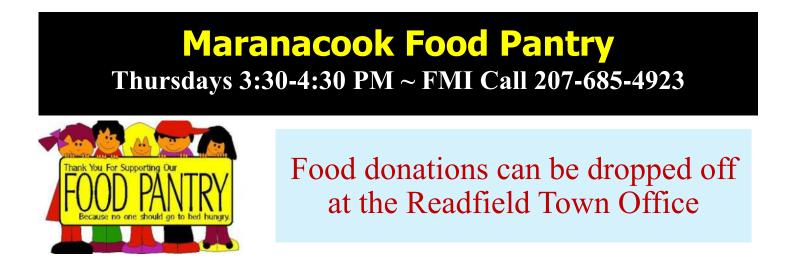
An anonymous couple from a local town recently donated items they received in their rewards program from CVS Pharmacy. Their rewards program usually provides around \$90 per quarter and the donors will order items for the pantry such as shampoo, deodorant, cold /flu items, first aid help, vitamins, toothpaste etc. as we need for our families. A regular donor recently dropped off local meat from Weston's Beef for our families. Almost weekly when we enter the pantry to pack our food boxes, someone has dropped off a bag or two of groceries. Thank you to everyone who supports the MAFP.

If you or someone you know, needs food assistance for a week or more, please reach out to us. No forms etc. are needed and we practice confidentiality as much as possible. Food boxes are available on Thursdays at the lower Middle School parking lot from 3:30 until 4:30 pm White kid snack packs from the Augusta Food Pantry are available for those families with children as well.

Contact us at foodpamtry@maranacook.com or call a school nurse for assistance. Our belief is no woman, man, or child in RSU # 38 should experience food insecurity.

Respectfully submitted,

Greg Durgin (for) The MAFP



Thank you to all who support our local food banks!

An important message from Winthrop Area Rotary Club

Need help to reduce window drafts and keep warmer next winter? As a community service the Winthrop Area Rotary is sponsoring a Window Dressers Community Build this fall! This project will solicit homeowners and renters in Winthrop, Readfield, and Monmouth to order indoor window inserts at no cost to you! You can learn about these window inserts and how they are made at www.windowdressers.org. Find out more and discuss how we can schedule an appointment with our trusted Rotary members to measure and order your window inserts: winthropwindowinserts@gmail.com

WindowDressers Insulating Window Inserts let in light while stopping drafts. Each insert is made of a custom-made pine frame wrapped on each side with tightly-sealed, clear polyolefin film, creating an airspace between the two layers for a dditional insulation. The insert is finished with a compressible foam gasket. The foam allows enough give for the inserts to be easily slid into place in the fall and removed in the spring, while holding firmly enough to provide a tight, friction-based seal. The inserts are installed inside of your existing window frame with no fasteners required.

The Winthrop Area Rotary will provide these inserts at no cost to participants. We rely on voluntary donations from those who are willing to help support this important community project. Trained Rotary members will conduct the measuring visits and solicit participants to help in the construction or "build" of the frames based on individual orders this November in Winthrop.

With rising costs everywhere, do yourself a favor and at least check out our community support project. You are not likely to be disappointed.

Marge Livingston, Winthrop Area Rotary Club member

FIRST BAPTIST CHURCH **MOUNT VERNON FOOD BANK**

5 minity Food Starting Saturday, July 2, the full food bank including meal kits, meat boxes, dry goods and personal items, will only be available on the first and third Saturdays of the month. We will continue to offer curb-side service if you would rather not come downstairs.

Fresh produce, fruit, baked goods, breads and miscellaneous items will still be offered every Saturday of the month; feel free to come for these items at any time.

New customers are welcome to come any Saturday and we will provide enough food to get them through to the next full food bank day.

The First Baptist Church Mount Vernon Food Bank serves the communities of Mount Vernon, Vienna, Readfield and Fayette.

We are located at the First Baptist Church on 321 Pond Road, Mount Vernon. You can reach us on Saturday mornings at 293-2141.

Our hours are from 9:30 to 11:30 Saturday mornings; however, if you are in need at any other time, you may call Bob Peterson at 685-7292.

We follow the Federal Guidelines but will never turn anyone away.



Used Auto and Truck Parts . Auto Repair Used Cars and Trucks . Buying Junk Cars

Ken Edgecomb

Mark Edgecomb

E-Alerts Subscription

An easy way to keep up-to-date with Town Happenings!

Go to www.readfieldmaine.org and click on E-Alerts to sign up.

Your email will be treated as confidential information.

Kennebec Land Trust August Events Oak Hill Conservation Area Property Dedication Thursday, August 18, 5:00 PM Norton Rd. Favette

On December 23, 2021, with the generous support of Kennebec Land Trust (KLT) members and supporters, the 120-acre Oak Hill Conservation Area on the Norton Road in Fayette was purchased and permanently protected. In June 2022, an additional 14-acre parcel on the east side of Hales Brook was added to this beautiful conservation property. Thank you to the Hewett family, Terry & Michele Briggs, James Dwyer, and the many donors who made this conservation project possible.



Join KLT and our generous supporters on August 18 at 5:00 PM to celebrate this conservation accomplishment and explore the newly built trail. KLT's President, Janet Sawyer, and Ron Hewett

Photo: Oak Hill Conservation Area from Echo Lake, *Jean-Luc Theriault*

will provide brief comments at 5:00 PM. Please stay for refreshments and a hike on the property.

RSVP to Marie at mring@tklt.org or 207-377-2848

Directions: From the Fayette General Store, continue north on Route 17 for 2.5 miles. Turn left on the Fayette Corner Road and then take an immediate left on Norton Road. Continue for half a mile to a parking area in the field.

Kennebec Land Trust 2022 Annual Meeting Sunday, August 21, 10:30 – 1:30 PM Camp Androscoggin, Wayne

Join Kennebec Land Trust on Sunday, August 21, at Camp Androscoggin to celebrate another successful year of land conservation through the Kennebec River and Lakes Region! The annual meeting will feature a guided walk on the Perkins Woods Preserve, a bring-your-own picnic lunch, our annual awards, and summer intern research presentations.

For more information and to RSVP, visit <u>www.tklt.org/annual-meeting</u> or contact Marie at <u>mring@tklt.org</u> or 207-377-2848

Optional Morning Paddle to KLT's Norris Island on Androscoggin Lake - Contact Marie for more information.



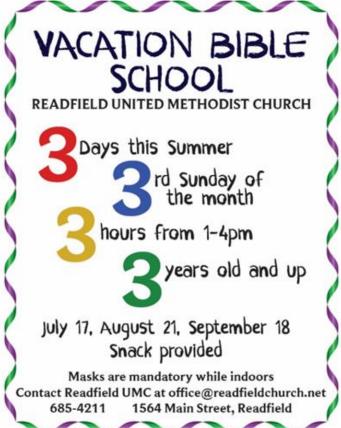
Photo: 2021 KLT Annual Meeting, Andy Tolman

Schedule: 10:30 - 11:30 AM Perkins Woods Preserve Guided Walk (Meet at Camp Androscoggin)

12:00 - 12:30 PM Bring Your Own Picnic Lunch

12:30 - 1:30 PM Annual Meeting & Intern Presentations





Come join us on August 21st





Fun, Learning & Adventure!

Volunteers Needed!

Help Spectrum Generations Provide Free Medicare Education to the Community

Volunteers are trained and supported by Spectrum Generations staff and work with mentors who are current Medicare educators.

Several different roles are available for volunteers within the Medicare education program, including:

- Medicare Admin: printing and organizing educational materials, assembling packets
- Part D Educator: discussing the Medicare drug plans (Part D) with individuals
- Medicare Educator: review Medicare plans with individuals to help them
 understand what options are available to them
- Medicare 101 Facilitator: facilitate sessions of Medicare 101, which
 provides a high level understanding of Medicare to participants before
 they meet with a Medicare Educator

Volunteers may also have the opportunity to work with individuals to discuss the Medicare advantage plans (Part C) and verify whether they qualify for Medicare Savings Plans.

If you are interested in volunteering, please contact Stacey Forkey, Spectrum Generations' Volunteer Coordinator, at 207.620.1684 or by email at volunteer@spectrumgenerations.org.



This project was supported, in part, by grant number 90SAPG0057-03-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201



MARANACOOK COMMUNITY SCHOOLS

LITTLE KICKERS Soccer Camp

AUGUST 1-4, 2022 9 AM TO 11 PM School Soccer Field \$60 PER PERSON

Little Kickers is coached by Emily Harper. She was a graduate of the 2022 High School class. Emily plans to attend Franklin Pierce University to play Division 2 soccer in the Fall. She enjoys coaching younger kids in the community and spreading the joy of the sport.



Healthy Living for ME's Free August Workshops

Workshops Available In-person, Online, by Phone

Healthy Living for ME invites adult Mainers of all ages to register for the network's free August workshops focused on health and wellness. The workshops offered by the statewide network in August that are listed below are open to the public and include the two topics of

managing diabetes and improving fitness and activity levels.

"Whether you're dealing with a chronic disease such as diabetes, or are looking for ways to improve your activity levels, Healthy Living for ME can help. With workshops available online, in-person and by phone, we hope many Mainers are able to find an option that works for them and can take advantage of these free resources for improving their health and wellness," said Jennifer Fortin, Training & Fidelity Manager of Healthy Living for ME.

Better Health Now with Diabetes is conducted over the phone. Participants in this workshop receive a toolkit in the mail and work with a leader either by themselves or in small groups. Topics covered include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, depression, anger, fear, and frustration; appropriate exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and working with healthcare providers.

This workshop is being offered by Healthy Living for ME network partner MaineGeneral's Peter Alfond Prevention & Healthy Living Center. It runs from August 3rd to September 7th, 2022.

- ⇒ Bingocize This workshop combines a bingo-like game with exercise and health education with the goal of increasing older adults' functional fitness, health knowledge, and social engagement. Bingocize is being offered in-person by Healthy Living for ME network partner SeniorsPlus beginning on August 9th, 2022. The workshop will be held at the Education Center at SeniorsPlus in Lewiston on Tuesdays and Thursdays, 10:00-11:00 AM, through October 13, 2022.
- ⇒ Living Well with Diabetes There are two sessions of this workshop being offered in August, one online and one in-person. This workshop is designed to help people with type 2 diabetes, those with prediabetes, and their supports learn how to live well. Topics covered during the workshop include: techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, depression, anger, fear, and frustration; appropriate exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and working with healthcare providers.
- The online session of Living Well with Diabetes is being offered by Healthy Living for ME network partner SeniorsPlus. It will be held on Thursdays, 1:00-3:30 PM, beginning August 11, 2022 and running through September 15, 2022.
- The in-person session of Living Well with Diabetes is being offered by Healthy Living for ME network partner Spectrum Generations. It will be held on Thursdays, 1:00-3:30 PM, beginning August 25th and running through September 29, 2022. The workshop will be held at the Cohen Community Center in Hallowell.

For virtual workshops, participants who do not have the necessary technology may be eligible to borrow an iPad from Healthy Living for ME in order to participate.

Registration is required for these workshops. Please contact Healthy Living for ME at 1-800-620-6036 or info@healthylivingforme.org for more information and to register. You can also register via our website, www.healthylivingforme.org.

Healthy Living for ME also welcomes referrals from healthcare providers. Our evidence-based programming can help patients manage and prevent conditions before they become more serious or result in emergency situations.

To learn more about these and other workshops offered by Healthy Living for ME, visit www.healthylivingforme.org.



Animal Worlds

August 3rd - 30th

Saturday, August 13th: Artist Reception: 10:00 am -12:00 noon during Readfield Heritage Days

Everyone is welcome to come meet the artists, see the show and have some nibbles A group show of Seven Maine artists and the different ways they see and depict animals. Chris Olson, Larry Hayden, Margaret Leonard, Cheryl Dicara, Alicia Ethridge, Arielle Cousens and Mary Burr

Regular Gallery Hours

Wednesday- 2:30 pm - 5:00 pm ~ Saturday- 10:00 am - 12:00 noon By chance or by appointment (207)-522-7325 (don't hesitate to call)



Manchester Lions Club Lobster or Chicken Dinner Eat-in or To Go

100% of proceeds support our community!

> Choose your protein: BBQ Chicken... \$12 Single Lobster.. \$20 Double Lobster.. \$30

All dinners served with Corn on the Cob, Potato Salad, Coleslaw & Dessert For more information call Lion Deb 207-441-9906

Soda and Water available for purchase

When: August 27, 2022 from 4pm - 6pm Where: Manchester Lions Club House

BBQ CHICKEN @ \$12. = TOTAL \$	
SINGLE LOBSTER @ \$20 = TOTAL \$	FOR DELIVERY PLEASE
DOUBLE LOBSTER @\$30 = TOTAL \$	INDICATE ADDRESS:
TOTAL PAID \$ NAME	
PHONE#	CONFIRMED BY: LION

CHECKS MADE PAYABLE TO MANCHESTER LIONS CLUB PO BOX 1 MANCHESTER, ME 04351

Pre-orders are encouraged!

Can't pre-order? No problem!

Meals will be available while supplies last!



News Release For immediate release, July 19, 2022

> Travis Mills Foundation to Host First Open House of 2022 (Visitors welcome to tour the property and meet SSG Travis Mills)

ROME, MAINE – The public is welcomed to attend the first open house of 2022 at the Travis Mills Foundation Veterans Retreat, located at 1002 Watson Pond Road in Rome, Maine. The event includes tours of the main Retreat building, the newly renovated Marbury House from the original Elizabeth Arden estate, which now serves as the TMF main office, the waterfront, labyrinth and more.

The open house is 10 a.m. to 2 p.m. Saturday, Aug. 6 and is free to attend, but the Foundation asks that visitors RSVP here: *https://give.classy.org/august2022openhouse*.

The open house is also an opportunity to meet U.S. Army SSG (Ret.) Travis Mills, who established the organization in 2017 to serve recalibrated veterans like himself and their families. SSG Mills lost portions of all of his limbs in 2012 while serving in Afghanistan; he is one of only five quadruple amputees to survive the wars in Iraq and Afghanistan.

"The Retreat isn't opened up to the public often," said SSG Mills. "We ensure the privacy of our nation's heroes and their families, but I'm excited when we can fully open up the Retreat to the community to share our mission with everyone."

In addition to the Foundation's Family Program, six other programs are offered for our nation's heroes: Warrior PATHH (Progressive & Alternative Training for Helping Heroes) for combat veterans and first responders with post-traumatic stress; a Caregiver Program; the Recalibrate Program where we capitalize on a participant's motivation after attending the Retreat. We provide financial assistance, goal setting, and long-term follow up; Ambassador Program; Virtual Program; and offsite programs, including bringing veterans to cage dive with sharks.

FMI, contact Molly Lovell-Keely, Communications and Marketing Manager: molly@travismillsfoundation.org.

About

The Travis Mills Foundation is a nonprofit organization that supports post-911 veterans who experienced life changing injuries while in service to our country. The Travis Mills Foundation Veterans Retreat offers our nation's recalibrated veterans and their families a week-long, barrier free, all-expenses-paid experience at its world-class retreat in the Belgrade Lakes Region of Maine. It offers various programs that help these brave men and women overcome physical and emotional obstacles, strengthen their families, and provide well-deserved rest and relaxation. The Foundation also offers the Warrior PATHH Program (Progressive Alternative Training for Helping Heroes) for combat veterans and first responders, the nation's first-ever program designed to cultivate and facilitate post-traumatic growth.



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RARANAGOOK FREE YOUTH FOOTBALL CAMP NOT A SCHOOL SPONSORED EVENT

Have fun while learning the fundamentals of football or enhancing your skills at the youth football camp! Attire: athletic wear, cleats and mouth guard AUGUST <mark>1st-5th</mark> 6:00 to 7:30 GRADES K - 8

Maranacook High School

For More Information Contact Linda Smith @ 207-441-0575 or Keith Tibbetts @ 207-754-3065

SEASON REGISTRATION · AUGUST 2ND - 5TH



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August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Library Board of Trustees 6:30 PM	4 Recreation Committee 6:30 PM	5 Assessor In (By Appointment) Summer Residents Meeting 5:00 PM	6
7	8	9 Conservation Comm. 6:30 PM Planning Board 6:30 PM	10 Age Friendly Committee 9:00 AM	11 Road Committee 6:00 PM	12 Readfield Heritage Days	13 Readfield Heritage Days
14	15 Cemetery Committee Meeting 10:30 AM Appeals Board Meeting 6:00 PM	16	17 Comprehensive Plan Committee 6:00 PM	18	19 Assessor In (By Appointment)	20
21	22 Select Board Retreat 6:30 PM	23 Planning Board 6:30 PM	24 Trails Committee 6:30 PM	25 September Messenger Articles Due	26	27
28	29 Select Board 6:30 PM	30	31			