



# Readfield Messenger



[www.readfieldmaine.org](http://www.readfieldmaine.org)

# Readfield Heritage Days

## Kickball Tournament



## Readfield Historical Society



## Library Book Sale



## Pig Scramble



Town Of Readfield Office's will be closed Monday, September 5, 2022 in observance of Labor Day

# Select Board Corner

Hello friends,

It's September and that means back to school, back to cooler nights, and back to work for the Select Board and its members.

Soon, we will have our re-scheduled retreat, and that is when we will discuss issues that we will want to tackle in the coming months. We use this time as a chance to work together to develop goals with the purpose of, hopefully, achieving those goals.

This is a public meeting, and while it may be mostly just observing and listening, it is a great opportunity to stop in and see how our discussions begin to formulate into action.

In August, we had a productive and cordial summer resident's meeting. At the end of the month, we had a great discussion about moorings and harbor masters with another group of concerned citizens.

It is a special thing to have the type of discourse and discussion on these topics with such respect and understanding.

No demonstrative banging of the podium was to be found. Nobody called names, made wild accusations, or spread misinformation about anyone else. The chance to communicate clearly and with compassion was offered to everyone, and there were some very knowledgeable people and sincere questions that came from each meeting.

To me, this is Readfield. A place where we can have civil discussions about issues that affect the entire town and we can feel good leaving those meetings because we have said what we wanted, to the people we want to say it to, and we did it because we care about our town.

Thank you to everyone that attended those meetings, and thank you, Readfield, for being a place where truth and civility can be shared.

*Dennis Price, Select Board Chair*

## Select Board Contacts

<b><u>Steve DeAngelis:</u></b>	(207) 931-5001	sdeangelis@readfieldmaine.org
<b><u>Carol Doorenbos:</u></b>	(207) 446-7535	cdoorenbos@readfieldmaine.org
<b><u>Sean Keegan:</u></b>	(207) 446-8725	skeegan@readfieldmaine.org
<b><u>Dennis Price:</u></b>	(207) 577-4919	dprice@readfieldmaine.org
<b><u>Kathryn Mills Woodsum:</u></b>	(207) 685-9094	kwoodsum@readfieldmaine.org



# Town Manager's Report

Local government functions because of volunteers and engaged citizens who are committed to serving the public good above their own personal interests. We have an extraordinary community filled with talented people who give freely of their time and energy. Like most communities we also have our share of disagreement and challenges. This can lead to people who would otherwise be engaged in the public process becoming frustrated, exhausted, and “sitting it out” to steer clear of controversy.

When people stop engaging we run the risk of letting the loudest and most persistent voices, and often times the ones with the most time and money control the discussion and the decision making process. Those things rightly belong with all of our residents and voters, and there is no place where people are closer to self-governance than at the local level. As residents of the Town of Readfield you have the ability to shape how your community looks and functions. Jumping into the fray and joining a Board, Committee or Commission can seem like the last thing you would want to do when things are unsettled, but it is also one of the most important things you can do. It is an easy step to take to be a part of the conversation and ensure that we are all accountable to each other.

I am incredibly humbled by the support my family and I have received over the past several weeks as we deal with difficult circumstances. As I said at the August Select Board meeting we are grateful and privileged to be members of such an amazing and caring community. Many people have expressed their concern and asked what they can do to help. My hope is that we can all work together to keep Readfield a positive and energetic community where civil discourse and active self-governance serving the public good are the norm. So please volunteer a few hours each month and help to make our community stronger and more resilient!

Our current town Board, Committee, and Commission openings are listed on page 5 of the September Messenger and are regularly updated on the town website at [www.readfieldmaine.org](http://www.readfieldmaine.org). We have a wide range of opportunities from helping to improve recycling to community event planning to actual community planning. Most town appointments range from one to three year and entail one meeting per month, but some meet quarterly or on an as needed basis. The Town is also fortunate to have many local non-profit community organizations like the Readfield Historical Society and Readfield Union Meeting House along with regional partners like Spectrum Generations and Neighbors Driving Neighbors. Whatever your interest, level of expertise, or available time there is almost certainly a place where you can enjoy volunteering and make a difference.

If you have questions or want some suggestions feel free to reach out to me in person, by phone at 685-4939, or by email at [manager@readfieldmaine.org](mailto:manager@readfieldmaine.org). Readfield is a great place to live because we work together.

*Thank you!*  
*Eric Dyer, Town Manager*



# 2022



Spirit of America Award  
is presented to

**Jeffrey & Gloria Mrazik**

For their more than 20 years of  
dedication and support of the  
Readfield community and  
Maranacook Schools'  
Extracurricular activities & events.

For all their generosity and  
community-oriented spirit, we extend  
our special appreciation and thanks.

## **E-Alerts Subscription**

An easy way to keep up-to-date with  
Town Happenings!

Go to [www.readfieldmaine.org](http://www.readfieldmaine.org) and  
click on E-Alerts to sign up.

*Your email will be treated as  
confidential information.*



**2023 Dog  
Registrations**  
will be available  
starting October 15.  
It's not too early to  
start planning ahead and make  
sure your dogs rabies is current  
or to make an appointment with  
your veterinarian.

# The Town of Readfield is seeking volunteer members for the following committees:

*(Positions advertised are as of August 30, 2022)*

- Age Friendly Committee: 1 Member (2024), 1 Associate Members (2024)
- Board of Appeals: 1 Member (2025)
- Cobbossee Watershed District: 1 Alt. Member (2024)
- Conservation Commission: 2 Members (2023 & 2024), 2 Alt. Members (2024 & 2025)
- Heritage Days Committee: Multiple Positions Available
- Local School Board Advisory: 3 Members (2023, 2024 & 2025)
- Maranacook Outlet Dam Committee: 1 Alt. Member (2023)
- Planning Board: 3 Alt. Members (2023, 2026 & 2027)
- Recreation Committee: 1 Member (2025)
- Road Committee: 3 Members (2025)
- Solid Waste & Recycling Committee: 1 Member (2025)
- Trails Committee: 4 Members (2-2024, 1-2025 & 1 Alt. Member-2023)

*If you are interested in joining any of the above committees please complete the Appointment Application on our website under Volunteer Opportunities or stop by the Town Office.*

**For more information: 207-685-4939, [clerk@readfieldmaine.org](mailto:clerk@readfieldmaine.org)**

## Attention Summer Residents

If you are closing camp and have canned or dry goods that are unused and unopened you may donate them to our local food banks by dropping them off at the Town Office. We will take care of getting the food to the Food Bank.



***Thank you in advance!***

The 2022 Tax Commitment has been completed and tax bills have been mailed. If you are a new homeowner or have a change of address and did not receive your bill please contact the Town Office: 207-685-4939.

***Reminder: The first half is due Friday, September 30, 2022***



# Recent Property Buyers & Sellers!

## IMPORTANT NOTICE ABOUT PROPERTY TAXES FOR BUYERS AND SELLERS

1. UNDER MAINE LAW PAYMENT OF PROPERTY TAXES IS THE RESPONSIBILITY OF THE PERSON WHO OWNS THE PROPERTY ON APRIL 1ST.
2. THE BUYER AND SELLER MAY AGREE TO DIVIDE THE TAXES BETWEEN THEM, BUT IF ANY PART OF THE TAXES IS NOT PAID, A LIEN WILL BE FILED IN THE NAME OF THE PERSON WHO OWNED THE PROPERTY ON APRIL 1ST.

PLEASE BE AWARE

IF YOU ARE THE SELLER -- EVEN IF YOU NO LONGER OWN THE PROPERTY, A LIEN MAY HAVE A NEGATIVE EFFECT ON YOUR CREDIT RATING.

IF YOU ARE THE BUYER -- IF A LIEN IS FILED IN THE SELLER'S NAME, THE MUNICIPALITY MAY FORECLOSE ON YOUR PROPERTY UNLESS THE TAXES ARE PAID.

3. MUNICIPALITIES HAVE DIFFERENT FISCAL YEARS AND TAX DUE DATES.
4. MAKE SURE YOU UNDERSTAND THE BUYER'S AND SELLER'S OBLIGATIONS WITH REGARD TO PROPERTY TAXES AND WHAT MAY HAPPEN IF TAXES ARE NOT PAID AS AGREED.
5. IF YOU FEEL A LIEN HAS BEEN FILED INCORRECTLY IN YOUR NAME;
  - A. OBTAIN A COPY OF THE LIEN FROM THE REGISTRY OF DEEDS; AND
  - B. DISCUSS THE MATTER WITH YOUR MUNICIPALITY.

IF YOUR CREDIT REPORT IS INCORRECT, CONTACT THE BUREAU OF CONSUMER CREDIT PROTECTION AT 1-800-DEBT-LAW TO DETERMINE WHAT REMEDIES ARE AVAILABLE TO YOU TO CORRECT YOUR CREDIT REPORT.

THESE POTENTIAL TAX LIEN PROBLEMS CAN BE AVOIDED BY PROVIDING THAT FUNDS ARE SET ASIDE IN ESCROW AT THE TIME OF CLOSING TO ENSURE THAT PROPERTY TAXES WILL BE PAID.

Seller: \_\_\_\_\_

Buyer: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_



## Important Notice

We have been getting reports of an over abundance of roadside and trail path littering. Please dispose of trash & recyclables in appropriate ways and help keep our town clean.  
*Thank you !*

## FIRST BAPTIST CHURCH MOUNT VERNON FOOD BANK



Just a reminder, the full food bank including meal kits, meat boxes, dry goods and personal items, will only be available on the first and third Saturdays of the month. We will continue to offer curb-side service if you would rather not come downstairs.

Fresh produce, fruit, baked goods, breads and miscellaneous items will still be offered every Saturday of the month; feel free to come for these items at any time.

New customers are welcome to come any Saturday and we will provide enough food to get them through to the next full food bank day.

The First Baptist Church Mount Vernon Food Bank serves the communities of Mount Vernon, Vienna, Readfield and Fayette.

We are located at the First Baptist Church on 321 Pond Road, Mount Vernon. You can reach us on Saturday mornings at 293-2141.

Our hours are from 9:30 to 11:30 Saturday mornings; however, if you are in need at any other time, you may call Bob Peterson at 685-7292.

*We follow the Federal Guidelines but will never turn anyone away.*

*Did you remember ?*

## 2022 Soccer Sign Ups!



A \$10.00 late fee if not registered by September 2!





# READFIELD HISTORICAL SOCIETY

## DONATED, ORIGINAL JOSEPH CUMMINGS CHASE ART ON DISPLAY

On August 1<sup>st</sup> the Readfield Historical Society and the Readfield Community Library collaborated on a talk about Readfield native and world renowned artist, Joseph Cummings Chase. The event marked the unveiling of a donated, original sketch by Chase that is currently on display at RHS. After RHS closes for the season the artwork will be on display at the Library through the winter. Come spring the piece will return to RHS for our permanent collection. To read more about Chase and some of his accomplishments visit: [19th Century Central Maine Artists ~ Lost in Time: Joseph Cummings Chase 1878 - 1965](#)



This new display "Summertime in Readfield 1849-1960" was unveiled during Readfield Heritage Days. Pictured here are RHS members, Bryan and Lindsay Henderson who designed and installed the display.

Dale Potter-Clark led a history talk and walk of Readfield Depot village during Heritage Days, attended in total by thirty-four summer and year around residents. Dale presented a slide show of the Depot, depicting all the buildings that are or have been located there. Following that she led the walkers to where Ramsey Country Store once sat, while she and others shared some stories along the way.



The original piece of art done by Joseph Cummings Chase is currently on display at RHS.



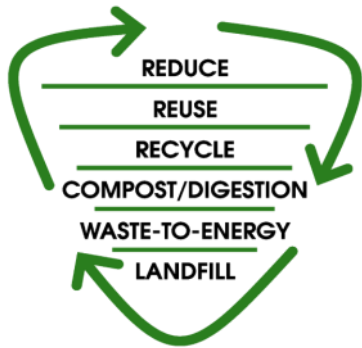
Noel & Amy Madore of Church Road and Lindsay & Bryan Henderson of Readfield Depot were among the nearly 100 guests that attended our annual Wine & Cheese during Readfield Heritage Days.



*Readfield Historical Society at 759 Main Street will be open every Thurs. and Sat., 10-2 3.3p.m. until Labor Day weekend and by appointment. RHS was founded in 1985 to preserve the rich history of Readfield and its people. Annual dues are \$5 for seniors or \$10 for others or \$100 for lifetime memberships. Checks made out to the Readfield Historical Society can be mailed to PO Box 354 Readfield 04355. Visit us on Facebook to see posts of a historical nature and updates from our organization.*



# Transfer Station News - September



## FOOD WASTE AND COMPOSTING

Did you know that almost a third of what we throw away is leftover or spoiled food? If Maine is to achieve a 50% recycling rate, we need to recover our food waste, too - it's worth the weight!

We have food composting counter-top bins available for free at the Transfer Station and at your Town Office. There is a food bin at the compost pile and a sawdust covered pile there too for you to place your unneeded food in. There is even a bin there to dispose of a bag if you choose to carry it that way to the transfer station. We also have backyard composting bins available for free at the Transfer Station. Please see an attendant for any questions or items that you may need.

### General Operation Practices

All vehicles must stop at the Attendant Booth to speak with an employee about what materials you are bringing in, to receive directions on where to dispose of these materials, and to pay any required fee.

Please leave when you are finished to avoid making the space congested.

### Transfer Station Fall/Winter/Spring Hours

Tuesday, Wednesday & Friday  
11:00 AM to 6:00 PM

Thursday Senior-Only Hours  
10:00 AM to 2:00 PM

Saturday 8:00 AM to 4:00 PM

### Practice Kindness Please.

Please remember to be patient with everyone while you are at the Transfer Station. There are many challenges presented to using the space safely and efficiently and everyone handles those in their own way. But please try to be patient and understanding of other patrons and our employees. Everyone is doing the best they can and deserves to be treated respectfully and with kindness.

Thank you for efforts to make this Town operated facility function well.

WASTE LESS  
SAVE MORE



RECYCLE  
COMPOST

Readfield Solid Waste and Recycling Committee



# Looking for Trunks!



The Annual Trunk or Treat will be coming in October and we are looking for Decorated Trunks with Treats! Get creative and come have some fun. Donations of candy or treats can be dropped off at the Town Office. More information to come!



## FROM the Desk of the: Code Enforcement Officer (CEO)

### Code Enforcement

Summer is almost gone and it has been a great one so far..  
Some follow-ups from my previous letter..

Please make every attempt to make your House address visible to first responders and others like Fed Ex, Postal Delivery, and visitors. Readfield Fire Department had some emergency call delays due to confusion on private roads due to misunderstanding which road went in which direction due to poor road signage and with not having House numbers prominently displayed.

Readfield Ordinance states: **All owners of numbered structures shall maintain in a conspicuous place, their assigned numbers in the following manner:**

- a. Number on the Structure or Residence. Where the residence or structure is within 50 (fifty) feet of the edge of the road right-of-way, the assigned number shall be displayed on the front of the residence or structure near the front door or entry.
- b. Number at the Road Line. Where the residence or structure is over 50 (fifty) feet from the edge of the road right-of-way, the assigned number shall be displayed 42-48 inches above ground on a post, fence, or wall; on the mail box; or on some structure at the side of the roadway next to the walkway or access drive to the residence or structure.
- c. **Size, Color, and Location of Numbers. The size of the numeral(s) shall, at a minimum, cover an area 2" (two inches) wide by 4" (four) inches high and must be light reflective and of a color that sufficiently contrasts with their background. Numbers shall be located to be visible from the road at all times of the year.**

*If you do not know your physical Address please call the Code Officer (me) at town hall. Every structure should have an E-911 road address that first responders utilize.*

GIS and maps are good but in an emergency there is no substitute for proper directional Road Signs and House Number Display. **THIS COULD SAVE YOUR AND YOUR FAMILY LIVES IN AN EMERGENCY !**

As an additional motivation, this will also assist getting your Amazon and Fed/Ex/UPS deliveries arrive in the right place in a timely and correct process.

*Thank you for your help,*

*Chip Stephens CEO / LPI / E-911*



# Readfield Union Meeting House

The music and lecture summer series at the RUMH has come to a close. Thank you all who attended or sponsored our events. The Board of Directors of the RUMH want our community to know that we are willing to give tours to any group or to individuals of the RUMH. (use Nancy's email listed below.) The number of attendees to our events, who had never been inside the building, was amazing.

On Tuesday August 23<sup>rd</sup>, a group of eleven residents from Granite Hill Estates toured the RUMH. They were in awe of the *trompe l'oeil* artwork that was done in 1867-68 by Charles Schumacher and equally enthralled by the faux wood grain painting of the choir loft and interior doors.

Before we start planning for next year, the events committee would love to get your feedback on what events, displays, lectures, or talks might interest you. Are the Tuesday night music shows good for your schedule? We would really like to see a greater Readfield residents presence, so please take the time to send an email to Nancy Durgin, [durgie@roadrunner.com](mailto:durgie@roadrunner.com) or Flo Drake, at [dracotsb@gmail.com](mailto:dracotsb@gmail.com). Thank you. Enjoy a couple of pictures from this summer's events.

Work on the Vestry continues by board member, Larry Dunn. In order to keep costs down, Larry is donating his time to do this work. Thank you Larry and those who have helped you. Presently, he is doing the rewiring of the kitchen area. Completed is the leveling of the kitchen floor and some of the insulation of the area.

Andrew Wilcox of Mid Maine Preservation will be starting restoration work on the north side windows and eaves of the Meeting House within a week or two. His company did the work on the south side windows and eaves last year.

The large basement window at the rear of the Meeting House has been removed and is being scraped, primed, and repainted by board members.

The board hopes to have an update on the bid for the tower restoration next month. For months the building committee has been negotiating on this long awaited project.

*Respectively submitted, Nancy Durgin, VP, RUMH Board*



A few pictures from this summer's events at the Readfield Union Meeting House

Happy cooler Fall days,

The Readfield Blizzard Busters Snowmobile Club is just starting to begin the 2022-2023 snowmobiling season. Our first Club meeting will be held on Wednesday, September 21<sup>st</sup> and will begin at 7:00pm at the Weathervane Restaurant and Lounge. Our meeting usually is over by 8:00pm so if you have an hour to spend meeting people who enjoy sledding as much as you probably do, please join our small group of volunteers. We will be discussing trail work - usually launched in October, any issues that may arise regarding the trails and most importantly our landowners' appreciation supper hosted by the Club in October. It is important to remember that all Readfield's trails are located on private property and we (snowmobilers) owe a debt of gratitude to their generous offer to allow us to safely ride on their property.



The first Club meeting will be run by Bill Brann, the President of the Club. All officers are elected by the membership at the annual meeting held in April. Spencer Fike was elected Vice-President, Treasurer is Lee Livingston, Secretary is Marge Livingston and most importantly our Trailmaster, Peter Zarella. Membership is open to all and all are welcome. If you would like a membership application sent to you, please contact us – our email is [ReadfieldBlizzardBusters@gmail.com](mailto:ReadfieldBlizzardBusters@gmail.com) or Lee Livingston can be called (207)685-4203. We also have applications at every club meeting.

Looking forward to a consistently snowy season – hope to see you soon!

*Readfield Blizzard Busters Snowmobile Club, Marge Livingston, Secretary*

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## Announcing Winthrop Area Rotary Club 2022 Community Project

Are you worried about paying for your heating costs as the temperature starts to drop. The Winthrop Area Rotary Club has a great opportunity for you.

As a community service the Winthrop Area Rotary is sponsoring a Window Dressers Community Build this fall! This project offers homeowners and renters in Winthrop, Readfield, and Monmouth indoor window inserts at no cost to you! You can read about these window inserts and how they are made at [www.windowdressers.org](http://www.windowdressers.org). Learn more and discuss how we can schedule an appointment with our trusted Rotary members to measure and order your window inserts: [winthropwindowinserts@gmail.com](mailto:winthropwindowinserts@gmail.com)

WindowDressers Insulating Window Inserts let in light while stopping drafts. Each insert is made of a custom-made pine frame wrapped on each side with tightly-sealed, clear polyolefin film, creating an airspace between the two layers for additional insulation. The insert is finished with a compressible foam gasket. The foam allows enough give for the inserts to be easily slid into place in the fall and removed in the spring, while holding firmly enough to provide a tight, friction-based seal. The inserts are installed inside of your existing window frame with no fasteners required.

The Winthrop Area Rotary will provide these inserts at no cost to participants. We rely on voluntary donations from those who are willing and able to help support this important community project this year and help ensure continuation in the future. Trained Rotary members will conduct the measuring visits and solicit participants to help in the construction or “build” of the frames based on individual orders this November at the Winthrop Middle School.

With rising costs everywhere, do yourself a favor and at least check out our community support project. You are not likely to be disappointed.

*Marge Livingston, Winthrop Area Rotary Club member, [winthropwindowinserts@gmail.com](mailto:winthropwindowinserts@gmail.com)*







## SEPTEMBER 2022—LIBRARY NEWS & EVENTS

### Library Hours

<b>Mondays</b>	<b>3pm-7pm</b>
<b>Tuesdays</b>	<b>10am-4pm</b>
<b>Wednesdays</b>	<b>1pm-7pm</b>
<b>Saturdays</b>	<b>10am-4pm</b>

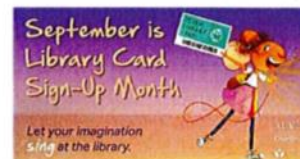
### LIBRARY CLOSURES

The Library will be closed in observance of Labor Day on Monday, September 5<sup>th</sup>.

### September is NATIONAL LIBRARY CARD SIGN-UP MONTH!

A Readfield Community Library card is FREE to all Readfield residents—stop by to get yours today!!!

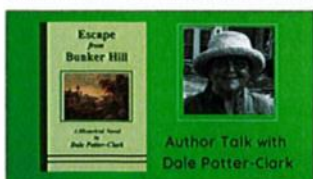
- Are you new to Readfield? Visit the Readfield Community Library to get your new library card!
- Have you been in town many years but have never made use of the Library? Please stop by to see how our library services, information, entertainment, programs, and books/materials can benefit you!
- Do you have children or grandchildren starting a new school year? A library card and a weekly trip to the public library is a great way to start a new year!



**LIBRARY OPEN HOUSE on Saturday, September 24<sup>th</sup> from 10am-4pm**

**Please stop in for cider/treats and to sign up for a library card!!**

### AUTHOR TALK & BOOK SIGNING with DALE POTTER-CLARK on August 31<sup>st</sup>



Local historian and author Dale Potter-Clark recently published her first historical novel! Learn about her newest book on **Wednesday, August 31<sup>st</sup> at 6:00pm outdoors behind the Library**. *Escape from Bunker Hill* by Maine author Dale Potter-Clark is a newly released historical novel about the Underground Railroad. The book tells of a young couple named Joseph & Myra Mitchell who orchestrate the 1,500 mile escape of slaves from the Mitchell's plantation in Jacksonville, FL all the way to central Maine. The Mitchells did exist but the storyline sprung from the author's imagination as she researched the couple's home in Readfield, Maine. An informative appendix provides information about the Mitchells and other people, events, places, publications and organizations in existence

during that era and included in the storyline. Dale will be selling/signing her books after her talk, with cash/checks accepted. If rain, the event will be indoors at the Readfield Union Meeting House.

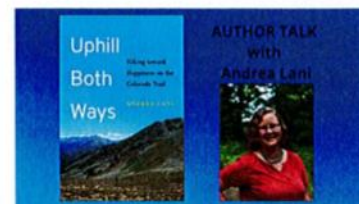
### GRAND OPENING of the Readfield Elementary School StoryWalk® on September 8<sup>th</sup>



Please join us for the **Grand Opening of the Readfield Elementary School StoryWalk®**, which we hope will bring years of enjoyment to Readfield residents of all ages. Help us celebrate **outdoors behind the Readfield Elementary School at 6:00pm on Thursday, September 8<sup>th</sup>** as we do a brief ribbon cutting ceremony, enjoy the inaugural walk along the trail with our first featured story, and visit with **Maine author Barbara Walsh whose newest book *The Lobster Lady*** will be featured as the September title. Barbara will have copies of this book and her other picture books available for sale/signing after the event. This event is for any and all Readfield families and residents, and we extend a special invitation to those who helped to support this project with time, efforts, and donations! Please join us! (Note: If rain, event will be inside the school.) The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library.

### MAINE AUTHOR TALK with ANDREA LANI on September 12<sup>th</sup>

*"One grouchy husband. Three reluctant kids. Five hundred miles of wilderness. One and a half centuries of exploitation of natural resources. And one mom, determined to escape the humdrum existence of modern parenting and a toxic work environment for the family adventure of a lifetime."* Please join **Maine author Andrea Lani on Monday, September 12<sup>th</sup> at 6:00pm outdoors behind the Library** for a reading and discussion of her **2022 memoir *Uphill Both Ways: Hiking Toward Happiness on the Colorado Trail***. Books will be available for sale/signing after the talk. If rain, the event will be indoors at the Readfield Union Meeting House.



**About the author:** Andrea's memoir *Uphill Both Ways* is a book about hiking the Colorado Trail with her husband and three children and examining the environmental legacy of Westward Expansion. In the book and in her essays and short fiction, Andrea delights in the wonder of nature and probes the emotional effects of environmental damage and contamination. Her writing has appeared in *Orion*, *Brain*, *Child Magazine*, *Spire*, *Willows Wept Review*, *Saltfront*, *Snowy Egret*, *The Maine Review*, *Zoomorphic*, and *About Place Journal*, among others. Andrea is a graduate of College of the Atlantic and the University of Southern Maine's Stonecoast MFA program, a senior editor at *Literary Mama*, and a Maine Master Naturalist.

FMI: <https://www.andrealani.com/>

### Marti Stevens Interactive Improvisational THEATER PERFORMANCE on November 1<sup>st</sup>

Readfield Community Library and the Age-Friendly Committee are collaborating to bring an interactive theater performance to Readfield, featuring the Marti Stevens Interactive Improvisational Theater (MSIIT) group based out of Augusta. MSIIT, in partnership with Spectrum Generations of Central Maine, was awarded a 2022 AARP Community Challenge Grant to offer performances free of charge to local Maine communities with a goal of **raising awareness and generating discussion about the topic of livable communities for people 50+** as they remain in the communities they know and love. The group will perform scenarios about the challenges many Maine citizens 50+ years of age encounter as they live and age in their communities. Each scenario will be followed by an opportunity for the audience to ask questions of the players "in character" and to come up with solutions to the challenges presented. **This event will be held on Tuesday, November 1<sup>st</sup> at 3:00pm upstairs at the Readfield Town Office. After the performance, there will be time for refreshments and socializing.** FMI: <http://martistevens.org>





## SUMMER READING PROGRAM PRIZES



At the end of August we celebrated our 2022 Summer Reading Program "Ocean of Possibilities" with a fascinating Chewonki Traveling Natural History Program "Tide Pools." The winners of the summer reading raffle prizes included Josie, Rylan, Thomas, Liliana, Vivian, Alyssa, and Penny. Congratulations! **All children and teens who participated also receive a coupon for a free small ice cream at Everything Ice Cream in Winthrop.** Please stop by the library to get your coupon if you have not already. Thanks to **Building Bridges Childcare in Kents Hill for the financial sponsorship** of the ice cream prizes.

## ANNUAL SUMMER BOOK SALE WRAP-UP



Thanks to all the volunteer helpers, people who donated books, and people who purchased books at the sale. This fundraiser brought in over \$1,700 for the Library!! It was quite incredible to see the crew that came together the day of the Sale to move and set up the books, run the sale, and break down the event at the end of the day. Special thanks to the entire Board of Trustees for their dedication to this annual event for the Library.

## Launch of BENDABLE MAINE!

The Maine State Library recently launched Bendable Maine, a robust learning marketplace! Bendable Maine allows residents of all ages and backgrounds to easily discover and access content that is just right for them on a wide variety of subjects and then acquire new knowledge and skills through online courses as well as local, in-person learning opportunities. Be sure to check out Bendable Maine! Visit <https://maine.bendable.com/>



**Bendable Maine**

## STORY WALK® --Two sites in Readfield for families to enjoy!



### September STORY WALK® at Readfield Elementary School—*The Lobster Lady*

The RES StoryWalk® is always open for all to enjoy! The RES Story Walk is located along the edge of the back soccer field behind the school. The picture book featured for September is *The Lobster Lady* by Barbara Walsh sponsored by the MCHS Honors Industrial Arts Class of Spring 2021. Note this book will be installed on September 8<sup>th</sup>, the day of the Grand Opening.



### September STORY WALK® at the Readfield Community Library—*I Took My Frog to the Library*

The Library StoryWalk® is always open for all to enjoy! The walk begins on the trail behind the Library and goes about ¼ mile to the Readfield Union Meeting House. The picture book featured for September is *I Took My Frog to the Library* by Eric Kimmel, sponsored by Karen and Peter Bickerman. Please feel free to walk the StoryWalk® at any time that works for your family, regardless of whether the Library is open. And, be sure to stop by the Library to pick up the take-home craft that accompanies the story.

## Weekly Outdoor STORY TIME on Tuesdays!

Join us outside on **Tuesdays at 10:00am** for books, songs, and crafts. We will meet at the Readfield Town Beach on Tuesdays in September (except for Tuesday September 6<sup>th</sup>—meet behind the Library so we can do the new September Story Walk together). Watch Facebook for any cancelations due to weather.



## START THE SCHOOL YEAR OFF WITH GREAT BOOKS!

### 2022-2023 Maine Student Book Award and Maranacook Black Bear Award BOOKS

The Readfield Community Library has copies of many of the 2022-23 Maine Student Book Award books (for grades 4-8) and the 2022-23 Maranacook Black Bear Award books (for elementary grades). Please send kids our way to enjoy these award titles!

## COASTAL MAINE BOTANICAL GARDENS Library Pass



The Library Pass for FREE entry to the Coastal Maine Botanical Gardens in Boothbay is good through the end of October! Please call the Library at 207-685-4089 or email [librarian@readfieldmaine.org](mailto:librarian@readfieldmaine.org) to reserve a date. This pass is for Readfield Community Library patrons only. Good for 2 adults and unlimited children.

## FALL is a great time to visit MAINE STATE PARKS—Vehicle Park Pass available!

Enjoy Maine's parks for FREE this fall! Park pass checkout period is for one week and covers admission for everyone in your vehicle. Thanks to a generous patron for donating this pass for all to use.



## STAY CONNECTED!



Free WiFi access is available 24-7 to the library parking lot and Library Park area, and is available indoors during all open hours. The WiFi network name is "Readfield Community Library" with no password required.

## WHAT'S NEW AT THE LIBRARY?

Visit our website to see the newest books, movies, and audio added to the collection!

<https://readfieldlibrary.wordpress.com/new-items/>



# Theater Performance

with the Marti Stevens

Interactive

Improvisational Theater

*Scenarios to raise awareness & generate discussion  
about the topic of  
livable communities for people 50+*

**Tuesday, Nov. 1st at 3:00pm**

**@ Readfield Town Office**



The **Readfield Community Library** and the **Age-Friendly Committee** are collaborating to **bring an interactive theater performance to Readfield**, featuring the Marti Stevens Interactive Improvisational Theater (MSIIT) group based out of Augusta. MSIIT, in partnership with Spectrum Generations of Central Maine, was awarded a 2022 AARP Community Challenge Grant to offer performances free of charge to local Maine communities with a goal of **raising awareness and generating discussion about the topic of livable communities for people 50+** as they remain in the communities they know and love.

The group will perform scenarios about the challenges many Maine citizens 50+ years of age encounter as they live and age in their communities. Each scenario will be followed by an opportunity for the audience to ask questions of the players "in character" and to come up with solutions to the challenges presented.

FMI: <http://martistevens.org>

**This event will be held on  
Tuesday, November 1<sup>st</sup> at 3:00pm  
upstairs at the Readfield Town Office/Gile Hall,  
8 Old Kents Hill Road, Readfield**

**Refreshments & Social Hour after the performance!  
Please join us for this interesting and thought-provoking event.**

# NEWS & NOTES FROM THE TRAILS

With the “unofficial” end of summer approaching as The Messenger goes to press, the Trails Committee looks forward to the changes that occur in our lives as well as the activity on our trails: summer residents head home, schools start up, work schedules change, trees and bushes start their internal changes, and pollinating season seems to be slipping by until next spring. Speaking of pollinating, the milk weed at the Fairgrounds, which is a natural habitat for the endangered Monarch butterfly, had a very good summer even with the often drought- like conditions. RSU # 38 agreed to delay their annual mowing from late July to later in August to allow more opportunities for pollinating and bird activity on the upper fields on the school property. Trail users reported spotting Monarchs and other species in the fields off the parking lot and while walking the trails.

Trails Committee members were busy all summer with mowing, brush cutting, and weed whacking the trail edges to keep unwanted invasives from overgrowing the trails. With about two miles of trails, the volunteer work sometimes seems never ending. Trails member Steve Hayes does a great job everyday (rain or shine) doing litter patrol on the trails and parking lot. Thanks Steve!

Once again this year the Trails Committee and some town volunteers will be joined by students from our local schools to do trail maintenance. We are always looking for volunteers to join us on those days. The October Messenger will have the dates for the work.

Rocks. We all have our opinions on their worth and uses but the rocks (at least some of them) that surround the Fairgrounds parking lot have a history worth recounting. You may have noticed some of them are sporting numbers. Why? Read on. Several years ago when the original parking lot was created there, then resident Ellen Blanchard undertook a project for a Maine Master Naturalist course she was taking. She studied the geology of the large rocks, numbered them, and had a brochure printed giving all the details. The brochures have disappeared over the years but we have reached out to Ellen to see what she can add to the rock history of the Fairgrounds. When the lot was enlarged to accommodate the new ball field, more boulders were added and today there are + / - 79 total (depending where you count from) that ring the lot. Take a stroll and report back as to the number of “numbered” large rocks you find.

As Rob Peale always mentions in his trails articles, we are always looking for volunteers for our committee. If you encounter anything that concerns you while using any of our trails, please bring it to our attention. Although it has not been an issue recently, we remind our pet owners to take care of anything their pet tries to leave behind! Enjoy our trails and bring on Fall, 2022.

Respectfully submitted, Greg Durgin Vice Chair Trails Committee, [durgie@roadrunner.com](mailto:durgie@roadrunner.com)

## Maranacook Food Pantry

Thursdays 3:30-4:30 PM ~ FMI Call 207-685-4923



Food donations can be dropped off  
at the Readfield Town Office

**Thank you to all who support our local food banks!**



# Kennebec Land Trust September Events



## **Cobbossee Stream Paddle** **Thursday, September 8, 3:30 PM** **West Gardiner**

Join Kennebec Land Trust staff for a paddle on Cobbossee Stream to the Wakefield Wildlife Sanctuary Cabins. We'll meet at the Collins Mills Rd. boat launch in West Gardiner, paddle approximately two miles down to the cabins, tour one of the cabins remodeled by Maine Cabin Masters in 2018 and then return to the boat launch.


## **Wilderness First Aid (WFA)** **Thursday, September 22 and Friday September 23, 8:30 AM** **Camp Mechuwana, Winthrop - REGISTRATION REQUIRED**

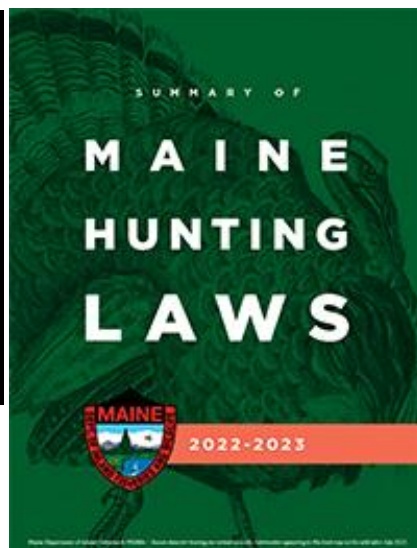
The best and most comprehensive course of its kind taught by to offer relevant and realistic first-aid training for seasonal outdoor activities or short term wilderness endeavors and pursuits. Wilderness First Aid is a two-day introduction to general medical concepts and basic life support skills. It is targeted to the outdoor enthusiast on day trips or short adventures. The course is taught by professional instructors from Wilderness Medical Associates with significant patient care and backcountry experience. Upon successful completion students will receive certification in Wilderness First Aid and Adult CPR.

## **Lyceum Workshop: Tinctures Demystified** **Thursday, September 29, 5:30 PM** **United Church of Monmouth - REGISTRATION REQUIRED**

Join Linda Nelson, Certified Herbalist, for this hands-on workshop, where you will discover just how simple it is to make powerful medicine from the plants growing in your own backyard. Cost: \$25 (\$20 for KLT members) plus a \$6 material fee paid to the instructor.

**To register & for more information, contact Marie: [mring@tklt.org](mailto:mring@tklt.org) or 207-377-2848**

Tel: 685-4064		Visa/Mastercard
<b>KEN'S DRAG IN AUTO INC.</b> <i>Rt. # 135, Readfield, Maine</i>		
Used Auto and Truck Parts • Auto Repair Used Cars and Trucks • Buying Junk Cars		
Ken Edgecomb		Mark Edgecomb



Scan the above QR Code for the current Maine Hunting Laws 2022-2023



Readfield UMC presents our  
1st Annual...

# CHURCH PICNIC

2022

*"Let the  
Son Shine!"*

God/Food/Games/Prayers

**Readfield UMC**  
**welcomes you**  
**Saturday,**  
**September 10th**  
**(across from the church)**  
**from 11:30 on!**  
**The church will provide**  
**drinks - the rest is**  
**potluck!**





## Healthy Living for ME Invites Mainers to Register for September Workshops

*Workshops Available to Help Mainers Manage Chronic Conditions and Improve Fitness*

The Healthy Living for ME network is offering a number of free and low-cost workshops that begin in September. The workshops are being held in different regions throughout the state by network partners and are open to adult Mainers of all ages. Additionally, the Better Health Now with Pain workshop is held by phone so it can be easily accessed by people anywhere in the state.

- **Living Well for Better Health** - This workshop helps participants deal with ongoing conditions such as diabetes, COPD, arthritis, and high blood pressure. Topics covered include: handling frustration, fatigue, pain and isolation; appropriate exercise for maintaining and improving strength, flexibility, and endurance; appropriate use of medications; communicating effectively with family, friends, and health professionals; nutrition; and evaluating new treatments. Living Well for Better Health is being offered in-person in Fort Fairfield by Healthy Living for ME network partner, Aroostook Agency on Aging. The workshop begins on September 6, 2022. It will be held on Tuesdays, 10:00am-12:30pm, through October 11, 2022. There is no cost to participants.
- **Better Health Now with Pain** - This workshop is designed for those who experience long-term pain; their friends, family, and/or caregivers are also welcome to join. Participants in this workshop receive a toolkit in the mail and work with a leader either by themselves or in small groups. Topics covered include pacing and planning, medication management, and the Moving Easy Program. Better Health Now with Pain is conducted over the phone and is scheduled to run September 6, 2022 through October 11, 2022. This workshop is being offered by Healthy Living for ME network partner, MaineGeneral's Peter Alford Prevention & Healthy Living Center. There is no cost for participants.
- **Bingocize** - This workshop combines a bingo-like game with exercise and health education with the goal of increasing older adults' functional fitness, health knowledge, and social engagement.  
There are three in-person sessions of Bingocize available starting in September; one in Lewiston, one in Caribou, and one in Topsham. There is no cost for participants.  
Healthy Living for ME network partner, SeniorsPlus is offering Bingocize at their Education Center in Lewiston. Classes are held Tuesdays and Thursdays initially, moving to just Thursdays in later weeks, 10:00am-11:00am, from September 13, 2022 through December 22, 2022.  
Healthy Living for ME network partner, Aroostook Agency on Aging is offering Bingocize in Caribou on Tuesdays and Thursdays from 10:30am-11:30am. Classes begin September 13, 2022 and run through November 22, 2022.  
Healthy Living for ME network partner, Spectrum Generations is offering Bingocize in Topsham on Mondays and Wednesdays from 10:00am-11:00am. Classes begin September 14, 2022 and run through November 28, 2022.
- **Tai Chi for Health and Balance** - This workshop is focused on practicing Tai Chi, which can help people improve balance and health as well as relieve pain.  
Healthy Living for ME network partner, MaineGeneral's Community Health department and the Peter Alford Prevention & Healthy Living Center is offering this workshop in-person in Waterville. Classes will be held Tuesdays and Fridays, 11:00am-12:00pm, beginning September 13, 2022. The workshop runs through November 18, 2022. There is a \$40 cost for participants.
- **Living Well for Better Health** - This workshop helps participants deal with ongoing conditions such as diabetes, COPD, arthritis, and high blood pressure. Topics covered include: handling frustration, fatigue, pain and isolation; appropriate exercise for maintaining and improving strength, flexibility, and endurance; appropriate use of medications; communicating effectively with family, friends, and health professionals; nutrition; and evaluating new treatments.  
Healthy Living for ME network partner, Northern Light Sebecook Valley Hospital is offering this workshop in-person in Pittsfield. Classes will be held on Wednesdays, 9:00am-11:30am, beginning September 21, 2022. The workshop runs through October 26, 2022. There is no cost for participants.

Registration is required for these workshops. Please contact Healthy Living for ME at 1-800-620-6036 or [info@healthylivingforme.org](mailto:info@healthylivingforme.org) for more information and to register. You can also register via our website, [www.healthylivingforme.org](http://www.healthylivingforme.org). To learn more about these and other workshops offered by Healthy Living for ME, visit [www.healthylivingforme.org](http://www.healthylivingforme.org).



# Town Office Staff Contacts

## Town of Readfield

[www.readfieldmaine.org](http://www.readfieldmaine.org)

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 Assessor, David Ledew: [assessor@readfieldmaine.org](mailto:assessor@readfieldmaine.org)

# September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Assessor In (By Appointment)	3
4	5 Holiday - Labor Day Town Office Closed	6	7 Library Board of Trustees 6:30 PM	8 Road Committee 6:00 PM	9	10
11	12	13 Conservation Comm. 6:30 PM Planning Board 6:30 PM	14 Age Friendly Committee 9:00 AM	15	16 Assessor In (By Appointment)	17
18	19 Cemetery Committee Meeting 10:30 AM Select Board 6:30 PM	20	21 Comprehensive Plan Committee 6:00 PM	22	23	24
25	26 Select Board Retreat 5:30 PM October Messenger Articles Due	27 Planning Board 6:30 PM	28 Trails Committee 6:30 PM	29	30 First Half of 2022 Taxes Due	